



**WATERFALL
CITY**

ISSUE 7 | 2024



WATERFALL CITY MATURE OLYMPICS

Waterfall City's
Logistics Hub
expands

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Waterfall City
Field Guide
Update 2024



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Black & Mojave Beige Leather, R2 050 000



2023 – Cayenne GTS Tiptronic
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Welcome!

How old is too old? The limits that used to be imposed by age are continually being stretched by people proving that your years are no obstacle to activity. Residents of the Waterfall Hills and Valley Mature Lifestyle Estates did just that recently by staging their own Waterfall City Mature Olympics 2024, combining an active lifestyle with a sense of community. In our cover story this month, we chat to the residents who organised it about their success in bringing together the two estates for friendship and friendly rivalry.

Another success story driven by some of our residents is the *Waterfall City Field Guide*. A 2024 update for the guide has been compiled and is now available for download on the Community Portal. The digital update illustrates all the newly discovered indigenous flora and fauna over the past year.

A plant that is beautifully prevalent in Waterfall City is the Aloe, and so we also have a great article by STM Landscaping dedicated to this fascinating species.

We love innovation at Waterfall City, and so are trying something new with 'Lifestyle Stories,' designed to elevate and enrich your life through a collection of exclusive vouchers that provide access to premium services and experiences across the City. Hopefully you've already found your box of vouchers with this copy of the magazine, and you can read about how it works inside. Another treat you might like to try is hair glossing, and an article by Conditioned Hairdressing describes the procedure. Why not test it for yourself with their special offer?

Petrol-heads among us will enjoy reading about some upcoming events, including the Get Ready To Race Experience when LEGO® hits town. Kids can earn a LEGO® racing licence, crew a racing pit, and build their own sportscars, while adults can test drive the LEGO® McLaren MP4/4 F1 car. Meanwhile, the BMW Car Club is also coming

to Waterfall City for its annual classic car event, the Concours d'Elegance, which promises to be a feast of elegance and innovation.

On the shopping and commercial front, Mall of Africa has grown its international diversity by welcoming Tramontina, a Brazilian kitchenware specialist. Also new is a logistics hub designed by Attacq to meet the demand for high-quality, affordable warehousing spaces here in Gauteng. The warehouses of various sizes will appeal to small and medium-sized businesses, so if your company is seeking space, read on.

Financially speaking, we often say that cash is king, and our PSG Wealth column looks at how cash liquidity is crucial for taking advantage of equity opportunities.

Our regular Netcare article features a success story about little Resego Lekgema, who was badly burned in a house fire and has spent months being treated by a multidisciplinary team at Netcare Waterfall City Hospital. It's a life-affirming read.



In closing, a message of congratulations to Life Landscapes, the landscaping company for the Waterfall Equestrian Estate, who recently attained a Gold Award of Excellence in the Landscape & Turf Maintenance category, from the South African Landscapers Institute (SALI). They also attained a Gold Water-wise Award. Well

done on these fantastic achievements, which is certainly testament to the time and effort that goes into the standard of landscaping for the estate.

Until next time,
Waterfall City Management Company

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Waterfall City's

MATURE OLYMPICS 2024

"Never put an age limit on your dreams,"

- Dara Torres, four-time Olympic champion, swimming

At the Waterfall Mature Lifestyle Estates (Waterfall Hills and Waterfall Valley), there has been no need to wait for the Paris 2024 Olympics in July-August this year, as these estates have hosted their very own during April and May, showing everyone how important it is to engage in an active lifestyle and foster a community of care when retiring.

The making of the games

The Mature Olympics 2024 is the brainchild of Pam Fletcher, an Ex-Physical Education (PE) teacher who lives at Waterfall Hills Mature Lifestyle Estate. Alongside Linda Evans from Waterfall Hills, Ronelle Baker, Events Co-ordinator at Waterfall Valley and a very able team of around 50 dedicated individuals, they created their own Olympic Games for the Mature Lifestyle Estates in Waterfall City. Pam's vision was to re-ignite friendships, skills, and cross-estate interaction.

