



Waterfall City's Winning streak

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Chef

Waterfall City's
Dedicated Services

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Welcome!

If there was ever any doubt that Waterfall City is a place where people love to be, six recent award wins from the prestigious International Property Awards can confirm it.

Waterfall Management Company, development partner Attacq, and Balwin Properties won various Best in South Africa awards at a ceremony hosted in Dubai last month. Our triumphs include being named the *Best Mixed-use Development in South Africa* for a gratifying ninth time.

Our cover article celebrates these wins, which include two awards for the Munyaka Lifestyle Estate. Waterfall City will now compete in the Best in Africa awards and will hopefully go on to compete in the global accolades again.

Meanwhile, JSE-listed Attacq has announced robust results for its latest financial year. CEO Jackie van Niekerk describes it as a transformative year on many fronts, and one where the brand's emphasis on the community has really paid dividends.

Part of Attacq's success lies in the popularity of its commercial flagship, Mall of Africa, with many new tenants having opened this year. The latest attraction is BOUNCE, the brilliant entertainment venue for kids and the young at heart. In addition to never-seen-before concepts like the X-Run and High Ropes, the new site features miniBOUNCE, a supervised area for children aged two to six; an Adventure Zone; and a Toddler Zone with an interactive ball pit and play pods. It's perfect for

families of all ages, and you can read about its attractions in this edition.

This month's Meet the Chef article turns up the heat on Warren Dry of Moo Moo. Chef Warren is the king of steak, but he's also a fan of Mediterranean and Asian flavours, bringing together different styles to create something unique.

Another behind-the-scenes article looks at Waterfall City itself, and how we deliver key services to keep the city running. They include maintenance, security, landscaping and water management, medical care and fire prevention, with dedicated teams operating all of these. The work includes routine jobs such as litter picking, pothole repairs and cleaning the Jukskei River – work that usually goes unnoticed until something goes wrong.

Our healthcare column looks at a pioneering medical records system introduced by Netcare. Using digital technology, it allows specialists and healthcare teams to view clinical information, test results and other vital notes about their patients in real time from anywhere. Netcare believes its new system is a game changer, with the patients as the real beneficiaries.

Finally, our PSG Wealth column this month looks at family trusts, which can be one of the most effective ways to protect the family assets.

Until next time,
Waterfall Management Company

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WATERFALL CITY SHINES

Six Best in SA awards at the African and Arabian Property Awards 2023



Majid Saqer-Al-Marri – CEO of the Real Estate Registration Sector at Dubai Land Department (DLD), Eliane Deeb – Specification & Design Manager ROCA & Laufen Middle East Office, Willie Vos – CEO of Waterfall Management Company (WMC), Tertia du Toit – Communications Manager WMC, Phillip Badenhorst – CFO WMC, Lord Best – Chairman of Judges, Stuart Shield – President, International Property Awards

In a lavish ceremony hosted in Dubai on 19 October 2023, the prestigious African and Arabian Property Awards once again showcased the eminence of Waterfall City. The Waterfall Management Company, in collaboration with strategic development partner Attacq, and Balwin Properties, took home a staggering half a dozen Best

in SA awards, solidifying the City's position as a trailblazer in mixed-use developments in South Africa.

A night of achievements

Waterfall City's exceptional accolades included the coveted Best Mixed-use Development in South Africa 2023-2024, marking the ninth time in a

decade that this title has been bestowed upon the development. This remarkable feat underscores the commitment to innovation and excellence that characterises Waterfall City.

But the accolades didn't stop there. Waterfall City also walked off with the Best Mixed-use Architecture in South



Willie Vos – CEO of Waterfall Management Company participated in the Development & Real Estate Panel discussion during the daytime conference.



Waterfall Management Company – Best Mixed-use Development in South Africa for Waterfall City



Balwin Properties – Best Leisure Architecture in South Africa for the Munyaka Lifestyle Estate

Africa, Best Development Marketing in South Africa, and Best Developer Website in South Africa awards. These triumphs signify the City's ceaseless evolution as a vibrant smart city nestled in the heart of Gauteng.

Balwin Properties, a key player in the Waterfall City landscape, secured its

share of the limelight. Its Munyaka Lifestyle Estate received the Best Leisure Development in South Africa award, while the Munyaka Penthouse earned the title of Best Apartment/Condominium in South Africa. These awards further illuminate the diverse and dynamic character of the Waterfall City community.

International recognition beckons

The resounding success of Waterfall City at the African Property Awards has paved the way for more potential international accolades. All six Best in SA awards are now nominated for Best in Africa honours from the International Property Awards – Africa and Arabia chapter.

A prestigious history

These accolades are part of a broader legacy of excellence for Waterfall City. With eight wins for Best Mixed-use Development in Africa in nine years and five wins for Best International Mixed-use Development in six years, Waterfall City has firmly established itself as a global leader in mixed-use development.

The vision of Waterfall City

Willie Vos, the CEO of Waterfall Management Company, expressed his pride and gratitude. "For years now, Waterfall City has been synonymous with residential excellence and has become known as the ideal lifestyle and blue-chip business destination in Gauteng. Built on the cornerstones of Connection, Commerce, Care and Community, Waterfall City's mission and vision is to create a place where people love to be – a smart city so admired, safe and sustainable that people feel there is no better place to live, work, play and prosper. I am proud to say that thanks to a whole lot of passion, innovation and the pursuit of excellence in everything we do, this vision for our development is proving successful."

Vos lauded his dedicated team, partners and stakeholders for their unwavering commitment to making this vision a reality.

MEET THE CHEF

WARREN DRY

Executive Chef at Moo Moo, Mall of Africa

We introduce the gourmet king of steak, Warren Dry, as part of our Meet the Chef series. He's the executive chef of Moo Moo at Mall of Africa. Come Meet & Whine at Moo Moo, the specialists in steak, burgers and ribs.

Q: What is the main cuisine at Moo Moo?

A: We are primarily a steakhouse that is strongly influenced by proudly South African flavours.

Q: When did you decide to become a chef, and why?

A: I've had a passion for food and food experimentation from a very young age. I had great inspiration from my grandfather, who nurtured my skills from childhood. It brings me joy when people love food that I've prepared.

Q: What qualifications do you hold?

A: I did my City and Guilds Chefs Diploma at Chefs Training & Innovation Academy.



Q: What is your cooking style?

A: I prefer the Mediterranean style of cooking. It's simple and draws its flavours from fresh, quality herbs and ingredients. I also enjoy experimenting with Asian flavours.

Q: What is your inspiration for new recipes and dishes?

A: I like bringing flavours from different styles together to create something unique. I also like the challenge of updating classic recipes by incorporating modern elements.

Q: What is your favourite dish to prepare on your current menu and why?

A: Making the Moo Moo infused butters. I slow-roast the onions and marrow bones that come straight out of our butchery. The bacon is fried and fresh herbs chopped. It is all then slowly infused into the butter to make the various infused butter flavours that customers can add to their steaks.

Q: What is your favourite home-cooked meal?

A: A classic paneer butter masala with naan bread, inspired by my wife's Indian heritage. Another firm favourite is slow roasted lamb and potatoes prepared in the pizza oven.

Q: In your opinion, what is the most underrated ingredient and why?

A: I'd have to pick two as they go hand-in-hand. Coriander and cumin. They bring out the flavour of vegetables and meat alike in ways that other ingredients can't.

Q: If you could cook with only three ingredients, what would they be?

A: Lamb, garlic and tomatoes.

Q: What is one kitchen tool or appliance you cannot function without?

A: Definitely a good, sharp knife.

Q: If money were no object, what kitchen appliances would you invest in?

A: A Rational oven, a stick blender and a blast chiller are some of my favourite kitchen appliances.

