



Fourways Gardens

RESIDENTIAL ESTATE

September 2024

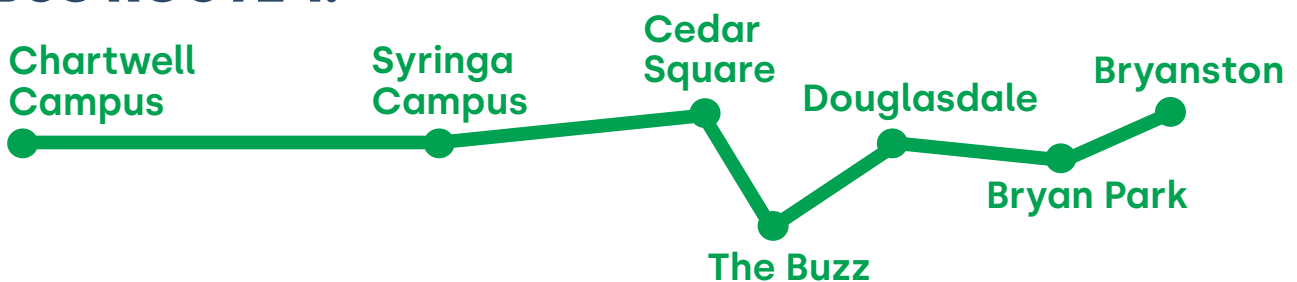


WATERWAY PROJECT AT FWG
An inspirational Women's Day brunch
FWG Community gives back for Mandela Day
Host the ultimate shisa nyama this Heritage Day



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& OPEN DAY**
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Cover photo by Hugh Mackintosh

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Contact Numbers / Emergencies / Fault Reporting

Estate Office	011 465 7731
The Gardens Bistro	084 613 5797
Estate Security 24/7	
Security Control Room	011 465 5465
Site Manager	071 224 6776
Assist Site Manager	071 222 7037
FWG Mobile Site Phone	076 200 5280

Important Numbers

ER 24 Emergency	084 124
Netcare 911	082 911 / 010 209 8604
Life Fourways Hospital	011 875 1000
Ambulance Fourways Life Hospital	011 875 1000 / 010 209 8604
Douglasdale Police Station	011 699 1300
Police/Flying Squad	10111
Metro Police	011 490 1600
Fire and Ambulance	10177
Lonehill Fire Department	011 465 5792 / 011 028 1083
Sandton Fire Department	011 375 5911

Fault Reporting and Utilities Suppliers

Eskom	086 003 7566
City of Johannesburg Municipality	011 375 5555 / 086 056 2874
Telkom	10210
Vumatel	086 100 8862

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MOVIE IN THE PARK



Join our September
Movie Screening in
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SAT **14** SEPT

6:00 PM

Phase 1 Park

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Fourways Gardens
RESIDENTIAL ESTATE





UPDATE FROM OUR CHAIRPERSON, RYAN HORSMAN

Our growth as an estate requires us to face our challenges head-on and to creatively deploy the tools at our disposal to overcome these challenges. The past year has seen the HOA evaluate its service providers, systems, and strategic alignment with the goals of the estate. Inevitably this has meant change, and we all – staff, owners, residents and Directors – have had to adjust so that our estate remains competitive, at the forefront of technology and demonstrates its solid investment appeal.

The groundwork for a very productive year was laid by Lisa Hovgaard, who stood as Board Chairperson until handing over this responsibility in February, cognisant of the logistical challenges of continuing as Board Chair whilst out of the country. Amongst the Board, Lisa has been affectionately known for her infectious 'can-do, will-do' attitude, and I would like to thank her for the most invaluable input and experience she has shared.

In my capacity as Chairperson from February 2024, I can confidently state that we as a collective Board are all the stronger for the ongoing contributions of each Director – Lisa Hovgaard (Communications and Events), Andrew Niven (Finance), David Chalila (Legal and Compliance), Cheryl Whitaker (Human Resources), Richard Hurly (Environmental and Facilities) and Maggs Moonsamy (Information Technology and Architecture).

We are exceptionally fortunate that the current board has a particular synergy, and all discussions and projects pertaining to the greater good of our estate are shared and discussed as a collective.

Undoubtedly, the top priorities of the Fourways Gardens Homeowners Association are Finance and Security. Under Andrew's stewardship, we have seen a firm and enforced stance on debt collection and a tenacious commitment to shoring up the estate's financial position and reserves.

Significant expenditure on Security (CCTV Project) and facilities (Clubhouse renovation) in the 2022/2023 financial year saw us start the 2023/2024 year with lower reserves than previously, and a zero-based budget was prepared and accepted at the 2023 AGM. The HOA and Board of Directors have meticulously ensured that all expenditure was constructive, within budgetary constraints and in line with best practice.

This approach meant that a levy increase of 7.26% was possible to minimise the impact on members and maintain considerable value for a levy amount below that of most of our peer estates.

I am particularly proud to report that we have maintained the integrity of our estate security system. While there have been some vehicular incidents damaging walls, a fast reaction by our security and operational teams ensured that residents were never at risk.

Chairman's Report 10 Year Plan

A Long-Term Strategy for our Estate



Strategy enablers

TGIS

Board Tenure

HOA staff turnover

Established and aligned community

Commitment & consistency



Projects

Alternative energy & resources

Access & Egress

Estate facilities, infrastructure, roads

Maintenance contracts

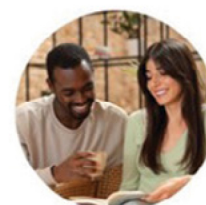


Finances

General cash and reserves health

New Stabilisation fund

Special levies



Chairman's Report

The Big 5

Continuity to achieve our goals



Petitions for speed bumps on Bushwillow Avenue as well as within the estate bounds, have been presented to the Council, and we are hopeful that this will be met favourably. We would also like to extend our thanks to the residents on the perimeter of the estate who have camera installations in their property border – our continued peace of mind requires ongoing maintenance of the security apparatus and the cooperation of these residents to ensure that we can access cameras and equipment to maintain our track record as a secure and safe estate.

Our Estate Manager, Charlene Marlin, has been with us for over a year, has taken up the reins, and has managed the estate staff excellently. She is not one to be office-bound, and many of you will have seen or interacted with her outside of the HOA offices while casting a keen eye on all the projects underway.

Her team is very motivated, and you can be assured that every HOA employee has the

best interests of Fourways Gardens Estate at heart.

The Board of Directors would like to thank our fellow residents for your confidence and support, and we assure you that there is still plenty of steam in the engine to drive our estate forward and to the forefront of aspirational estate living.

Our estate's AGM held on 31 July 2024 was particularly well attended and demonstrated that the Fourways Gardens Community takes an active interest in the well-being of the estate. The HOA and Board of Directors extend our sincere thanks to all who engaged with us – whether to resolve queries or raise concerns for further discussion, attend the AGM, or submit proxies. Community engagement is essential in supporting the ongoing work of the HOA to improve all aspects of our estate.

All resolutions passed by a significant

margin and matters raised for further discussion are in hand for harmonious community living. The current Board of Directors all stood for re-election and are encouraged by the vote of confidence in their vision and projects for the 2024/2025 term. I would like to mention once again the tremendous input of Lisa Hovgaard, who stood as the Board Chairperson until handing over this responsibility. We thank her for the most invaluable input and experience she has shared with us.

The Board of Directors has entrusted me with a second term as Board Chairman, and David Chalila has been voted the new Board Vice-Chairman. Portfolio Directors are Ryan Horsman (Security), Andrew Niven (Finance), David Chalila (Legal and Compliance), Cheryl Whitaker (Human Resources; Communications and Events), Richard Hurly (Environmental and Facilities) and Maggs Moonsamy (Information Technology – Infrastructure and CCTV; Architecture).

Ryan Horsman

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24/7

SECURITY SERVICES

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Off- and on-ramp safety

24/7 Security Services has noted increased hijacking attempts on the highway off- and on-ramps. The National Community Police Board of South Africa (NCPBS) has warned that hijackers are increasingly targeting victims on off- and on-ramps of South Africa's busiest highways, especially in Gauteng.