"We always wanted the two estates to work more closely together to get people out of their homes and socialising. The thinking was that one may have once upon a time enjoyed a certain physical activity, and there are likely some enthusiastic sportspersons among us keen to show off their talents. We also wanted to create great spectatorship opportunities, especially for those not partaking, and showcase our estates' amazing facilities."

The action kicked off in April, and an admin team was appointed to plan the opening ceremony. According to Linda, many questions arose.

"What is the history of the Olympic Flame, and how would we symbolically replicate it, with Olympia being the birthplace, then carried to The Games? How would one carry a lit torch from the Waterfall Valley Mature Lifestyle Estate through the streets of Waterfall City to Waterfall Hills? Was permission required or, heaven forbid, a police escort needed? Do we have a willing Torch Bearer to run the route? More importantly, how do we re-enact the tradition with authenticity and in compliance with health and safety regulations, yet realistic enough to interest our residents?"

Several meetings, ideas and collaboration with various residents and Waterfall City Management brought it together. As a result, the Mature Olympics 2024 kicked off with a mini opening ceremony at Waterfall Valley, where Greece was represented by resident Ekaterini Baumann Markaki, dressed in national colours and an olive wreath crown, who handed



Torch Bearer and resident Brenda Fitzgerald at the Waterfall City Mature Olympics 2024 mini opening ceremony.



Waterfall City Mature Olympics 2024 opening ceremony.



5km Park Run

over the 'flame' to Torch Bearer and resident Brenda Fitzgerald, a former world champion speed walker.

Willie Vos, CEO of Waterfall City Management Company, surprised everyone by arranging for Fidelity Guards' Tactical Unit to ensure safe passage up Waterfall Drive. Flashing lights followed the athletes and Torch Bearers, helping them navigate traffic and cross the busy Waterfall/Woodmead Drive intersection up to the Waterfall Hills Manor House.

"It brought a lump to one's throat to see the number of Mature Lifestyle Estate residents who came out to wish the Torch Bearers a safe journey whilst the music of Chariots of Fire rang out over the Waterfall Valley lawns. Groups gathered along the Boulevard of Waterfall Hills, waiting on the bridges and at the Manor House, where Willie gave a wonderful speech."

The Olympic Flame was ignited, and the Mature Olympic Games were declared "officially open".

Game on

Twenty-five games were organised, offering an exciting variety of activities catering to different interests and fitness levels. Some groups exceeded expectations, with the final participation number reaching the 650 mark.

The walking team leaders took on four different events: a Woodlands Park Run 5km timed race, a frosty 2.5km walk around the Hills for the estate strollers, the 10km River Walk and the 1km Assisted Walk.

"Total Care, the frail care centre at the Waterfall Hills Mature Lifestyle Estate, was committed to ensuring their frail care 'Olympians' contributed to The Games. The staff sang the national anthem, dressed in national or sports gear, carried flags, and provided water stations during the Assisted Walk. Support came from all avenues, including Paramedic Jenny Bryson and Fidelity Guard Jabulani Mkansi.

Outdoor aerobics was held on the Valley Estate lawn outside the clubhouse, which had a great sound system. Aerobics instructor Olivier Leclaire put everyone through their paces with synchronised movements.

"The golfers 'pitching, chipping, bunker shots and putting' required some recruiting and alluring promises of the benefit of the 19th hole," laughs Linda. The course was prepped and made ready courtesy of Southern Turf Management, who upgraded the flags and hole liners and cut new holes for the greens.

Alongside the active games, including bowls, gym, swimming, Zumba, croquet and table tennis, there were also mental challenges, such as canasta, bridge, and chess tournaments. Boules was even played for the first time in many years – an event led by Una Rolands, who says she studied the rules and decided to 'give it a go'. The Waterfall Bird Club also held three events, including a walk along the Jukskei River.