Q: Who is your chef idol, and why?

A: Gordon Ramsay. He is a Michelin-star chef who has a unique understanding of food. I admire how he strives for perfection and doesn't believe in shortcuts, but rather in doing things the right way.

Q: If you could prepare a meal for one celebrity, who would it be and what would you serve?

A: Lucas Radebe. I would prepare fire-roasted loin lamb chops with tzatziki, with cumin- and coriander-roasted butternut on the side.



Moo Moo's How Cheesy Burger would be Chef Warren's last meal of choice.



Meet The Chef Series

Q: What do you think of cooking shows? Do you have a favourite?

A: Cooking shows are great. They help people see and understand what goes into preparing a truly amazing dish. They are also good for picking up new trends, tips and tricks. I would say my favourite show is *Kitchen Nightmares*.

Q: What's your favourite South African dish to eat?

A: A hot and spicy bunny chow served with sambals.

Q: What will we always find in your fridge?

A: A good amount of garlic and a homemade chilli sauce.

Q: If you could choose your last meal, what would it be?

A: The How Cheesy Burger on the Moo Moo menu is one of my all-time favourites. It's simplicity lets you really enjoy the rich, umami flavour of the patty, topped with melted cheese and our creamy cheese sauce. Plus, the pickles and onions add that extra crunch and texture that I love.

Q: What fast food is your secret indulgence?

A: A good wood-fired pizza on a thin crust.

Q: Are you pro or anti air fryers?

A: I have mixed feelings about air fryers. They can be great for certain items, but are not always conducive to better-tasting food.

Q: If you weren't a chef, what would you be?

A: I would probably have followed my other passion, which is working with motorbikes.

Q: Any interesting career anecdote you would like to share?

A: Being a chef has taught me the value of long hours and hard work. It has taught me to be prepared for any situation I may face and has nurtured relationships with my team that I value dearly. It is definitely not for the faint-hearted but is highly rewarding.



The various infused butter flavours that accompany the delicious cuts of steak is Chef Warren's favourite dish to prepare on the Moo Moo menu.

To indulge in Chef Warren's culinary delights, book a table at Moo Moo, Mall of Africa.
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www.moo-moo.co.za/moo-moo-mall-of-africa

Moo Moo
Meet & Whine



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WATERFALL CITY AT YOUR SERVICE

Building a safe, sustainable smart city like Waterfall City is no small feat. Ensuring that our City delivers on its promise of being a place where one can integrate every aspect of life seamlessly, as part of a flourishing community, takes careful planning and dedication. Future-proofed infrastructure, technology, safety, sustainability, education and accessibility are just some of the key components in this regard.

While all these aspects have been mapped out meticulously at Waterfall City, the development takes things one step further by placing a strong focus on offering its community a host of dedicated services.

Maintenance, security, landscaping, medical care and fire prevention – these are Waterfall City's dedicated services, making it truly unique.

Maintenance

At Waterfall City, maintenance is a key priority. We ensure that every day, common services run effectively. We support the City's vision of being a smart city that is so admired, no one

could imagine a better place in which to live, work, play and prosper.

Aspects such as litter picking, common area high-level landscaping, broader Waterfall City cleaning, the planting or replacing of bollards, pothole repairs, grass cutting, road sweeping, street-light maintenance, wayfinding and landscaping common areas are just some of the key maintenance priorities seen to by various teams and role players on a regular basis. The development has also taken on the challenge of keeping the Juskei River clean for Waterfall City's citizens to enjoy. In total, 6.24km of the river runs through Waterfall City and due to heavy rains and urban run-off, fighting litter in the river is a massive yet important job.

It is this work behind the scenes that keeps a place as complex as Waterfall City running smoothly.

Did you know? Waterfall City residents and businesses are able to assist in pointing out maintenance matters that need attention in the City. You can report a crime, a broken streetlamp or a down-and-out traffic light on the Go Waterfall app.





Security

Safety is not just a key focus at Waterfall City, it is one of its main pillars. By employing the latest security technologies, along with tactical response teams, Waterfall City aims to provide a luxury money cannot buy: peace of mind.

Safety and security are prime drivers behind estate living, and Waterfall City continues to focus on creating what can be considered a 'criminally unfriendly' area to ensure that the development is as safe as possible not only for its residents, but also for everyone working here.

With a fully integrated security system that includes access control at every residential estate, business park, major retail centre and logistics precinct, as well as a 24/7 surveillance and reaction service on our roads, all supported by a state-of-the-art central management office, it's clear that Waterfall City takes its safety procedures seriously.

Additional measures include 24-hour patrolled security and CCTV cameras

throughout Waterfall City, as well as 134 surveillance cameras with number plate and facial recognition abilities. In the CBD, 400 cameras, panic buttons every 200m and street lighting on backup power ensure peace of mind for everyone.

The idea is to focus on the prevention of crime rather than on investigation after perpetration. Keeping Waterfall City safe is a critical focus.

Did you know? Waterfall City Security currently reads more than six million vehicle number plates a month. From these reads, it receives more than 500 alerts a month, which typically include vehicles that are involved in a police investigation, form part of the crime database, or are flagged for driving recklessly (for example, speeding) within Waterfall City. In an emergency, residents of Waterfall City can use the Emergency Contacts feature on the Go Waterfall App to call the relevant estate's security control room. Waterfall City will soon have a 24-hour security number for the entire precinct.

Landscaping and Water Management

Landscaping, water filtration/treatment and water protection are also some of the key common services Waterfall City pays careful attention to.

Flooding and erosion control are significant challenges when it comes to stormwater management in any development. One of the ways in which Waterfall City has mitigated this is by building nine attenuation dams that have become part of its 130ha greenbelt. There is a large attenuation dam within the Waterfall Country Village Estate and there are 17 smaller ones across the rest of the development. These carefully designed civil structures blend into the natural landscape and play a critical role in controlling the flow of rainwater throughout the development.

In addition, a number of specific species of fish have been introduced to the main dam to support the natural process of keeping it healthy and creating a thriving ecosystem.



Furthermore, Waterfall City has a water-use licence that allows for the irrigation of common areas of the development using water from the Jukskei River. Dirty river water is pumped into an ozone water treatment plant and used for irrigation and water features in public spaces. On a busy day, the plant treats approximately two million litres of water.

Over and above this, as part of the development's wider sustainability efforts, residents are encouraged to install JoJo tanks, using their gutters for harvesting rainwater.

To conserve water, Waterfall City's landscaping focuses on indigenous, water-wise plants. There is also a focus on dry landscaping. This includes the removal of alien plant species and the planting of indigenous plants and a variety of grasses, specifically Highland grasses. This type of planting requires minimal water and saves on power, which is needed to pump water.

Did you know? Waterfall City's irrigation plant massively decreases the E. coli count in the water. This water is used for landscaping and then finds itself back in the Jukskei River much cleaner than it was before.

Medical care

As the name would suggest, the Netcare Waterfall City Hospital is our local on-site healthcare facility, ensuring immediate access to world-class medical attention. It is a state-of-the-art, 200-bed private hospital, committed to quality patient care. The 24-hour emergency service and the more than 60 on-site specialists have got you and your health covered.

The facility also boasts an internationally accredited bariatric surgery centre and da Vinci robotic-assisted surgery for the treatment of prostate, bladder and kidney cancers. The hospital has been planned with the future in mind and can be expanded to accommodate up to 300 beds.

The hospital also has a dedicated Waterfall City Netcare 911 emergency medical service for Waterfall City citizens – you can reach it by dialling 010 209 8365.