The 'tap tap' method is a popular tactic on these roads. After identifying you as a target, criminals will drive behind you and intentionally bump into your vehicle. Once you stop and get out to assess the damage and swap insurance info, the hijackers overpower you and steal your car, leaving you stranded next to the road.

There is a common perception that crimes like hijackings mainly occur after dark, but ruthless criminals operate during peak traffic hours and target drivers as early as 05h00.

If you suspect this is happening to you, please drive directly to the nearest police station.

E-hailing safety

E-hailing services are part of many people's daily lives. 24/7 Security Services urges users to exercise caution when using these services.

Share your trip details

Share Your Trip is an e-hailing safety feature that allows you to share trip information with a trusted contact. Riders are prompted to share their trip details with their trusted contacts, and they can choose to do so for

every ride or night-time trip. This provides an extra layer of security and ensures that someone always knows your whereabouts.

Check driver and vehicle details

Before getting into your ride, double-check the driver's information on the app to be sure you are in the correct car. Verify the driver's name, photo, and licence plate number in the app against the vehicle's facts.

Choose your pick-up time and spot wisely

When selecting where your driver should pick you up, you don't need to give a static address location, as you can share your live location with your driver. So, to make sure you are vigilant and to ensure your safety, choose a pick-up point where you are highly visible to your driver, and you will easily be able to see them arrive.

Use the in-app emergency button

The app also includes an emergency assistance button that allows you to quickly contact local authorities in an emergency. Familiarise yourself with this feature and know how to use it.

Rate and provide feedback

After your ride, take a moment to rate your driver and provide feedback. This helps e-hailing companies to maintain a high standard of service and safety.

Stay connected

Keep your phone charged and stay connected to the app. A charged phone lets you easily communicate with the driver, share your trip details, and access emergency features if needed.

Getting Active and Staying Safe this Spring

Cycling, running and walking have become some of the biggest and fastest-growing sports. FWG residents are fortunate to perform these exercises in a safe and secure environment.

SAFE CYCLING IS HAPPY CYCLING

Cyclists must be cautious as motorists and pedestrians share the roads. Likewise, motorists and pedestrians need to be aware of cyclists.

What is safe cycling?

There are many answers to this question, but in a nutshell, safe cycling relates to the combination of common sense, road rules and cycling knowledge to get you from Point A to Point B safely and efficiently.

Steps to safe cycling

Firstly, please ensure that you are visible when riding your bicycle. Fit bright lights to your bike (steady white light in front; flashing red light behind the saddle), wear reflective strips or bands around your ankles where the motion attracts attention, and wear brightly coloured kit (luminous colours work well) – especially when it is raining, misty or overcast, or at dawn/dusk.

Secondly, put on a decent helmet before getting onto your bicycle. Apart from the fact that it became law in 2004 that you have to wear a helmet whenever you cycle in South Africa, you never know when a dog will run out in front of you, when a person in a parked vehicle will unexpectedly open a door, or when a pedestrian will step out in front of you, and the like. So be prepared and wear that helmet!

Use your common sense for the rest of the kit: If it looks like it could rain or get cold during the day, take along something waterproof and/or warm. You cannot adequately control your



Photo by Greg Rosenke on Unsplash

STEPPING OUT SAFELY

Walking and running are great forms of exercise for young and old alike. FWG is a pedestrian-friendly estate, and residents can enjoy the safety of their beautiful neighbourhood while earning their daily steps.

While it is a great way to stay active, to enjoy the outdoors and to meet your neighbours, keeping safety in mind is essential. Motorists, cyclists and pedestrians share the roads, and even a minor distraction can cause an accident.

Keep the following safety tips top of mind when you step out:

Walk facing the traffic – you need to see what is coming your way.

Be seen – wear bright or reflective clothing when walking. Drivers can't react to what they don't see.

Crossing safely at intersections is your responsibility – never assume a vehicle will stop.

Walk defensively – don't assume drivers know when you have the right of way; they may be distracted at a critical moment.

Keep in contact – when walking alone, let someone know where you'll be walking and when you expect to return.

Keep your earbud volume down – always keep the volume at a level where you can hear your environment. You need to be aware of cars, kids, dogs and other factors to walk safely.

Avoid distracted walking – stop talking on the phone, texting, and playing games. Stay aware of your environment.

Walking your dog – keep the leash short so the dog does not dart unexpectedly into traffic or trip a runner or other walkers.

Watch and listen for runners – listen for footsteps behind you, so you are not suddenly startled by a passing runner.

Watch and listen for cyclists – especially when crossing a street or when you're at an intersection.

bicycle if you are shivering from the cold.

Sunglasses (or clear glasses in the evening) protect your eyes from dust and the like blowing into them. Again, it is difficult to control a bicycle if you are riding down a steep hill, traffic next to you, and something blows into your eyes.

Wear the right shoes. Slipslops or sandals may be acceptable for a very short trip, but have you considered what would happen should the sandal get caught or you get involved in an accident? If possible, wear closed shoes (again, make sure the shoelaces don't get caught in the chain or chainring) or – even better – MTB cycling shoes that allow you to walk around comfortably when off the bicycle.

You need to know something about road conditions and traffic rules

Safe cycling includes knowing where you may or may not ride your bicycle, the general traffic rules, and your rights as a cyclist. According to South Africa's traffic laws, bicycles are regarded as vehicles, which means you have every right to be on the road. Ride assertively and make eye contact with drivers who may cross your path.

Watch out for the following:

- Vehicles that are turning left and whose drivers may not have seen you approaching in their blind spots.
- Drain covers that run in the same direction as your direction of travel.
- Glass, sand, water or oil spills.
- Wet paint.
- Any road debris.
- Vehicles that have just parked, as the driver/passenger may open a door without first checking to see if there is a cyclist approaching.

What about other cyclists on the road?

Keep your eyes open for children or novices as their bicycle-handling skills may not yet be up to scratch, and they may get a fright should you pass them too closely. Also, keep your eyes open for other cyclists when approaching intersections.

Put down your phone

We shouldn't even need to say this, but talking on the phone, texting, or checking social media while cycling are major no-nos. Also, refrain from listening to headphones because they make hearing any approaching cars and pedestrians more difficult.

SEE SOMETHING, SAY SOMETHING

Please report all security-related matters immediately, without delay.

A delay in reporting = a delay in resolution.

On-site Control Contact details:

011 465 5466 or 066 261 7671

MONTHLY DRAW

Friday 26 July 2024

With R4,500 to be won in the monthly draw, it's no wonder that there weren't any open seats left at the July Monthly Draw! The Gardens Bistro's toasty warm fireplace added to the jovial atmosphere, and the live musician ensured we enjoyed great music with our meals and drinks!

All homeowners are automatically entered into the cash draw but can only claim the prize if they are in good standing with the HOA and are present at the draw. In addition to the cash, our sponsors, Century 21 Fourways, have two beautiful hampers to be won in the lucky draws, open to all in attendance and kiddies' vouchers so that there's something for everyone.

The lucky draw winners were Gareth Demmer and Faizel Kaka (appearing with his ever-joyful daughter to claim the prize). The kiddies' draw was won by the son of a family visiting Fourways Gardens and who are also looking to join our great community!

The cash kitty was the highlight of the evening as always, however, the homeowner was not present to claim the prize, and so it was a rollover – to the relief of all the others present!

Our August cash kitty will be R6,000 and you'll have to watch our social media and check next month's magazine to see if it's rolled over again!

We thank Century 21's Sarojini and Kymn for all they do to make this a fun evening and keep the cash kitty topped up!

CENTURY 21.
Fourways





QUIZ NIGHT

Friday 19 July

The Clubhouse Hall was choc-a-block full for the July Quiz Night, with 16 teams set to compete for cash prizes and glory, the heat was on! Many of our regulars were in attendance, determined to prove their staying power while the new teams were itching to show them up!