Golf



Outdoor aerobics



Table tennis



The biggest drawcard event: social bridge.



Gym



Swimming



Zumba



1km Assisted Walk



2.5km Hills Walk



Frail Care Olympians and their carers ready to set off on the 1km Assisted Walk.

"What was impressive is how the true spirit of the Olympics was taken up by our residents," says Pam. "The principles of Olympism are Excellence, Respect and Friendship. I always stressed that the aim and objective of the event was not to win and be the best at everything but to get out of the comfort zone that you may be in. Challenge yourself, support others, learn something new, and enjoy life to the best of your ability right now."

All the game hosts managed their events well over the two months, going the extra mile to ensure an enjoyable and successful time for participants. No less than 650 medals were handed out over the 25 activities. "Everyone loves being a winner, especially for a Geldhof handmade Belgian chocolate medal," smiles Linda.

A gala dinner was held on 7 June to close the Mature Olympics 2024 and recognise the contributions and success of everyone involved in making it a memorable and triumphant celebration of active aging.

Baron Pierre de Coubertin, the founder of the modern Olympics, once said: "The most important thing in the Olympic Games is not winning but taking part; the essential thing in life is not conquering but fighting well."

The Waterfall City Mature Olympics 2024 not only proved that athleticism and enthusiasm is well and truly alive in the senior residents at Waterfall Hills and Waterfall Valley, but it also highlighted the strong community spirit and the importance of staying active and engaged at any age.

Fun facts

The oldest participant – 98-year-old Tony Dinham, entered for swimming.

Most active – Lilith Wynne participated in eight physical events at 86.

The biggest drawcard event was the social bridge with 76 participants, followed by a lavish tea.

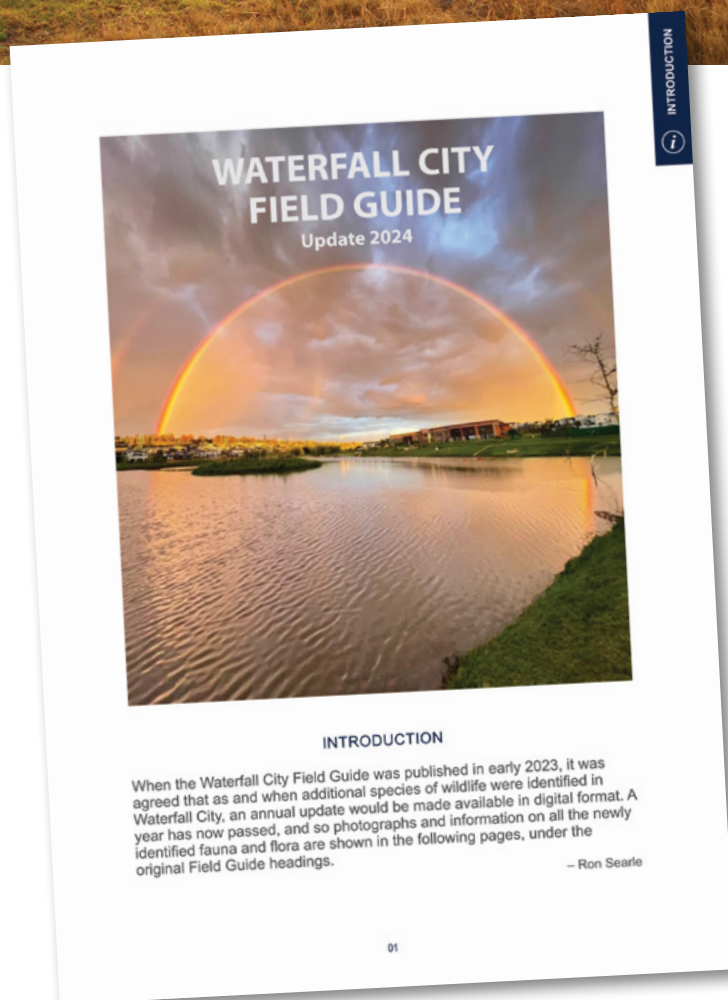
The most emotional event was the 1km Assisted Walk, during which 44 medals were handed out to frail care and mobility-challenged participants and their carers.