Experienced staff in Netcare 911's national emergency operations centre (EOC) engage with callers and dispatch emergency medical personnel to provide the assistance required timeously. Services that extend beyond emergency medical services (EMS) resource dispatch, include telephonic and live video conferencing cardiopulmonary resuscitation (CPR) coaching.

This process allows trained and versatile team members to video conference with the callers directly while performing CPR on mannequins in the call centre, enabling them to copy the steps for this critical lifesaving intervention.

Netcare 911 also has a 'Locate Me' function for when you do not know where you are. Irrespective of location, an SMS link will be sent to you, allowing the team to track your GPS coordinates and find you.

Did you know? Netcare has a fleet of medivac (medical evacuation) helicopters based at the Ultimate Heliport in Waterfall City.



Fire prevention

Fire Ops SA opened its sixth fire station in Johannesburg in Waterfall City in 2022, bringing much-needed peace of mind for all citizens. In case of emergencies, the private fire brigade offers a full firefighting service with a highly skilled team of officers and firefighters. The brigade has rapid intervention vehicles (RIV) and traditional pumpers, and the team is available 24-hours a day.

Fire Ops SA covers the entire 2,200ha Waterfall City development and nearby surrounds. The team is fully equipped to attend to any fire emergencies, motor vehicle accidents and even water rescues across residential and commercial properties.

Reporting a fire is easy. Simply call 083 622 6026. This number is also listed on the Go Waterfall app under 'emergency contacts'.

Did you know? You can download the Fire Ops SA app from the Apple App Store or Google Play. Just search for the Fire Operations Activator app. By

reporting a fire via the app, Fire Ops will automatically obtain your exact location, saving precious time. In either case, Fire Ops will appear on the site of a reported emergency in Waterfall City within seven minutes.

Waterfall City is a city of connection, commerce, community and care and its dedicated services play a key role

in maintaining these cornerstones. While these fundamentals have always been integral to Waterfall City's offerings, articulated in a brand strategy, they now underpin a common set of values and ambitions for the community. As a result, Waterfall City has positioned itself as a mindful partner in Gauteng's residential and commercial ecosystem.



ATTACQ CONTINUES TO DELIVER



Attacq Limited (“Attacq”), the JSE-listed real estate investment trust (REIT) and strategic development partner in Waterfall City, recently announced a robust set of results for the full-year ended 30 June 2023. The company reported full-year dividend growth of 16.0% to 58.0 cents per share, with distributable income per share increasing by 14.5% to 71.9 cents.

Operationally, Attacq performed strongly, with both occupancy and

collection rates remaining high at 92.5% and 100.7% respectively, as the Group continues to experience record trading density, further delivering against its proven multi-hub strategy. Positive retail trade in Mall of Africa resulted in a 10.8% growth in rental income for the year supported by 21 new brands being introduced. This resulted in a 91.6% increase in turnover rental and a 71.4% increase in third party income at Mall of Africa, which is becoming a preferred destination for exhibitions and advertising.

Jackie van Niekerk, CEO of Attacq, says: “This year has been transformative for Attacq on so many fronts – from building and growing community partnerships to presenting and delivering a landmark equity transaction with our partners at the GEPPF, and achieving key environmental, social and governance (ESG) milestones. As a purpose-led business, we think differently about real estate, and this is evident in the successful execution of our strategy this year.”

Attacq celebrates its 10-year listing anniversary with a finalised Government Employees Pension Fund (GEPF) transaction and increased dividends to shareholders.



success of Attacq's precinct-focused strategy. The ability to roll out reliable infrastructure has assisted in mitigating local government service delivery challenges, and the City has continued to attract local and global blue-chip industrial and office tenants, including Cisco, Sage, Cotton On, Vantage Data Centers, Dimension Data, Accenture, Pfizer, Cummins and Dis-Chem.

In addition, Attacq is in the process of increasing its investment in Waterfall Junction from 23.57% to 50.0%. This will soon be launched for top-structure development on the completion of servicing phase 1 (total size: 156,000m² of bulk).

A leading ESG-focused REIT

Attacq's ESG initiatives remain best in class with a special focus during the year on energy, water and waste management. The Group's recently launched Attacq Energy initiative aims to design and implement cost-effective, off-grid and sustainable energy resources to achieve its target of increasing its renewable energy consumption to more than 25% of the total consumption of the energy mix.

Attacq's unique South African precinct-focused portfolio is diversified across different asset classes and geographies. Several key development highlights over the past year included the increased density at the Plumblink head office and distribution centre, as well as the completion of Phase 2 of Ellipse Waterfall, the award-winning luxurious residential development in the heart of Waterfall City, contributing an additional 30,586m² of gross leasable area.

Raj Nana, CFO of Attacq, says: "Our balance sheet remains strong, and we are particularly pleased that post the implementation of the GEPF transaction, the Group's loan-to-value (LTV) will reduce to 26%. Our dividend-per-share growth of 16.0% is a considerable achievement in the current environment."

A growth-focused portfolio

Waterfall City, the Group's flagship retail, residential, logistics and office precinct, continues to perform well against all metrics, and bears testament to the

The Group also launched its proactive water management plan focused on improving water efficiencies and consumption, thereby reducing the cost of occupancy.

"I am exceptionally proud that all Attacq's properties can operate during load-shedding. Our team has displayed resilience throughout the year and is reflective of the inclusive, community and stakeholder-led approach we have fostered internally and externally," concludes Van Niekerk.



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Attacq Management Services Proprietary Limited, a wholly owned subsidiary of Attacq Limited, is registered with the PPRA and holds a fidelity fund certificate and trust account in terms of the Property Practitioners Act 22 of 2019.



BOUNCE ON OVER!



BOUNCE Inc. South Africa is excited to announce the opening of a new venue at Mall of Africa.

The venue features the brand-new miniBOUNCE and Adventure Zone, along with a dedicated Toddler Zone, making it the perfect destination for families and thrill-seekers of all ages.

"We are thrilled to be bringing the fun and excitement of BOUNCE Inc. to Mall of Africa," says Nicolle Weir, Chief

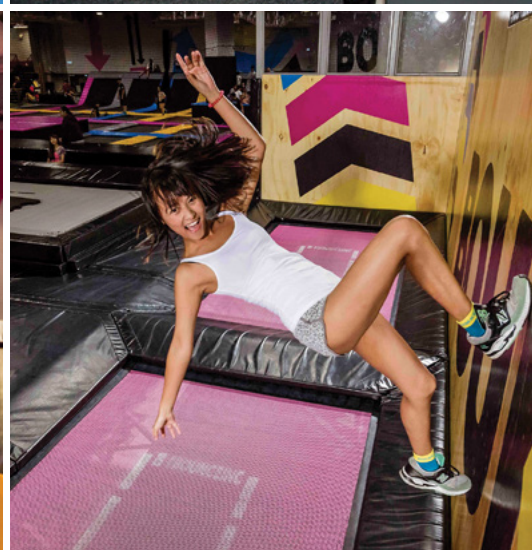
Operating Officer of BOUNCE Inc. South Africa. "Our new venue offers visitors an unforgettable experience as it has a range of attractions for all ages and abilities and it accommodates the entire family."

The miniBOUNCE Zone is a highlight as it provides a safe and supervised area for children aged two to six to jump, bounce and play. With features like a two-level active play structure, a dual-lane slide, a ball pit, a mini challenge course, and

round mini trampolines, the miniBOUNCE Zone offers a mix of fun, freestyle and skill progression activities.

And for our young bouncers, we have a dedicated Toddler Zone with sensory walls, an interactive ball pit, imagination play pods and lots of padded fun so that nobody in the family gets left out.

BOUNCE Mall of Africa also features never-seen-before revolutionary concepts such as the X-Run and High Ropes.