As always, Dayle, our Quiz Mister par Excellence entertained the quizzers as we were challenged with questions that seemed too easy, with obvious answers, and questions that reached for obscure facts we didn't even realise we knew! Our sponsors, Club Real Estate made sure that there was another knockout lucky draw prize to be won and competed in the Quiz with vigour!

At the end of the evening, though, only a few teams can claim prizes, and this month's quiz was a very closely contested one, as are so many of our previous quiz nights!

Third place was awarded to *Winky Dinky Donkey*, showing that it's not about numbers – this team had fewer members than most of the other teams, evidently, they knew their stuff!

In second place with a mere one point ahead were *The Drinkng Cubs*. First place was claimed by *Friends*, who have consistently had high scores throughout this year's quiz league!

Kate Nel won the wonderful lucky draw hamper with an Interior Design consultation.

We thank our sponsors, Club Real Estate, for their ongoing support of this event, which is such a fixture of life at Fourways Gardens and who have promised an exceptional prize for the 2024 Quiz League winners!





ACTIVITIES OFFERED IN OUR ESTATE

Please contact the Activity Provider directly via WhatsApp for information regarding fees, times and other arrangements. We ask that residents respect the activity providers and participants making use of their services at these times.



Adult Yoga and Pilates

Stacey Roberts 082 388 2177
Staceroberts23@gmail.com

Hall

Yoga – Monday 5.30pm to 6.30pm
Wednesday 8:30am
Pilates – Wednesday 6:15 pm

ChainGang

Coach Smish 072 435 2751
info@chaingang.co.za

Phase 1 Cycle Track

Fourways Road Runners

Brittany Hall 072 537 8014
fourwaysrr@gmail.com
secretary@frfa.co.za

Tennis Gazebo
Tuesday, Thursday and
Saturday

Goju-Ryu Karate

Roberta 083 309 5352
Roberta.biagioni@vodamail.co.za

Hall

Tuesdays and Thursdays
4.30pm or 5.30pm

Ballet

Nicky 072 238 8063
nickyridley33@gmail.com

Hall

Tuesdays

Little Kickers

Rui Da Costa 083 450 0563
rdacosta@littlekickers.co.za

Phase 2 Park

Fridays
3pm to 4pm

HasBean Coffee tuc-tuc

Dave and Lindy Venter
Dave 072 344 6598
Lindy 082 8769456
lindy@mimail.co.za

Phase 2 Saturday
Phase 1 Sunday
7am to 11am

Helen O'Grady Drama

Kerry 083 410 2940
kerry@helenogrady.co.za

Hall

Wednesdays 3pm to 5pm

WTHP Full Body Resistance Training

Mandy Davis 083 708 3637
mandy@gracepoint.co.za

Tennis Gazebo

Monday & Wednesday
Group 1 – 6am
Group 2 – 7am

Saturday
Group 1 & 2 – 7am

Nanny 'n Me

Joanne Bradley – 083 303 1190
joanne@nannynme.co.za

Tennis Gazebo

Wednesdays

Baby Group
(3 months to 14 months)
10.30am – 11.30am

Rugbytots

Justin Delaney 060 997 4744
fourways@rugbytots.co.za

Phase 2 Park

Saturdays

Pancake Pantry

Kelly Lombaard 083 663 5115
kellyjhlombard@gmail.com

Phase 1 Tuesday
Phase 2 Thursday

Exercise Classes for Seniors

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classes
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Winne at 066 101 1041 for more
information or to join

Hall

Monday 8.30am



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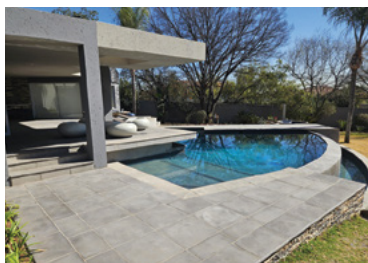
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082 501 8800

chloe@gcr.co.za

Sales Property Practitioner



SUE

082 452 0086

sue@gcr.co.za

Rentals Property Practitioner

MANDELA DAY

Thursday 18 July 2024

For Mandela Day 2024, we invited the Fourways Gardens community to vote on charitable causes close to their hearts, to determine which people-centred and animal welfare charities would be the beneficiaries of the Donations Drive. Four poll options were provided by the HOA: WAS Foundation, Greendoor Shelter, Dog's Trust and Kitty-and-Puppy Haven. A further seven charities were nominated by the community: Rainbow and Smiles, African Badgers Sports and Community Upliftment, Daily Bread, Book Village, Friends of Free Wildlife, 67 Blankets for Mandela Day and Place-a-Pup.

The top "people" charity voted for was the We're Against Starvation (WAS Foundation) and Dog's Trust was the animal charity with the most support in the poll. We approached the two charities for their requirements: WAS Foundation indicated they needed supplies for their Kid's Breakfast and Kid's Lunchbox projects: cereals, porridge, long-life milk, cordials, jams and even used plastic crockery. Dog's Trust indicated that they needed wet (canned) food for adult dogs and puppies, as these treats make the meals more interesting for their rescues and give them some love while they wait for adoption.

Donations lists in hand, the call for donations were made to the Fourways Gardens community, and our sponsor for the event, Tyson Properties made a generous donation to get the ball rolling, which was matched by the HOA. As the countdown to the close of collections neared, all manner of requested goods were provided by the community, and we appreciate every donation made!

On Friday 19 July, representatives from WAS Foundation and Dog's Trust arrived for a handover with the Estate Manager and Tyson Properties Fourways; they were amazed at the volume of donations.

The kind-hearted generosity of this community has made a difference in many lives – human and animal alike!







WOMEN'S DAY CELEBRATIONS AT FWG

We celebrated Women's Day a few days earlier to ensure our estate ladies could enjoy a day of sleeping in late and taking a break on the holiday! Our generous sponsor of the day, Elize from Instaproperti joined and was a perfect example of "self-care" the topic of the morning.

Dr Jenny Frankel delivered a very

informative talk on self-care on the day. The message was that regular check-ups and taking health seriously were not the only concern. As important as physical care is asking for help, acknowledging mental exhaustion and being brave enough to reach out!

A spontaneous conversation ensued with women sharing incredibly brave stories

of beating cancer, how family and friends supported them and just how wonderful the power of support and friendship is. A problem shared is a problem halved, these days, a support structure is one of the best assets any lady can have in her arsenal.

Belinda and The Gardens Bistro provided a delicious array of canapes and mimosa cocktails that were thoroughly enjoyed

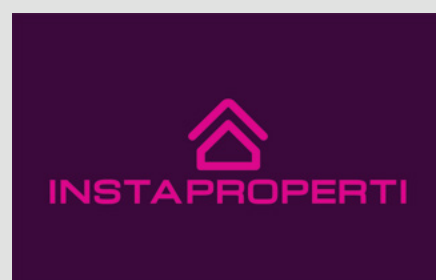


by the ladies, most staying well into the afternoon! Some were even joined by their families for dinner!

Fellow residents also made some wonderful lucky draw prizes available for the day. Cathy Burril from Signify Clothing gave lovely jewellery items as lucky draw prizes, and all the winners immediately donned their new pieces!

Vanessa Szendrei who owns a snug beauty room in the estate donated a lovely anti-ageing facial and Colleen Challis was the lucky winner.

We wish to thank Elize for the beautiful vanity mirrors and endless mimosas on the morning. We look forward to continuing this intimate celebration of women for many years to come!



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CLASSICS CLUB BRAAI GET TOGETHER

Friday 2 August

What an amazing time of year to have a boerie braai in the Phase 1 Park! The day was beautiful, the setting was amazing under the trees, and it is always spectacular to spend time with our fellow Classics!

Brayden Davies was our chief braai master and Val "had to supervise" and make sure the braaiing got done a bit faster!! One underestimates how long it takes to braai 40 odd boeries!

Thank you to Fourways Gardens who brought the tables and chairs so that we could sit under the trees – such a special place we live in with the support and beauty all around us.

Hester won the flowers sponsored by Taniel from Merci Flowers – a lucky second-time winner! Thank you, Taniel, the roses were beautiful!