WATERFALL CITY FIELD GUIDE UPDATE 2024



The *Waterfall City Field Guide*, published in May 2023, is a limited edition, 170-page publication, which details the history of Waterfall City, its location, topography, climate, ecology and geology. It also lists and illustrates all the indigenous trees and shrubs, mushrooms and fungi, wildflowers, grasses, birdlife and wildlife, fish, insects and more, alongside a fold-out map of the green belt areas. In short, it's the definitive guide to the natural wonders of Waterfall City and a fantastic legacy for its creators – six proud Waterfall City residents.

When the *Waterfall City Field Guide* was published, it was agreed that an annual update would be made available in digital format when additional species of wildlife were identified on the various estates within the development. Ron Searle, who had the resourcefulness to



INTRODUCTION

When the *Waterfall City Field Guide* was published in early 2023, it was agreed that as and when additional species of wildlife were identified in Waterfall City, an annual update would be made available in digital format. A year has now passed, and so photographs and information on all the newly identified fauna and flora are shown in the following pages, under the original Field Guide headings.

— Ron Searle

conceive of the original Field Guide, was also the driving force behind the update.

Over the past year, our intrepid nature enthusiasts have made some exciting discoveries. A plethora of new plant and animal life has been identified, and you can find all this information and photographs in our digital *Waterfall City Field Guide Update 2024*. Organised under the original Field Guide headings, the update is a treasure trove of new knowledge waiting to be explored.

As we know, weather can have adverse effects on all living things and in the past year, Waterfall City experienced some extreme weather conditions. On 13 November 2023, a violent and devastating hailstorm caused considerable damage to the green belts, with a large-spotted genet, as well as many bird and insect species, falling victim to the storm. And, despite heavy rainfall in the summer months of '23, rainfall for the entire year was only second highest at 1,004mm of the past 10 year period, positively and negatively affecting our local biodiversity.

Despite this, many new species have been identified, big and small, over the year.