X-Run is our awesome new “head-to-head” adventure challenge course. X-Run combines features and challenges from the BOUNCE X-Park in a side-by-side format. It allows you to race your mates, race yourself or just navigate with more skill and flow each time you run the course.

The obstacles and features can be explored as standalone challenges or they can be navigated as one circuit with different levels of difficulty to

allow for personal progression and creative expression.

Come hang out on the high ropes. Test your balance and flexibility with a challenge at every twist and turn – all while in the air! This one is for the ultimate thrill-seeker. There is no cooler place to hang.

“At BOUNCE Inc., we are passionate about promoting active lifestyles and providing opportunities for people of

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THE FUTURE OF HEALTHCARE

Pioneering electronic medical records system
'a game changer' for Netcare hospitals

The power of digital technology to improve health and care for patients is being felt at Netcare Waterfall City Hospital. This is thanks to the recent implementation of a pioneering electronic medical record system that is being adopted at Netcare facilities.

"Very few hospitals in the world have the capability for specialists and healthcare teams to view patients' clinical information, test results and vital observations remotely in real time," says Jacques du Plessis, managing director of Netcare's hospital division.

"Netcare is the first private healthcare provider in South Africa to have invested in developing a state-of-the-art electronic medical record system."

All documentation and management of patient records are done electronically. Now, the ordering of tests conducted by pathology laboratories, radiology and the blood bank – as well as the receiving of results – are electronic, and the information acquired feeds directly into the mobile platform.



Waterfall City News

In addition, the hospital is delighted to confirm the digital integration of its medical equipment and devices in its intensive care units (ICUs) and theatres.

“Already, the electronic medical records system has become a game changer in our hospital as it automatically records patients’ clinically relevant data on their unique electronic medical record,” says Jaco du Preez, general manager of Netcare Waterfall City Hospital.

“Through the secure platform, the treating specialists, nurses and other healthcare practitioners involved in a patient’s care can access and check each of their patients’ current condition, as well as medical notes and additional context. They can do so by logging on to a mobile device at any time and from any location.”

Having access to the most comprehensive and up-to-date information at their fingertips at all times has the important benefit of informing clinical decision-making in real time. This technology also makes it easier for practitioners to collaborate: it enables multidisciplinary teams to work together as they have access to all relevant patient information.

Up-to-date, accurate information allows for a more personalised and efficient treatment, informed by treatment protocols, to achieve the best possible outcome for each patient.



“A key operational advantage of the new digital system is that doctors and nurses are no longer having to capture all information manually on a patient’s file. They can focus on the clinical and nursing aspects, and on enhancing the personalised care provided to each patient,” says Du Plessis.

“The system is now in use at 32 Netcare hospitals, and by April 2024, we anticipate that all Netcare’s acute care hospitals will have implemented electronic medical records.”

The electronic medical records system further contributes to patient safety through a fully integrated pharmacy module, a first of its kind in South Africa. The module builds on the pioneering e-scripting process implemented by

Netcare and ratified by the South African Pharmacy Council in 2020.

Through the system, all electronic prescriptions are checked for any potentially harmful interactions between medication, duplicate medication and medication allergies that a patient may have.

In addition, for the first time pharmacists have access to the patient’s complete medication record to better inform them – and to ensure safe medication dispensing practices, including a review of medication administration compliance.

The Netcare Group’s cloud-based data analytics platform applies the full potential of machine learning, AI, predictive analytics and the Internet of Things (IoT) to unify data in real time from various data sources within strict parameters of information security and patient confidentiality.

The adoption of the technologically advanced system and electronic medical records is taking place across all Netcare Group facilities – encompassing primary healthcare; pre-hospital emergency medical services; acute hospital care, including cancer care as well as renal dialysis services; mental health care; physical rehabilitation; and occupational health services.

The adoption of this system will enable integrated and hassle-free holistic healthcare across the full continuum of care.

“Our staff are excited to be a part of this revolutionary new advancement in healthcare and the promise that this project holds for optimising health outcomes for each person in our care,” says Du Preez.

“This is the future of healthcare: harnessing the latest advances in digital technology to enable the availability of quality data at all times, and using it to improve and save lives. We at Netcare Waterfall City Hospital are grateful and excited to be a part of it.”



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FAMILY TRUSTS

Effective financial planning tools, despite stricter tax controls

By Mariska Redelinghuys, Legal Specialist Advice, PSG Wealth Management



Mariska Redelinghuys, Legal Specialist Advice

Despite having fallen out of favour in recent years due to the implementation of stricter measures to prevent tax avoidance, trusts are still one of the most effective estate planning tools for families – even more so when you take family pricing into consideration.

A trust is a legal structure set up by a founder into which assets are transferred and administered by trustees for the benefit of one or more beneficiaries. The assets are administered in accordance with a trust deed (in the case of an *inter vivos* trust) or the deceased's will (in the case of a testamentary trust).

Some of the ways in which your family can benefit from including a trust in their estate plan are explored below.

Estate pegging

Estate pegging involves transferring assets from an individual's estate into a trust via a loan account. The benefit of this in family financial planning is that whilst the loan account will remain an asset in the estate of the deceased family member, growth on the asset will be allocated to the trust, thereby limiting future executor's fees and estate taxes payable by the estate of the deceased family member.

A trust does not die

When a family member who is a

trustee passes away, the assets in the trust are not frozen while the deceased trustee's estate is being wound up (as would be the case with assets in their personal estate). Beneficiaries of the trust who are dependent on the trust for income payments would therefore continue to receive these payments to cover their living expenses without interruption or delay.

Unlike family assets in the name of an individual, family assets in the name of a trust don't change hands intergenerationally from one personal estate to the other, so no estate or transfer fees and taxes are payable in respect of these assets.

Protection of assets

Since the assets of a trust are held in the name of the trustees, they are

protected against the creditors of the founder, trustees and beneficiaries (who are separate legal entities to the trust). Keeping assets in a trust on behalf of a minor beneficiary or a family member with special needs is another form of protection – particularly if the family is concerned about a minor's legal guardian or are worried that a dependent family member with special needs will be taken advantage of should the trust founder pass away.

Tax efficiency

Income accruing to a trust is currently taxed at a rate of 45%, and capital gains accruing to the trust are currently taxed at an effective rate of 36%, which are both higher than the respective rates applicable to individuals. However, by allocating the income or capital gains to the

respective beneficiaries via what is known as the "conduit principle", it will be taxed at the beneficiaries' marginal tax rates, which is a benefit if the recipients of the income are taxed at lower marginal rates.

Different families have differing financial planning needs

Family financial plans are dependent on the needs of the family, so it is important to seek advice that is relevant to your specific situation. For example, a young family is less likely to have accumulated assets substantial enough to consider a trust, and their family's priorities may be better addressed with long-term insurance solutions or retirement savings. Speak to your financial adviser about what is suitable for your family's needs.



"Family financial plans are dependent on the needs of the family, so it is important to seek advice that is relevant to your specific situation."

BERNIE VAN DER VYVER'S ARTISTIC PROCESS

Last month, we explored the life and work of artist and sculptor Bernie van der Vyver. We traced the origins of his love for art and nature which stemmed from a childhood spent in Bethal, Mpumalanga. Over time, Bernie developed a passion for working with bronze "for its strength and longevity". He began using it to craft aesthetic representations of the African wilderness.

We delve deeper into Bernie's artistic process and find out what inspires and challenges him.

Q: What were the initial materials you used to create your artworks?

A: I used simple things like pencils, paper and clay. These materials were easy to use and helped me express my ideas.

Q: How were you introduced to bronze sculptures?