Our group gets together once a month generally on the first Friday of the month and it is a great morning out to meet new people, meet up with current friends and enjoy our estate! I am also always looking for new ideas and things to do together – so if anyone has any ideas or suggestions, please share!

Until next time, looking forward to seeing you!

Lorna
082 659 1048





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Halfway Lexus Fourways takes pride in giving back to the community. Our Lexus Fourways Knights recently supported the local SPCA with essential donations.





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— Zaheer Kader



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Our team also visited New Jerusalem Children's Home, contributing to the well-being of children in need. These initiatives reflect our dedication to making a positive impact beyond the dealership.



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PHASE 2 WATERWAY PROJECT



The Phase 2 Waterway Project has been in planning for the past three years. It was a lengthy and time-consuming process to obtain all the necessary approvals. The project required an EIA (environmental impact assessment), and once this was completed and accepted. Further approvals were needed from the JRA (Johannesburg Roads Agency), Joburg Parks and GDARD (Gauteng Department of Agriculture and Rural Development). We were also required to obtain a mining licence within these approvals as we removed sand from the river course!

It was also necessary to appoint an independent environmental officer to oversee the project.

This project will be done over three years. This extended period is necessary due to annual estate budgetary constraints and the physical limitations of what can be done in one season.

The first phase is now nearly complete. This aimed at opening up the mainstream and unblocking and opening stormwater pipes that lead to the stream. The mainstream was opened to a level where

free water flow from the drains is now possible. A further mainstream function is to allow all of the surrounding silted areas to drain towards a low point, allowing the previous swampland to dry out.

Once the mainstream and the stormwater drains were opened, the entire stream was opened, and all obstacles to water flow were removed. The existing smaller dams and weirs in the stream have also been cleaned out, and these should assist as silt traps for any sand that may be present in the stream water. This should limit the amount of silt that enters the main dam.



Clearing of the weirs and silt traps will become an annual maintenance activity. The final part of Phase 1 is now underway, which involves re-establishing the vegetation growing on the banks. Kikuyu sods have been planted in the banks, and this will be overseeded with a natural seed mix used in rehabilitation areas. This will allow the soil areas to be covered and stabilised before the onset of the summer rains.

Phase 2 and 3 of the project will entail opening up the dam to its former size. This will involve the removal of sand from the silted-up areas of the dam and moving

this to the sides of the dam. Larger and better-defined berms will be created, and the existing path around the dam will be re-laid on the top of these berms. It is envisioned that this will take place during the winters of 2025 and 2026 and again will be dictated by financial and machinery access considerations.

By spring 2026, the FWG dam will hopefully be restored to close to its former size. While the earthworks are disruptive to the fauna and flora of the area for a short period, an increased number of birds, frogs, and fish have already been observed in the weirs and

streams. The dam design will retain islands with trees, reeds, and other vegetation to cater to birds and wildlife. Joburg Parks and the Joburg Zoo are actively participating in this aspect.

Please feel free to come and see the developments for yourselves!

Rudy
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MARKING BEHAVIOURS IN CATS



As much as we love our feline companions, they can certainly challenge our inter-species relationship. Cats have particular ways of communicating with other cats which we don't necessarily understand (or like), but it is important to understand what they are trying to say in context.

They don't mean to offend us, but cats "talk" in certain ways when they want to get their message across. This is called marking. These four main types of marking can drive us nuts and have indeed ruined a few relationships, but they are completely normal to a cat. Sometimes we rehome a cat for these behaviours. Let's see what the behaviours are and the motivation for performing them:

URINE SPRAYING

In communal areas, spraying conveys information to other cats about an individual cat's age, gender, sexual availability and maturity, degree of stress, medical condition and even what the cat has recently eaten. The resident cat's spray helps an intruder cat

"read" the environment and, in turn, when the transient cat sprays over this mark, will convey information about the intruder cat back to the resident cat. This olfactory and visual marker is aimed at conflict avoidance by claiming or allocating time to share the area.

In scientific terms, two amino acids (felinine and isovathen) make the urine pungent and unique. So, even though an intruder intact male will be able to "read" a female in oestrus, she will not be approachable until his scent is accepted.

Males spray traversing their hunting boundaries; females only spray entering boundaries and sporadically while scavenging. Outdoor cats spray on streetlamps, property boundaries, trees, bushes, walls, external doors and fences to advise neighbourhood cats how often and when they were last there. Confident cats will spray in front of each other.

An indoor cat that feels threatened by perceived threats or upset by changes at

home will be nervous, anxious or aggravated. A socialised cat may begin to spray his bed if he finds the novelty too distressing. By spraying on windows, curtains, laundry baskets, electric sockets, entry/exit points and furnishings, he is marking his territory and showing his angst.

Should the threat not abate, the stress will increase, and additional places like passages, room entrances and the tops of staircases will be marked. Spraying communicates boundaries and assists with stress, and may be habit forming. Excessive grooming may also induce stress and lead to spraying. As many of us know, the smell can make our eyes water and is not the easiest to get rid of. Unfortunately, it is one of the leading causes of the rehoming of a cat.

BUNTING

This tactile and olfactory marking strategy starts with the cat grooming himself. His outer ears discharge a wax-like substance and along with his facial and caudal glands, secrete an oily substance which goes onto

Animals Matter

his body. Pheromones are released, and he can deposit them by rubbing against people, cats, other animals and objects using his head, sides and tail. This activity produces oxytocin, promoting bonding and relaxation. It is used in communal settings to exchange scents.

By marking frequently used areas with pheromones, a shared smell is placed within the home/territory, indicating peaceful, familiar, friendly and secure areas. Bunting releases endorphins, making a cat feel good and socially accepted. It also allows a cat to know quickly whether there is an intruder. Excessive bunting may also result in fur loss.

SCRATCHING

Cats hunt and climb; they either sharpen/maintain their claws in a relaxed state or mark areas by leaving both visual and scent markers in a slightly heightened arousal state.

When marking territory outdoors by leaving individual pheromones (the intensity thereof), the colour and feel of the scratch, other cats will know that the area is occupied and when they were last there. Trees, barriers, hedges and fences along



communal routes are scratched, relieving anxiety or to show enjoyment and denote confidence.

Neighbourhood cats rarely examine or scratch on top of the scratch marks of other cats so as to avoid confrontation. Shared household cats scratch in the same areas that are familiar to them; the longer a cat scratches an area, the more important it is to him.

Indoor cats may scratch on furniture, cat posts, carpets and curtains. They may also scratch to relieve boredom, anxiety or apprehension. Scratching in moderation shows a confident cat. If he scratches excessively and on everything, he is feeling anxious or fearful.

MIDDENING

This is a strong visual and olfactory marker left by a highly aroused, scared and anxious cat to show his unease by leaving exposed

faeces in a shared open area. It is often found where many outdoor cats reside, where competition to secure resources is rife. It is a declaration of a cat's existence and identity, a most valuable signal to other cats.

The smell is pungent, amplifies his anxiety and sends a strong communication signal. Other cats will sniff to source as much social information as possible. It is also used to rank status and may prevent diseases from spreading.

Middening is found indoors in frequently used high-traffic areas like the bottom of staircases, kitchen entrances and front doors to ensure others find it.

Hopefully, when we can understand what our cats are trying to tell us, we can help them by tweaking the environment accordingly before we get frustrated with them. They are doing what is natural for them in their cat world.



Jeanette Furstenburg is a certified animal behaviourist. She holds a diploma in Companion Animal Behaviour (DipCABT) with distinction. She is a member of the COAPE Endorsed Association of Applied Pet Behaviourists and Trainers International (CABTi), which is a member of the UK Dog Behaviour & Training Charter 2024. She is part of the International Companion Animal Network (ICAN). In addition, she is a member of the South African Board for Companion Animal Professionals (SABCAP).

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HOST THE ULTIMATE SHISA NYAMA THIS HERITAGE DAY

Heritage Day takes place on 24 September and ranks among South Africa's favourite celebrations. That's because many people get to dress up in their traditional attire and enjoy one of our most cherished traditions: braaiing.