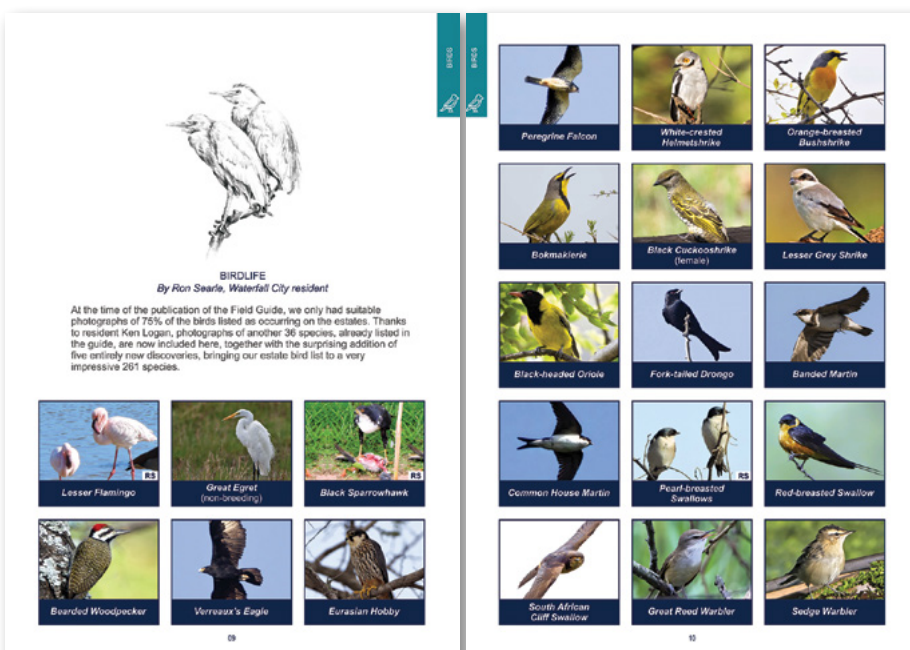
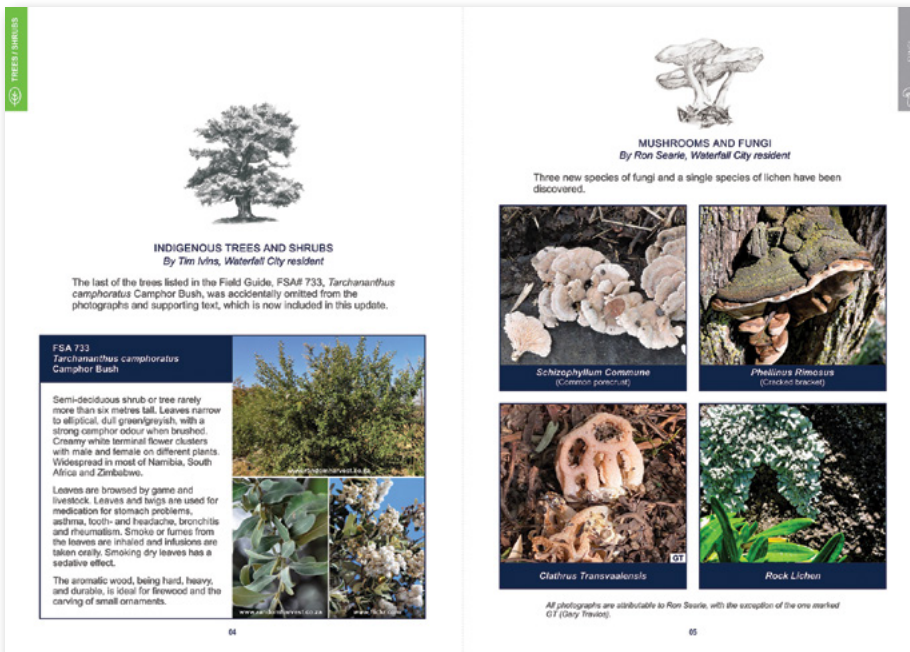
Plants

An astounding 18 additional species of indigenous wildflowers have been discovered. This is all thanks to the tireless efforts of residents Elias and Hildi van Dyk, who have been diligently exploring and documenting the flora on our estates.

Three new species of fungi and a single lichen species were also found. One is the unique-looking *Clathrus Transvaalensis*, characterised by a cream or pink-coloured receptacle.

Animals

At the time of publication, the Field Guide only showcased the



photographs of 75% of the birds listed. Thanks to resident Ken Logan, photographs of another 36 species, already listed in the guide, are now included in the digital *Waterfall City Field Guide Update 2024*, together with the addition of five entirely new discoveries, bringing our estate bird list to a very impressive 261 species. The five newly discovered birds are the Lesser Flamingo, Verreaux's Eagle, Klaas's Cuckoo, Southern Red-billed Hornbill, usually spotted in the dryer bushlands, and the White-browed Sparrow-weaver.






Insects form a substantial part of our Waterfall City habitat, so it is no surprise that 29 new species have been discovered. Some additions are the Common Metallic Longhorn, the Spotted Maize Beetle, and the unusual Lunate Ladybird (larva depicted).

Moths have also created a stir. The past year has yielded 12 new moths and two new butterfly species.

Spider-wise, the update features two new species and the web of the previously included Hairy Field Spider. These webs are commonly seen in the grass of the green belts in the early mornings, covered in dew. The African Giant Land Snail was also spotted, which is always a great sighting.

The digital *Waterfall City Field Guide Update 2024* is now available on the Waterfall City Community Portal for residents to download and print, should they wish to. It has been designed to fit into the printed guide – perfect for reference and safekeeping.