A: Everything changed when I saw the bronze sculptures of Coert Steynberg and Jo Roos at an exhibition in Knysna. Their work was unique. They had a way of making their subjects in bronze look incredibly real and full of life. The way they managed to craft such vivid, lifelike subjects in bronze was mesmerising. Their works didn't just look real; they felt alive, almost as if their subjects could spring into motion at any moment.

Q: How did the realism and detail in Steynberg and Roos's works affect you?

A: Beyond the realism, what struck me was the lasting nature of their art. Bronze doesn't fade or change over time. It preserves the beauty and essence of these sculptures for generations to enjoy.

Q: Is this why you choose to sculpt in bronze?

A: Yes. I love the way bronze pieces stand the test of time. Unlike drawings or clay models, bronze sculptures don't fade or change over time. They keep their beauty for many years.

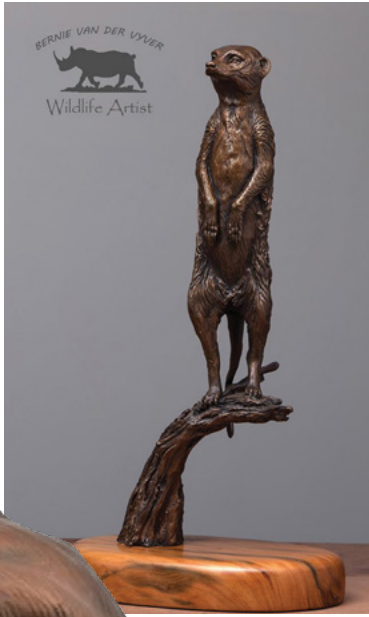
Q: Why is this endurance so appealing to you?

A: After seeing the enduring magnificence of Steynberg and Roos's works, I was inspired to create my own bronze sculptures. I want to produce art that can become a lasting tribute to the subjects I am so passionate about.

Q: What are you currently working on?

A: I'm working on an extraordinary project: I've been asked to make a bronze sculpture of a Khoisan man in a hunting pose with a traditional bow.





Q: How does this project differ from your previous works?

A: The San people are famous for their respectful ways of hunting. It's an honour to represent this in my art. I'm taking extra care to study and understand their hunting practices to portray this figure accurately and respectfully. This sculpture is not just a piece of art; it's a tribute to the hunting tradition of the San people. I think my fans

will look forward to this unique and meaningful piece of art.

We look forward to seeing more of Bernie's sculptures that echo the spirit and rough beauty of Africa's wilderness – not just for today, but for generations to come. In Bernie's latest project that pays tribute to the Khoisan, we are again reminded of how he strives to bring stories to life through his works. They reflect the artist's deep appreciation for nature and indigenous cultures.



You can continue following Bernie's extraordinary journey and explore more of his work on his Facebook page. You can also connect and get in touch with Bernie on LinkedIn.

@bernie.vandervyver | @bernie-van-der-vyver

FREE WILDLIFE:

we rescue, rehabilitate and release animals in need

Friends of Free Wildlife (FFW), also known simply as Free Wildlife, is a registered non-profit organisation and public benefit organisation (PBO) dedicated to rehabilitating compromised urban indigenous wildlife.

We operate under a permit granted by the Gauteng Department of Agriculture and Rural Development and we are sanctioned by the NSPCA. We have a wide network of experts across the country collaborating with us to rescue, rehabilitate and release wildlife.

We provide specialised care for wildlife that are injured, sick, orphaned or affected by habitat loss. Free Wildlife works to ensure their wellbeing, recovery and, ultimately, their release back into the wild.

We have an amazing team of dedicated, passionate staff and volunteers who go above and beyond the call of duty for the wildlife in our care. We rely solely on the generous support of our sponsors and donors. Together, we can safeguard our precious wildlife.

Have you found any wildlife that you're concerned about? Here's what to do:

Step 1: Observe the animal carefully. If it looks injured or unwell, contact Free Wildlife for advice and the next step.

If the animal looks okay, please look for a nest – this may be in a tree or a bush or even on the ground. Try to get the baby back to the nest as soon as possible.

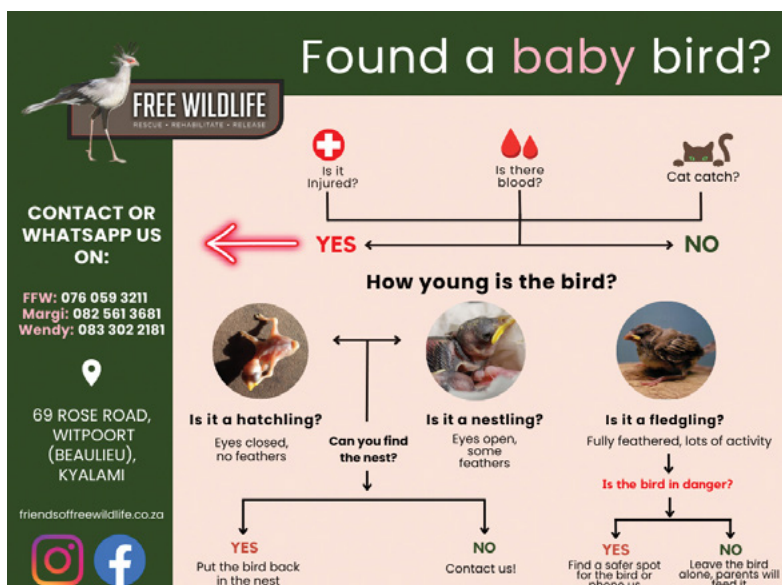


Remember: It is a fallacy that birds and other animals reject their young if they have acquired a human scent. This denies animal parents' innate drive to nurture their broods and it ignores a bird's basic biology. In fact, birds have a particularly poor sense of smell and it's much better to try to reunite the family as soon as possible.

Step 2: If the bird or baby mammal cannot be reunited with their parent or family, Free Wildlife will care for and rehabilitate the animal until it's time to release it.

Step 3: Releases are carefully planned and, where possible, animals are released back to a familiar/ territorial area.

Releasing animals that have been in our care is always a joyful time.





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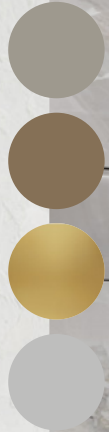


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THE BRAT FACTOR

No one wants to raise a spoilt child. Would you know if your child is a brat?

By Suzette Weideman

There are several ways the latest generation of kids stands out. They are more technologically driven and appear to be interested in materialism – even young children have bought into the renewed focus on image and appearance.

Following in mom and dad's proverbial footsteps, they ask to wear Nikes, not just takkies. How cute is it to see a two-year-old branding 'Just Do It' footwear? However, when your rapidly growing pre-teen is used to being spoilt this way, it becomes an expensive exercise. Requests soon change to demands. The result? No one wants to be seen in public with an angry child as it tarnishes a carefully constructed public image.

When parents have minimal authority and children continually get their own way by acting out, the children become spoilt. But contrary to popular belief, children aren't spoilt because they whine; they are spoilt if whining consistently gets them what they want. Sometimes, in an effort to be kinder, gentler parents, moms and dads let their sweet little darlings get the upper hand. It is time for the pendulum to swing. You can be gentle and still afford your children the opportunity to grow into responsible, contributing members of society.

How to identify a spoilt brat

You may ask whether your children are spoilt. If they show any of the following patterns of behaviour after the age of two or three (according to www.pediatrics.about.com), they may have difficulty with discipline and may, indeed, be spoilt:

- They have frequent temper tantrums, make demands and cannot accept it when things do not go their way
- They get frustrated easily, fight, protest and say "no" to most requests
- They have difficulty following rules or do not respond to limits set by caregivers
- They frequently attempt to control other children and adults, and have trouble sharing or even playing with other children because of bossiness
- They have difficulty discerning between their needs and wants, and have little respect for the needs and wants of others
- They become bored easily, show very little patience and tend to express anger physically by hitting, biting or yelling
- They cause you, the parent, to avoid public places and to always have bribes ready
- They act up even when you're engaging in something, so you have difficulty finishing a story, a telephone conversation or a task

If these behaviour patterns sound familiar, you can consider your child or children to be spoilt.