A resort in White River, called ANEW, situated in Mbombela, is renowned for the shisa nyama experience it provides guests. Wayne Blake, general manager of the resort, suggests you gather family and friends for a fabulous shisa nyama of your own. Here are Wayne's top tips for hosting the occasion with flair. He also shares his recipe for the ultimate Sheba – a spicy sauce made from onions, garlic, herbs and spices:

Perfect your pap

To prevent your pap from becoming stiff and dry while being served, incorporate sauces into your pap dish rather than just leaving it as is in the bowl. A good method is to make "pap balls" by submersing the pap in Sheba (see below for Wayne's ultimate Sheba recipe).

Bring on the flavour

Turn the traditional shisa nyama on its head by experimenting with various flavours.

Serve a snack of grilled pineapple on a skewer, sprinkled with Durban Masala. For vegetarians you can make grilled tofu skewers served with a peanut dip.

Variety is key

Offer a wide array of dishes but keep portions modest to encourage people to sample everything. Traditional choices usually include beef, chicken, pork and lamb, but variations with game meats or seafood make for interesting alternatives.





Complement your meat with vegetable and tofu skewers, roosterkoek, grilled sweet potato topped with ricotta cheese, garlic, rocket and spring onion, or brinjals topped with mushrooms, Brie and basil pesto.

Take your traditional braaibroodjie to the next level

Upgrade your braaibroodjie with biltong, mature cheddar and a dash of chilli flakes or dress it up with blue cheese, fig and rocket for a gourmet twist.

Keep it natural

Avoid synthetic sauces and flavourings or heavily basted meats, and rather opt for a mixture of olive oil and salt. Or, you can add vinegar and your favourite herbs to a glass bottle – similar to Argentinian Salmuera – allowing you to baste your meat while braaiing, thereby locking in and enhancing the flavour.

Age matters

Choose aged meat for tenderness and flavour. Look for 21-day aged meat

from your butcher and make sure you understand the difference between dry-aged and vacuum-aged varieties as this could impact the toughness or tenderness of your meat. Chuck steak is budget-friendly and excels on the braai, offering excellent flavour without being too tough or too soft.

The secret to juicy chicken

For great flavour and juiciness, seal chicken in a Ziplock bag and add salt, herbs and your light marinade of choice before immersing it (bag and all) in boiling water to pre-cook. This technique locks in moisture for succulent results and enhances the flavour of the chicken.

Mind the size of your desserts

Keep your varied dessert options small and bite-sized for easy enjoyment after a hearty meal. Examples include bite-sized malva pudding, koeksisters and milk tart. Add some variety by grilling peaches with cinnamon sugar or grilling pineapples and enjoying them with coconut ice cream.



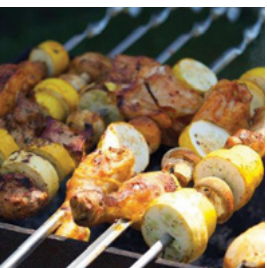
Here is the best Sheba recipe for your shisa nyama pap:

Ingredients

2-4 medium sized tomatoes, diced
Onion
Oil
Garlic
Fresh herbs, of your choice
Salt and pepper
Sugar (to balance the acidity)

Instructions

1. Heat oil in a pan and sauté the onion until translucent.
2. Add fresh herbs, garlic and pepper to the pan and continue cooking.
3. Add the tomato, salt and sugar to the pan.
4. Let the mixture simmer for 15 minutes to enhance the flavour.
5. Add to your warm pap and serve.



ALL ABOUT *Textiles*

Textiles encompass fibre-based materials, including fibres, yarns, filaments, threads, and fabric types.

The term “textiles” originates from the Latin word “textilis,” meaning “woven.” Today, it includes the materials used to make fabrics and the fabrics themselves.

There are two main types of textiles: natural and synthetic. Natural fibres come from plants and animals, such as cotton from plants and silk from silkworms. Synthetic fibres, on the other hand, are manufactured.

In homes around the world, the perception of home textiles has evolved. They are no longer just basics but have become a way for people to express their style and preferences.



Cotton

Cotton is the most widely used fabric globally. It's estimated that over half of all clothing today is made from the cotton plant's soft, white fibre. Cotton grows in many countries and can be harvested annually. It thrives in warm, moist soil with total sun exposure.



Linen

Linen, a natural fibre from flax plants, produces one of the most durable fabrics. Its strength and durability are due to its high fibre content, creating a resistant barrier against bacteria and mould. Linen has been popular for centuries because it's breathable, cool in summer, warm in winter, easy to care for, and very soft. It was once used as currency in Europe due to its high value.

Linen is highly versatile and used for towels, tablecloths, and napkins because of its absorbency. It's an excellent choice for bed sheets, staying cool in summer and warm in winter.





SILK

Silk is a natural fibre primarily obtained from silkworms. It is lightweight, strong, and has high tensile strength. Silk is durable and can stretch up to 30% of its length without breaking, making it suitable for small-diameter ropes or ribbons. Silkworm larvae secrete the protein fibres as they spin their cocoons. The chain length of the proteins determines the material properties of the silk, with shorter lengths resulting in more robust fabrics and longer chains producing more flexible but weaker fabrics.



Polyester

Polyester is a synthetic fibre derived from coal and petroleum products. Its production contributes to high levels of carbon dioxide pollution. Polyester's popularity is due to its cost-effectiveness, durability, and comfort in clothing, carpets, and upholstery fabrics. It is also used in plastic bottles, adhesives, and food packaging.



Nylon

Nylon is one of the most popular synthetic fabrics today. Developed by DuPont in 1935 for industrial use, nylon is known for its strength and versatility. It has been used in various applications, from parachutes during World War II to lingerie and high-athletic wear. Nylon's low melting point allows it to be fused with other materials, such as Kevlar or rubber, creating stronger products like tyres and gas tanks.



INTERIOR DESIGN *Styles*

There are many types of interior design, with the list ever-evolving. Some of them are fads, while others are timeless classics that stand the test of time.

Each style comprises distinctive furniture, décor, lighting and accessories that give it its signature look. In getting to know some of the most popular styles, it would be best to understand what styles stand out to a family and meet their preferences.

Understanding interior design styles helps one discover what you like and develop spaces that express one's personality. Once you know that you like traditional design style, you can use that knowledge to help you choose everything from paint colours to furniture and throw pillows.

There are different interior design styles: modern to traditional, contemporary, mid-century, bohemian, Scandinavian, farmhouse, minimalist, eclectic, and more.

Traditional interior design takes cues from the 18th and 19th centuries, featuring natural elements and materials, generous art pieces and rich historical details to create a calm space. Traditional style revolves around a dark and warm colour palette, ornate furniture with lots of tufted detailing and carved pieces. Symmetry is also a big thing in conventional design.

Modern interior design was born in the 20th century. The contemporary style focuses on a monochromatic colour scheme, minimal furniture and decoration, geometric forms and efficient storage. To focus on a highly functional space with effortless details and lots of storage, a modern design is perfect for your taste.

Contemporary and modern interior designs are probably this list's most interchanged and misused terms. Although these two are related by definition, they are different



traditional



modern

regarding interior design. While modern style focuses on the elements of a specific design era, contemporary style offers today's trends.

Contemporary style is also focused on minimal detailing and the use of textures. Its main goal is to keep the space open by using minimal and functional furniture on top of black, white and neutrals. Some splashes of bright colours are welcome to create a varied space.