Spoilt children are not happy children. They don't learn to handle disappointment and often negate their own role in a situation. They find it difficult to adjust to the demands of their environment and will keep on seeking extrinsic motivation for tasks that have to be performed. When asked how she motivates herself to study, a teenager responded in this flippant way: "I don't. My parents buy me stuff and give me money."

One must understand intrinsic versus extrinsic motivation. Intrinsic motivation is when people do things because they feel proud of themselves when they do them. They have a sense of accomplishment and achievement. Extrinsic motivation is when someone does something because of external motivation – for example, they will receive money, a toy or a privilege if they do the task.

If you always reward your children with material things, they will never learn how to motivate themselves with internal rewards such as taking pride in what they accomplish. And they will never learn to

value things because there are so many rewards, and nothing is special.

THE MOST IMPORTANT BUILDING BLOCKS OF PARENTHOOD

- 1. Unconditional love** – children need to know they are intrinsically okay and good enough, and that they do not have to perform for you to accept them unconditionally.
- 2. Consistency** – children flourish when there are routines. If life (and discipline) is predictable, they can work out how to control their part in it and learn to take responsibility. In this way, they develop a sense of self-esteem.
- 3. Availability** – children thrive on knowing they can count on you to be there, whether it is to listen, help, support or just be a witness to their accomplishments. By giving of your time, you will create an environment conducive to conversation and shared experiences.

Traditionally, discipline is used as a negative consequence or a discouragement to correct undesirable behaviour. This equates discipline with punishment and excludes a crucial part of the formula – reward. The parental team (mother, father and/or caregiver) should agree that punishment must always be age-appropriate, and the rule of thumb is consistency. This teaches children about consequences and to think before they act.

It is never acceptable to physically punish a child when you are angry – this models undesirable behaviour. Ideal behaviour, not the patterns of behaviour listed earlier in the article, should be rewarded consistently.

The rewards should not be material in nature. Rather, they should consist of positive verbal responses such as “well done”, “great job” or “way to go”. You can also reward them with a special

activity that they enjoy, such as baking cupcakes on Saturday, going fishing at the lake or visiting friends. This should not be held as a condition, but if you can give your child a goal to work towards, it can act as a strong motivator.

I have also witnessed the success of various creative behavioural charts. For some ideas, visit www.kidpointz.com.

WHAT CAN I DO TO REVERSE THE EFFECTS?

1. Make sure your children aren't defining their happiness and their status in the world as a function of what they wear or drive. Sit down with them and have a one-on-one conversation about what really defines their worth – their intelligence, their creativity, being caring, being giving, their work ethic, etc.
2. Make sure your child understands the value of hard work. The difference between winners and losers is that winners do things losers don't want to do – they work hard to get ready to be a star! Help your children set goals. Teach them that striving to own nice things is fine if they understand how much hard work it takes to be able to afford them.
3. Your children do not have to love you every minute of the day. They'll get over the disappointment of having been told “no”. But they won't get over the effects of being spoilt.
4. Set age-appropriate boundaries so that children go after life exuberantly, testing the limits. You can start during the toddler years.
5. Be consistent. Always do what you say you're going to do. If you tell your children a particular behaviour will have consequences, they should know you mean it. “This time I'm really taking the toy away if you don't play nicely” doesn't work when you've already said it 10 times. Reinforce positive behaviour more than you harp on about negative behaviour and show your approval when they say “please” and “thank you” and when they play gently with friends.
6. Talk openly about acceptable behaviour as they get older. School-





age and adolescent children are capable of insight, so sit down and try to work out problems together. For example, if you ask a child “Why are you doing this?”, the child may not be able to tell you. But if you say, “I wonder why this keeps happening”, that open-ended question may give the child room to speculate. You may be surprised by what you learn.

7. Stay calm. Losing your temper over bad behaviour only makes you feel bad and look out of control (similar to a spoilt child), and it doesn’t teach the child to behave any better – in fact, the child may well follow your bad-tempered examples later in life.
8. A child out of control is a cry for help, not a sign that the child is spoilt. Best to start early and set limits consistently, and to understand the developmental needs of the infant

and young child to find this delicate, critical balance between freedom and limits.

9. Don’t let your guilt get in the way of your parenting. Your job as a parent is to prepare your children to succeed in school and prepare them for when they go out into the world. You don’t want to teach your children that they will get everything through manipulation, pouting, crying, door-slamming and guilt induction.

Here’s a pertinent question: If you want your children to help clean up, how do you get them to do it? You say, “We need to get four things done. Which do you choose?” Start by doing it together, then gradually fade out of the picture. Praise your children as they do more.

Often, when parents decide to reverse the tide, they focus too much on “no” and on punishment. But it isn’t about cracking down; it’s about creating a value system that enables your child to learn life skills. Remember: the shock of changing everything means we change nothing, so take it slowly. You have to make slow, progressive changes to get it right.

Suzette Weideman is a clinical psychologist specialising in parental guidance, family interventions, couples counselling, coping through and after traumatic incidents, and animal-assisted therapies. For more information, visit: www.suzetteweidemanpsych.co.za

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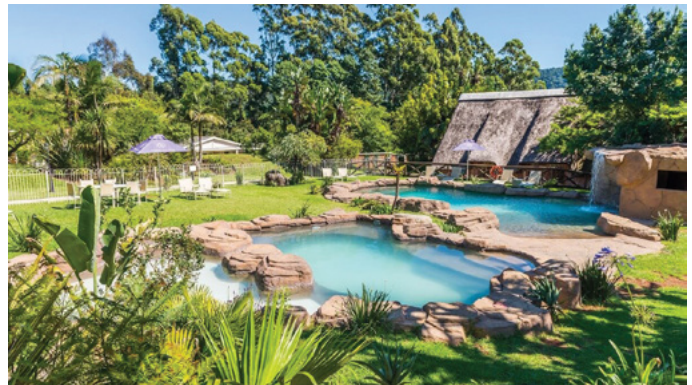
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The experience inspires young men to unpack and understand the core values that are needed to make the best of life in the modern world.

Find out more by visiting his website at <https://www.anguslowe.co.za> or email admin@anguslowe.co.za.

Estates in Africa is excited to offer one lucky reader the opportunity to participate in Angus's next 21-day experience in the Kruger Park worth R46,750 from 13 April to 4 May 2024.

These programmes are designed for boys and young men between 10 and 21. If you would like your son to participate, please send your answer along with your name, your cell number, your residential development name and your stand or apartment number, detailing '**Angus Lowe Competition**' in the subject line, to competitions@eiapublishing.co.za

The winner will be notified by email.

The competition closes on 31 January 2024.

QUESTION:

Where will Angus's next 21-day experience take place?

Terms and Conditions:

- Winning participants must meet our safety requirements of following safety directions and walking or jogging 2km over uneven ground in 30 minutes unassisted.
- The prize includes all activities, meals, and accommodation during the course.
- You will need to arrange transport to and from the programme location and purchase your personal kit as found on your gear list.
- The prize is not transferable or exchangeable for cash.
- Winners' parents/guardians must complete our registration process and forms by 15 February 2024, or forfeit the prize.