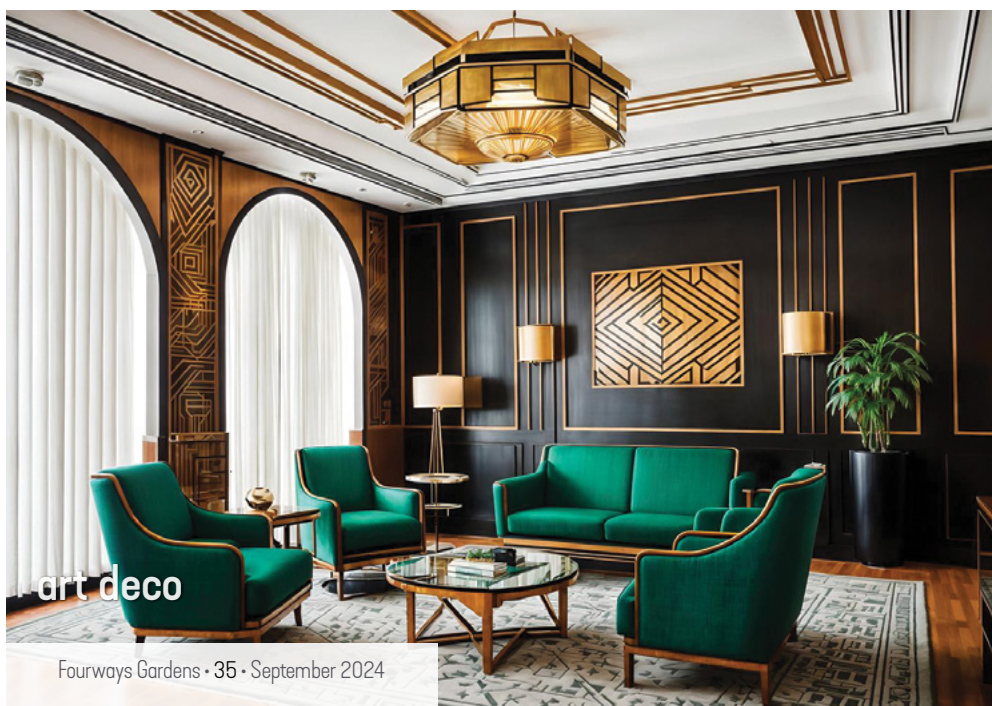
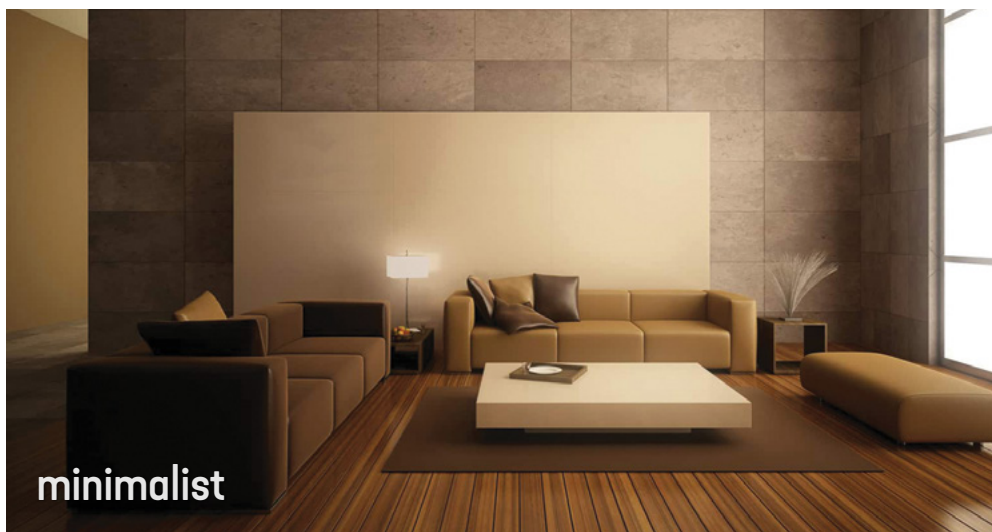
Minimalist interior design is one of the most thoroughly modern design styles. Think simplicity, refinement and a skilled hand at sumptuous comfort and functionality. The key here is to keep rooms spare and well-edited with no print fabrications and décor extras that must serve a dual purpose. Think of a modern art gallery or museum as a reference with their pulled-together approach to filling a space with minimal essentials that still feature a lively sense of organic or abstract drama.

Farmhouse interior design or cottage design, uses warm, neutral colours and vintage and organic accessories combinations. Weathered woods, clean lines, open shelving, shiplap walls, worn paint and rustic metal finishes like bronze and copper are common elements of this style.

Select the perfect combination of rustic and modern elements with warm wood furnishings, bronze wall sconces, bright white couches and farmhouse sinks. Incorporate details like a pine bookcase, oak dining table, mason jars and gingham, floral and striped textiles throughout the home for a matched look.

Art Deco, short for the French Arts' décoratifs, is a style of visual arts, architecture and product design that first appeared in Paris in the 1910s and flourished in the United States and Europe during the 1920s to early 1930s.

When we think about Art Deco interior design, luxury and opulence often come to mind since it is frequently used in high-end hotels, restaurants and cinemas. The bold and decorative elements of Art Deco interior design can be fully appreciated in a home with high ceilings and large windows.



RESTAURANT COMPETITION FOR SEPTEMBER

Don't forget to enter our monthly restaurant competition and stand a chance to win a R500 meal voucher from one of our participating restaurants.

The question for this month's competition:
What was the topic for the Women's Day Celebrations held at FWG?

Please email your answer along with your full name, cell number, estate name and stand number, detailing **'Fourways Gardens Wine and Dine Competition'** in the subject line, to: competitions@eiapublishing.co.za. and like our Facebook page to enter the competition. The winner will be notified by email.

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Terms and Conditions:

1. Vouchers cannot be exchanged for cash.
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4. Service charges/gratuities are not included, regardless of any balance left over after the meal.
5. Vouchers will be numbered. Please provide your voucher number when you make your reservation.
6. The competition is open to readers over the age of 18.
7. Indemnity: The publishers, Fourways Gardens Estate and any other associated parties are not responsible for the fulfilment of the service from the restaurant once the prize has been awarded.



Photo by Pan Xiaozhen

CONGRATULATIONS TO: Tarryn Drabble, our August winner who wins the R500 voucher.

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Evergreen Broadacres is home to a happy and active community of residents who enjoy socialising in the expansive Lifestyle Centre, which offers full resort-style facilities.

The laid-back retirement lifestyle at Evergreen Broadacres comes with the freedom to remain physically and mentally active, healthy and socially connected as and when it suits you.

Evergreen Broadacres is known for its social atmosphere and thriving residents who enjoy the support of a close-knit community of village staff and like-minded friends and companions. Nonetheless, there is plenty of space for residents who prefer privacy and desire more private time.

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CARPET CLEANING: Furnishings and mattresses, MASTERGUARD SPECIALISTS (Scotch Guard), uses the latest quick drying Karcher machines. Owner supervision, competitive rates, locally based. Call or WhatsApp Wyn on "JUST CLEAN IT" 084 052 6400.

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DSTV INSTALLATION: Wi-Fi extender, DStv installation, extra view, triple view, cat 6 lan cabling and signal issues. Call Adam on 073 162 4048/061 219 5866, email: adamchikwenga@gmail.com, or visit: www.smartdstv.co.za

DSTV DOCTOR: Approved DStv – all installations, aerials, sales, Wi-Fi extender/booster over cat 6E and repairs, MultiChoice-accredited installer. Showmax and Netflix. Call Junior on 078 228 3182/ 074 729 9672, email: 4waysat4@gmail.com, or visit: www.dstvdoctor.co.za. Address: Plot 79 Cedar Rd, Chartwell.

ELECTRICIAN: Lazis Electrical – Certificates of Compliance, new installations, tripping and fault finding, power failures, geysers, stoves, plugs, lights and installation of generators. Call 078 739 6773 / 073 127 3921.

EQUIPMENT AND TOOL HIRE: Go Hire – Your Fourways tool hire specialists. Drilling, compacting, DIY, ladders, gardening, sanding, scaffolding, breaking and all other equipment needs. Fourways Gardens Residents special on delivery: R35.00. Call 011 467 9890, or visit us at 6 Granite Road, Fourways.

EXPERIENCED CHILDCARE PROFESSIONAL: Seeking full-time/au pair/PA position. Dedicated and nurturing childcare expert with 17 years of hands-on experience from newborns to 10-year-olds. Proven track record as a nursery school assistant teacher. Child development expertise, creative lesson planning, safety-conscious caregiver, excellent communication skills, first aid and CPR. CV and references are available on request. Let's create a positive and enriching environment for your little ones! Contact Tana Hitchcock on 082 929 7203.