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Virgin Active Waterfall

THE WOMAN AT THE WHEEL

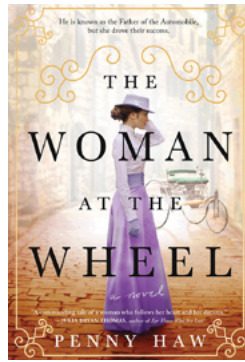
By Penny Haw

Carl Benz may be known as the “Father of the Automobile,” but Bertha Benz was the woman behind the wheel driving the world into a new era. *Woman at the Wheel* is a gorgeous historical fiction novel that takes a peek under the hood, examining the life of a fascinating woman who refused to let men hit the brakes on her revolutionary machine.

This is inspiring historical fiction, based on the real life of Bertha Benz, whose husband built the first prototype automobile, which eventually evolved into the Mercedes-Benz marque.

“Unfortunately, only a girl again.”

From a young age, Cäcilie Bertha Ringer is fascinated by her father’s work as a master builder in Pforzheim, Germany. But those five words, which he wrote next to her name in the family Bible, haunt Bertha.

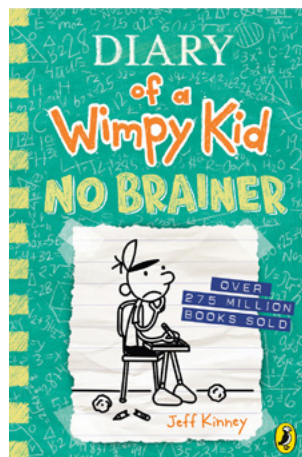


Years later, Bertha meets Carl Benz and falls in love with him and his extraordinary dream of building a horseless carriage. Bertha has such faith in him that she invests her dowry in his plans, a dicey move since they alone believe in the machine. When Carl’s partners threaten to withdraw their support, he’s ready to cut ties. Bertha knows the decision would ruin everything. Ignoring the cynics, she

takes matters into her own hands, secretly planning a scheme that will either hasten the family’s passage to absolute derision or prove their genius. What Bertha doesn’t know is that Carl is on the cusp of making a deal with their nemesis. She’s not only risking her marriage and their life’s work, but is also up against the patriarchy, Carl’s own self-doubt, and the clock.

Like so many other women, Bertha lived largely in her husband’s shadow, but her contributions are now celebrated in this inspiring story of perseverance, resilience, and love.

Price: R350.00



DIARY OF A WIMPY KID: NO BRAINER

By Jeff Kinney

Up until now, middle school hasn’t exactly been a joyride for Greg Heffley. So, when the town threatens to close the crumbling building, he’s not too broken up about it.

But when Greg realises this means he’s going to be sent to a different school than his best friend, Rowley Jefferson, he changes his tune. Can Greg and his classmates save their school before it shuts down for good? Or is this the start of a whole new chapter for Greg?

Price: R270.00

BE USEFUL: SEVEN TOOLS FOR LIFE

By Arnold Schwarzenegger

The seven rules to follow to realise your true purpose in life – distilled by Arnold Schwarzenegger from his own journey of ceaseless reinvention and extraordinary achievement, and available for absolutely anyone.

The world’s greatest bodybuilder. The world’s highest paid movie star. The leader of the world’s sixth largest economy. That these are the same person sounds like the setup to a joke. But this is no joke. This is Arnold Schwarzenegger. And this did not happen by accident.

Arnold’s stratospheric success happened as part of a process. As the result of clear vision, big thinking, hard work, direct communication, resilient problem-solving, open-minded curiosity, and a commitment to giving back. All of it guided by the one lesson Arnold’s father hammered into him above all: be useful. As Arnold conquered every realm he entered, he kept his father’s adage close to his heart.



Written with his uniquely earnest, blunt, powerful voice, *BE USEFUL* takes readers on an inspirational tour through Arnold’s toolkit for a meaningful life. Arnold shows us how to

put those tools to work, in service of whatever fulfilling future we can dream up for ourselves. He brings his insights to vivid life with compelling personal stories, life-changing successes and life-threatening failures alike--some of them famous, some told here for the first time ever.

Too many of us struggle to disconnect from our self-pity and connect to our purpose. At an early age, Arnold forged the mental tools to build the ladder out of the poverty and narrow-mindedness of his rural Austrian hometown, tools he used to add rung after rung from there. Now he has shared that wisdom with all of us. As he puts it, no one is going to come rescue you - you only have yourself. The good news, it turns out, is that you are all you need.

Price: R370.00

Waterfall City Classifieds

MEDICAL SERVICES

AUDIOLOGY/HEARING

Hearcare Waterfall Hearing and Balance Clinic 011 304 7920
Free hearing screenings. Home visits in Waterfall City estates. Rooms: Waterfall City Netcare Hospital. www.hearcare.co.za

OCCUPATIONAL HEALTH PRACTITIONER

Occupational Health Medical Screening (Red tickets) and Travel Clinic 082 862 7892
Address: 181 Bekker Road, Vorna Valley, Midrand. Booking is essential: midrandkohc@krielhealthcentre.co.za

OPTOMETRIST

Specsavers for affordable eye care, contact our experienced team.
Mall of Africa 010 612 6440
Optometrists Marlie Joubert and Monica Naicker
Book online: www.Specsavers.co.za

VETERINARY SERVICE

Midrand Veterinary Hospital 011 315 1575 / 071 047 7172
Premium companion animal care. Enhancing the unique relationship between you and your pet through uncompromising care and service. www.midrandvet.co.za or info@midrandvet.co.za

GENERAL SERVICES

BABY AND CHILD CARE

Call Sarah Austin 071 135 9996
Available in the Waterfall City area. Sarah has 15 years' experience in baby and child care and she has recently moved to Waterfall City. She is available on a full-time/part-time/ad hoc basis. References/CV available.

CLEANERS

Crisp and Clean 083 378 3331
Door-to-door, taking the hassle out of cleaning laundry, dry cleaning, upholstery and carpet cleaning.

DELIVERY SERVICE

Mr Delivery Midrand 011 315 2926

FINANCIAL SERVICES

Discovery Financial Consultants
Marisa Cook 083 468 6466
Certified financial planner. I can assist individuals and businesses with life and risk cover, local and offshore investments, personal and commercial insurance, gap cover and opening Discovery bank accounts. Please contact me or email: marisac@discovery.co.za

HEALTH AND WELLNESS CARE

Divan du Toit Biokineticists 082 707 2068
Waterfall Virgin Active
Email: divandutoitbio@outlook.com
www.divandutoitbio.com

HOME CLEANING SERVICE

Clean My Bed
Jonathan Akal 069 797 6370
Clean My Bed is a medical grade, deep clean sanitising service that removes dust mites and pet dander to help with allergies.
Email: jonathana@cleanmybed.com or visit: www.cleanmybed.com

Clean My Space ZA 076 251 2263
We are a Domestic Cleaning Service offering peace of mind to homeowners. We exist to ensure that household chores do not interrupt your already busy calendar. Book us daily, weekly or monthly on our website: www.cleanmyspaceza.co.za, or WhatsApp 076 251 2263. If you prefer to speak to a human, call us on 076 251 2263. Clean My Space ZA is based in Kyalami and services the Waterfall City and Kyalami areas.

HYPNOSIS

22 Steps
Lee-Anne 081 282 0461
Make positive changes. Gain greater control of your life. I can help you with anxiety and stress, exam stress, fears, weight loss, stop smoking, addictions, emotions/grief, relationship issues or self-confidence.

PET CARE

Animals Matter 082 445 8422
Animal Behaviourist (COAPE qualified DipCABT). Is your dog/cat displaying a behavioural problem such as aggression, anxiety, fear, constant barking, separation distress, feline scratching, inappropriate elimination or fighting? Then understanding why they do, is the first step in the behaviour modification programme. Please contact Jeanette Furstenburg. Email: jeanette@animalsmatter.co.za for a consultation.

PET & HOME SITTERS

Happy at Home 082 335 5096
An elderly couple with several years of experience will care for your precious pets in the security of your home. We have contactable references (Dainfern, Kyalami Estates, Fourways Gardens, Waterford Estate etc). Henry and Deidre Email: deidredevine8@gmail.com

Pet/Home Sitter 076 035 6908
Why leave your pets alone and away from home. Leave them in their own loving home. Mature Lady fills the gap. Contact Dee-Jean at djb160453@yahoo.com

PET GROOMING

Soapy Smooches Mobile Pet Groomers 061 087 8247
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RESTAURANTS

Mio Col'Cacchio Waterfall 010 596 8941
waterfall@colcacchio.co.za

SPEECH & LANGUAGE THERAPIST

Lara Ramos 082 480 6716
Specialising in both child and adult disorders. Email: l.d.ramos@hotmail.com

TUTORING

Maxi Brain Tertiary & Secondary Tutor 079 693 7190
Economics & management sciences subjects, bridging classes, private & groups.

TYRES

Supa Quick 011 466 3813
Kyalami Boulevard

HOME SERVICES, BUILDING & MAINTENANCE, APPLIANCE REPAIRS

ARCHITECT

Drawbox Design Studio 082 339 5834
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BUILDING

Care Construction and Paving 011 469 4300
Ian 083 250 3736
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Taylor Electrical 0861 102 174
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FLOORING

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Nontombi 064 519 4887
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Blue Pearl Procurement (BPP) 060 929 4201
We are suppliers and installers of premium decorative tiles, travertine, marble tiles, natural stone cladding, mosaics, and more. Our team handles each project with care and will provide you with a price range suitable for every budget. Call us or email: bluepearlinfo@gmail.com

GARDEN & POOLS SERVICES

Crewcut Gardens & Pools
Peter 082 450 1111
Mark 082 789 7916
Weekly garden and pool maintenance. We build new pools or remanufacture old ones. Suppliers of all pool spares, including pool pumps. Contact via email: peter@crewcut.co.za or mark@crewcut.co.za

GAS SUPPLY SERVICES

Falcon Gas 073 818 3532
Try our exceptional service for your LPG cylinder, refill/new cylinder supply. We comply to all Estate Safety & Security regulations. Free delivery to your home or business within Waterfall City. Email: falcogas.sa@etgworld.com

LOCKSMITH

Brad's Lock and Key 082 854 9898
All locks opened/fitted/replaced 011 802 4114
Also doors fitted/motors repaired/security gates custom-made. All work done by myself on-site. websites: bradslock.co.za/bradsgates.co.za
email: bradslock@telkomsa.net

MAINTENANCE

Waterfall Maintenance Guy 082 569 3962
Have you been neglecting your home maintenance during lockdown? We are fully operational for garden services to painting, paving, tiling, plumbing etc. Call Udesch for excellent prices, professional service and advice. Email: udesch@waterfallmg.co.za, or visit www.waterfallmg.co.za for more info.

PAINT & BUILDING SUPPLIES

Colour Creations 011 466 0065
Paint, hardware, plumbing and building suppliers in Kyalami.

PLUMBERS

Sandton Plumbers 083 460 9870
Maintenance & Construction experts. Over 36 years' experience. PIRB Registered & Solar Certified Installer.

PROPERTY MAINTENANCE

Carl Allan Property Maintenance 082 740 2356
Based in Waterfall City. We take care of all your maintenance: steelwork, carpentry, painting and all related repair work. Contact Carl Allan. Email: capm.renovate@gmail.com

REFUSE REMOVAL

Mr Rubbish cc 011 807 5200 / 082 571 6134
Garden refuse & junk removals, complexes & private wood chipper hire.

WATER SURVEYING

Aquaview Technologies 082 475 8875
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Waterfall City Contacts

Capacity	Name	Contact Number	Email
CEO - Waterfall Country Estate and Waterfall Village	Kenneth Gaynor	082 801 6875	kenneth@waterfallcountry.co.za
Estate Manager - Waterfall Equestrian Estate	Alwyn de Bruin	078 800 8177	alwyn@waterfallequestrian.co.za
Estate General Manager - Waterfall Hills Mature Lifestyle Estate	Shae Braithwaite	081 810 0770	shae@whra.co.za
Estate Manager - Waterfall Valley Mature Lifestyle Estate	Mel Adams	064 958 7091	estatemanager@waterfallvalley.co.za
Property Manager - The Polofields, Waterfall	Theo Marais	060 759 1580	estatemanager@polofieldswaterfall.co.za
Property Manager - Kikuyu, Waterfall	Tahirah Johnston	067 707 9755	estatemanager@kikuyuwaterfall.co.za
Assistant Property Manager - Munyaka Waterfall	Courtney Johnson	071 350 1743	munyakaem@munyakawaterfall.co.za
Property Manager - Ellipse, Waterfall	Branden Lizemore	081 482 7831	estatemanager@waterfallellipse.co.za
Property Manager - Waterfall View	Mpho Masikhwa	072 104 3547	waterfallview@elgaruwaterfall.co.za
Security Manager	Shawn Benningfield	076 144 8197	shawn@waterfall.co.za
Sustainability Manager	Ruan Spies	060 966 4211	ruan@waterfall.co.za
Attacq Leasing	Justin Smith	082 362 0800	justin@attacq.co.za



emergency numbers

DEDICATED WATERFALL CITY SERVICES

Fire Ops Waterfall City	083 622 6026
Netcare 911 Emergency Medical Services Waterfall City	010 209 8365

PETS & ANIMAL RESCUE

Animals in Distress	011 466 0261
Midrand Veterinary Hospital	011 315 1575
SPCA	011 265 9935
SPCA Midrand Emergency	083 441 1564
Sunninghill Village Vet	011 803 1221

OTHER SERVICES

Ambulance/Fire	10177
Ambulance/Fire/Metro Police	011 375 5911
Ambulance/Fire Midrand	011 847 4600
Carstenhof Clinic	011 655 5500
Crime Stop	086 001 0111
Midrand Trauma Support	076 979 9017
Netcare Emergency/Ambulance	082 911
Netcare Sunninghill Hospital	011 806 1500
Netcare Waterfall City Hospital	011 304 6600
Police/Flying Squad	10111
Police Midrand	011 347 1600

REMEMBER TO SUPPORT YOUR LOCAL RESTAURANTS WHEN YOU FEEL LIKE A NIGHT OUT!

NOVEMBER RESTAURANT COMPETITION

for our Waterfall City residents

The question for this month's competition:

How many awards did Waterfall City win at the African and Arabian Property Awards 2023?

Please email your answer along with your full name, your cell number, your residential development name and your stand or apartment number, detailing 'Waterfall City Restaurant Competition' in the subject line, to: competitions@eiapublishing.co.za. The winner will receive a R500 meal voucher from one of our participating restaurants.



Terms and Conditions:

1. Vouchers cannot be exchanged for cash.
2. Portions of the monetary value of the voucher cannot be refunded as "change".
3. Bookings need to be made in advance with the restaurant detailed on the voucher.
4. Service charges/gratuities are not included, regardless of any balance left over after the meal.
5. Vouchers will be numbered. Please provide your voucher number when you make your reservation.
6. The competition is open to all Waterfall City residents over the age of 18.
7. Indemnity: The publishers, Waterfall City and any other associated parties are not responsible for the fulfilment of the service from the restaurant once the prize has been awarded.
8. The winner will be notified by email.

WINNER

CONGRATULATIONS TO:

Silindile Myeni, our October winner who wins the R500 voucher.

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