GARAGE DOORS SERVICE: New installations of garage doors and garage door motors. We also offer servicing and repairs to all types of garage doors and garage door motors. Please contact Tammy on 064 558 5068 or email: sales@nahlagaragedoors.co.za

GATE MOTOR REPAIRS: Alarms, CCTV, gate motors and intercom system repairs and installations. Call the Ninja Office: 084 354 5596, or Quinton on 084 354 5597.

MOKOPANE ELECTRICAL: Installation and maintenance repairs: Energy efficient solutions, emergency call out, tripping problems, garden and security lights, geysers – no hot water, timer switching, fault finding, lights and plugs, pool motors, turnkey solar and underfloor heating installation. Aircon installation service and maintenance as well as gas geyser installation. Certificate of Compliance. Call Ronald on 072 154 9735.

MGUNI GREEN FINGERS: Garden maintenance, garden refuse removal and tree felling service. Call Isaac on 083 582 0636 / isaac@mgunigreenfingers.co.za / www.mgunigreenfingers.co.za

MR TREE FELLING: We specialise in tree felling, trimmings, pruning, instant lawn, Kikuyu and LM grass, supply compost, lawn dressing, fully Insured. Contact Wisdom on 071 793 0825.

PAWSITTERS: Our commitment goes beyond routine care; it is a dedication to the well-being of your cherished pets and the security of your home. Our experienced team delivers meticulous attention to detail, offering personalised services such as stay-in care, precise feeding schedules, regular walks, and thorough home check-ins. Expect not only professional excellence but also daily updates with the best snapshots of the fur children, providing you with a glimpse into your pets' happy moments. Entrust Pawsitters for a seamless, reliable, and caring solution to your pet and house-sitting needs. Call 082 929 7203.

PEST CONTROL AND HYGIENE: With over 46 years of experience in the industry, we specialise in providing solutions tailored to meet the unique needs of both individuals and businesses. For pest control call 011 804 3454 or for cleaning call 011 675 5956.

POOL SERVICES: Maintenance, repairs, re-marblelite, pumps, sand changes etc. For all pool requirements, call Jackie or Martin on 072 132 5703.

POOL SERVICE: "XPERTS": Get off the grid in bite-size chunks. Save water and electricity. Dream Pools SA, pool renovators and global green. New pools, renovations, best marbleite approved Cemcrete SA, fibreglass. Weekly pool service with expert advice on energy and watersaving solutions. Also, chlorination for low maintenance, heating, covers, fencing, paving composite decks, autofill, water features, spas and Koi ponds. Call 082 332 7252/082 322 7253.

BUILDING AND MAINTENANCE

ALL PAINTING: Exterior and interior, rhinolite, tiling, waterproofing, steelwork, trellises, and awnings. Contact M.K. Projects, Kelvin on 063 840 8259 / 067 262 4819. References are available for work done in Fourways Gardens.

CARE CONSTRUCTION AND PAVING: We specialise in new houses, additions and alterations, paving, painting and all your building requirements, no matter how big or small. Over 30 years' experience. Call Ian on 083 250 3736, email: ian@careconstruction.co.za or visit: www.careconstruction.co.za

GRACENTIA TRADING AND PROJECTS: Specialising in bricklaying plastering, rhinolite, tiling, roofing, painting, paving, and waterproofing. We attend to all house maintenance. Please contact Ebrahim on 072 499 5674 or email: gracientiatrading@gmail.com

HANDYMAN: For all your building requirements done to your satisfaction. Professional, honest and reasonable. Specialising in painting, waterproofing, damp-proofing, rising damp, rhinolite, tiling, paving, roof leaks, building, plastering, pool repairs and house renovations. Call Alex on 073 836 5049 / 071 836 2601. References are available in FWG.

HANDYMAN: Mike is a resident in Phase 1. He manages my house and garden with hardly any supervision. He is proactive and does repairs where possible. He is looking for work, one day a week in FWG, his days are flexible. Contact him on 063 168 4383, or for a reference call 082 413 6921.

HANDYMAN: British tradesman for all the jobs you hate!!! Building, total house renovations, wooden flooring, painting, cupboards, damp-proofing, tiling, plumbing, roofing, ceilings, kitchen and bathroom renovations and electrical work, plastering, paving and alterations. No job is too small. Offers a friendly and reliable service. Contact Steve on 076 823 6847 / 082 955 5642.

HUBBY FOR HIRE: Handyman and welding services. FWG resident. Contact Juan on 082 936 0700.

IRRIGATION – SOFT RAIN: I have gone solo after six years and I have partners, each with over 12 years experience. All sorts of irrigation from maintenance and repairs to new installations. Call Isaac on 078 658 4371, Thabiso on 079 946 2906, or email: softtrainirrigation@gmail.com

NICK'S WATERPROOFING/PAINTING: Torch - on waterproofing. Cement house waterproofing/acrylic type waterproofing. Please Contact Nick on 076 696 5583 or email: nickcampbell31@yahoo.com

NIGEL'S IRRIGATIONS AND POOLS: New installation and repairs of irrigation systems. Pool servicing and maintenance including pump fittings. Please call Nigel on 073 180 3406.

PAINTING: Tex Paint Projects is based in Fourways and can assist you with painting (interior/exterior), waterproofing, damp treatment and basic pre-painting maintenance. Contact us today. Call Tiago on 073 163 9386, email: info@texpaintprojects.co.za, visit: www.texpaintprojects.co.za, FB@TexPaintProjects

PATSONS PAVING: For all your paving and tiling requirements – no job too big or small. Everyone is welcome. There are a variety of various designs available to suit your individual taste. Call Patson on 082 676 2668 or 084 288 6149.

PLUMB-AVID PROJECTS: The leading name in plumbing and maintenance, now offering municipal water backup and rainwater harvesting solutions. Call 012 654 2513 / 071 875 0218.

PLUMBER AT YOUR SERVICE: A complete plumbing business that offers efficient professional service to the domestic and commercial sectors. Blocked drains, burst pipes, geyser installations and maintenance, leaking toilets and taps, subsoil drainage, bathroom & kitchen renovations. Please contact Paul Stonley, PIRB and IOPSA registered on 082 798 3643 or email: paul@plumberatyourservice.co.za

RUBBLE REMOVAL: Building rubble and garden refuse removal, building material deliveries, compost/manure deliveries. Call Ozzy on 073 058 0464.

SAMMY MAINTENANCE: For all your maintenance tasks such as paving, painting, tree felling, electrical/fencing and alterations. No job is too small. I am reliable and offer a friendly service. Please call Samuel on 072 414 7585.

EXTRAMURALS, LESSONS AND OTHER

HEDGEHOGS EDUCATIONAL PLAYGROUP: Registration is open for 2025 at Hedgehogs Educational Playgroup. This is a small, nurturing environment in Fourways Gardens Phase 1, with a structured curriculum, and qualified teachers. For more information, please contact Debbie on 083 253 1414.

TENNIS COACHING: Tennis lessons in Fourways at Fourways Gardens Residential Estate. All levels of players from beginners to advanced are welcome. Private or semi-private lessons are available. We also provide one-on-one coaching at your own court. Call Mike on 078 345 1620 or email: mkekirkwood99@gmail.com

TENNIS FOR LIFE: Professional tennis coaching, from beginners to advanced players, adults and children, individual and group lessons. BOOK A FREE GROUP LESSON – USE PROMO CODE FWG032. Contact Alette on 082 859 8565/ email: info@tennisforlife.co.za or visit: www.tennisforlife.co.za www.berryking.co.za

RENTAL: Spacious luxury flatlet to rent, available immediately. Fully furnished, R 7,000 per month inclusive of water and electricity. Contact Pierre on 074 909 5094.

DOMESTIC WORKERS

Sibonile: Is looking for part-time work on Tuesdays and Fridays. She has been working in FWG for many years. Call her on 063 263 5693, or for a reference call 076 929 1636.

Ellen: She has 27 years of working experience with a great attitude and work ethic. She is wonderful with children and animals. She is looking for full-time employment or three days of work on Tuesdays, Thursdays and Saturdays. Please contact Ellen on 061 233 8983, or for a reference call Andrea on 082 889 1232.

Maria: My cleaning lady of many years is looking for accommodation and is willing to work one day per week for a room. She is currently in Fourways Gardens, but her employer is relocating. She is hardworking and thorough and cleans and irons well. Call Maria on 079 051 1739, or for a reference call Stan on 061 549 2139.

Letticia: Is looking for part-time work on a Saturday as a domestic or as a nanny. She is reliable and hardworking with incredible honesty. She has completed the following courses, child minding, first aid and cleaning. She has a code 10 drivers licence. She has been with us for 10 years. Call her on 083 743 4009, or for a reference call 083 399 9197.

Nithulie: Is looking for child/baby care and carer work on Saturdays. She has done short courses in baby and child minding and a carer course. She speaks English well, is good with children and babies, hardworking, and responsible. My grandchildren love her. Please call her on 084 956 8435 or 071 934 2012.

Caroline: A Malawian seeks full/part-time domestic work. She is hardworking. Call Caroline on 083 521 6071, or for a reference call Janine on 083 265 5726.

Kedi: 17 Years of experience as a family domestic worker, is looking for a new position. She is reliable, hardworking, and good with children. Call her on 062 539 7717, or for a reference call Lisa on 072 674 5415.

Precious: Our great domestic worker is available on Tuesdays, Wednesdays, Fridays and Saturdays. She is reliable and friendly; our home is always well cared for. Call her on 065 177 0521.

Thembie: Is a hardworking, reliable domestic worker and nanny. She is available for full/part-time work. She is exceptionally good with children and pets. Call Thembie on 073 041 1229, or for a reference call 084 465 1939.

Meriam: South African lady looking for domestic work for two days a week, Mondays and Fridays. Meriam is very good and reliable; she has worked in FWG for more than two years. It would be best if she is contacted directly, as I am in and out of the country. Call 083 7268479, or email: matodzimeriam6@gmail.com

Jane: Malawian seeks part-time domestic or child minding work on Mondays, Wednesdays and Fridays. She is honest and hardworking with a friendly personality. She works well without supervision. For more details call 073 449 0279.

Akhona: Is looking for full-time domestic work. She is friendly, trustworthy, respectful and understands and speaks English fluently. Please call her on 076 726 1544.

Tamia: This is a positive recommendation for Tamia who has been working for the family in Arlington, close to FWG since 2011 as a domestic worker. She is still employed with them part-time. She is looking for part-time work on available days or as a full-time domestic worker in FWG. Please call 082 536 3068 for more details.

Maria: Is looking for work for two extra days a week. She is a friendly, reliable, hardworking and trustworthy person. She works well with animals and often house-sits for us. She's been working for us in the estate for 21 years and still works for us three days a week. Happy to swap out days to accommodate. Please call Maria on 060 435 5091, or for a reference call Sharon on 083 650 7661.

Hlengiwe: Is looking for full-time domestic work, she is a reliable, trustworthy person who is good with domestic chores and is great with pets and children. Please call her on 061 759 0592.

Agnes: A domestic worker looking for full/part-time employment on Tuesdays and Thursdays. Her current employer is relocating. She has worked for 11 years in her current position. She is reliable and good with children and animals. Please call Agnes on 073 169 5307.

GARDENERS

Julias: An older gentleman, who has worked for me as a gardener since 1991. He has also worked in other gardens in our estate. Julias is a lovely man, gentle and kind. He has a wealth of gardening experience. He is seeking employment on Tuesdays, Wednesdays or Saturdays. Please call him on 076 715 9575, or for a reference call me, Terryl Louw on 082 825 9035.

George: Is looking for work on Thursdays. He is reliable and efficient, very knowledgeable and always willing. Call him on 073 218 7253, or for a reference call 073 257 1436.

Goodson: Is a trustworthy, loyal and friendly employee who is willing to help with anything, gardening tree felling, cleaning, domestic work, window cleaning, moving or painting. He is also a supporting bricklayer and other tradesmen. Please call him on 067 959 2040.

Weston: Is a reliable and honest Malawian who seeks work as a gardener, painter and handyman. He is available on a Thursday. Call Weston on 061 877 9820, or for a reference call Bernie on 082 551 8482.

Jacob: Is looking for gardening work on Tuesdays, Wednesdays and Thursdays. He works for me on Mondays and Fridays, he is looking for extra work since we sold our rental where he previously independently looked after the garden and pool. He has a good knowledge of gardening with an incredible eye for trimming shaped hedges and topiary trees. He is reliable, honest and trustworthy and has been with us for five years. Available immediately. Please call him on 073 500 7302, or for a reference call Judy on 083 327 3658.

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Fourways Gardens
RESIDENTIAL ESTATE

VERIFIED ESTATE PROPERTY PRACTITIONERS FOR 2024

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Agency	Agent	Cell Number	E-mail	Status	Website
CENTURY 21 Fourways	Rachel Van Rensburg	071 351 6881	fourways.manager@century21.co.za	Full	www.century21.co.za
	Kymn Grant-Smith	083 982 9828	kymn.grantsmith@century21.co.za	Candidate	
 CHAS EVERITT INTERNATIONAL PROPERTY GROUP	David Parnell	073 279 6726	david.parnell@everitt.co.za	Full	www.chaseveritt.co.za
 CLUB REAL ESTATE	Martin Riley	082 551 1968	martin@clubrealestate.co.za	Full	www.clubrealestate.co.za
 FINE & COUNTRY	Jason Shaw	084 493 6200	jason.s@fineandcountry.com	Full	www.fineandcountry.co.za
 FIRZT	Desiree Bedhhasie	083 447 3584	desiree@firzt.co.za	Full	www.firzt.co.za
 FRANCESCA Beattie properties	Francesca Beattie	083 678 8001	info@fbproperties.co.za	Full	www.fbproperties.co.za
 Gaye Cawood realty	Gaye Cawood	083 601 1593	gaye@gcr.co.za	Full	www.gcr.co.za
	Sue de Boer	082 452 0086	sue@gcr.co.za	Full	
	Chloe Cawood	082 501 8800	chloe@gcr.co.za	Full	
 HAMILTON'S PROPERTY PORTFOLIO <i>the boutique experience</i>	Cilla Barath	078 920 9077	cilla@hamiltons.co.za	Full	www.hamiltons.co.za
 INSTAPROPERTY	Elize Murphy	082 561 0259	elize@instaproperti.co.za	Full	www.instaproperti.co.za
 JAWITZ PROPERTIES The real estate agents™	Eunice Williams	083 595 6111	eunice@jawitz.co.za	Full	www.jawitz.co.za
	Morné van Zyl	081 308 5197	morne@jawitz.co.za	Candidate	
 Low Geffen Sotheby's INTERNATIONAL REALTY	Adam Brown	072 026 4571	adam@sothebysrealty.co.za	Full	www.sothebysrealty.co.za
 live REAL ESTATE	Cecily West	082 901 3244	cecily@liverealestate.co.za	Full	www.liverealestate.co.za
	Kelly Garcia	064 053 3348	kelly@liverealestate.co.za	Candidate	
 MALHERBEX	Willie Malherbe	083 425 7174	willie@malherbex.com	Full	www.malherbex.com
	Bernice Preston	072 340 9294	bernice@malherbex.com	Candidate	
 RE/MAX INFOGLOBE	Shaun Murphy	083 620 2244	shaun@remaxinfo.co.za	Full	www.remaxinfo.co.za
 TYSON PROPERTIES	Grant Raw	079 495 9357	grant.raw@tysonprop.co.za	Full	www.tysonprop.co.za
	Sally D'hotman	082 442 7693	sally.dhotman@tysonprop.co.za	Full	
	Denise Thomas (Dee)	083 375 5646	dee.thomas@tysonprop.co.za	Full	
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