A limited number of printed copies of the *Waterfall City Field Guide* are still available. Waterfall City residents who want a copy of the book, can email customercare@waterfallcity.co.za with your name and address details for verification.



GENUS	SPECIES	COMMON NAMES
Phoenicopiteridae	minor	Flamingos
Phoenicopiteridae		Lesser Flamingo
Accipitridae		Kites, Hawks and Eagles
Aquila	verreauxii	Verreaux's Eagle
Cuculidae		Cuckoos
Chrysococcyx		Klaas's Cuckoo
Bucconidae		Hornbills
Trogon	rufirostris	Southern Red-billed Hornbill
Phoenicopiteridae		Waxbills and Waxwings
Ploceus	mahali	White-browed Sparrow-weaver

All photographs are attributable to Ken Logan, with the exception of the few marked RS (Ron Searle) and MP (Mike Pope).

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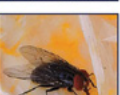





INSECTS
By Ron Searle, Waterfall City resident

This chapter, having the greatest potential for new species, generated an additional 29 species of insects for the Field Guide.

SCIENTIFIC NAMES	SA COMMON NAMES
Chlorophanes longicaudata	Silverfish
Urothemus asagratia	Red Basker
Genus Bantus	Cockroach Family
Genus Trimeris	Snouted Harvester Termite
Abasus viridipennis	Locust
Cantharis ruficornis	Garden Locust
Family Coridae	Tegid Weller

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MOTHS AND BUTTERFLIES
By Ron Searle, Waterfall City resident

Yet another chapter with relatively high potential for new species, particularly moths, yielded 12 moth and two butterfly species discovered.

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OTHER INVERTEBRATES
By Ron Searle, Waterfall City resident

This chapter has four new species. Although the Hairy Field Spider was recorded in the printed Field Guide, its web is now also included amongst the update photos, since it is so commonly seen in the grass of the greenbelts in the early mornings, covered in dew.

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Waterfall City's

LOGISTICS HUB EXPANDS

Completed in April 2024, Waterfall City's latest logistics development by Attacq introduces three state-of-the-art warehouses and ancillary offices designed to meet the growing demand for high-quality, affordable, custom-built logistics spaces in the economic hub of Gauteng. Attacq's decision to initiate the development came after thorough feasibility studies and an in-depth analysis of market trends.





Features and benefits

These newly completed warehouses, which range between 4,400m² and 5,319m² in size, offer several benefits designed to appeal to small and medium-sized businesses looking to expand their local footprint. The strategic location within Waterfall City Logistics Hub provides excellent visibility and access to the N1 highway and other major arterial routes, making it easier to manage and streamline distribution and supply chain channels.

The development also prioritises environmental sustainability with features including:

- Energy-efficient LED lighting throughout.
- Performance glass to reduce HVAC usage.
- Low-flow sanitary fittings to minimise water consumption.
- Roofing designed for solar panel installation.

Additional eco-friendly measures include using low VOC paints, recycled steel, dual flush actuators for toilets, rainwater harvesting compatibility, and a backup water supply. These initiatives align with Attacq's commitment to reducing environmental impact and promoting sustainable design and business practices.

A promising start

Before the project's completion, one of the warehouses had already been leased, indicating strong market interest and confidence in the quality of the development. Two units remain available, allowing businesses to secure space in a thriving logistics hub known for its comprehensive infrastructure and strategic location.

"We are proud to be at the forefront of logistics development in Waterfall City, a rapidly growing mixed-use precinct," says Debbie Theron, Attacq's Head of Asset & Property Management – Mixed Use. "The demand for high-quality logistics space is significant, and we are excited to offer facilities that meet modern business needs."

This development strengthens Waterfall City's position as an attractive collaboration and industrial hub in South Africa, which already boasts clients such as Cotton On, Vantage Data Centers, Cummins, Plumblink, Zimmer Biomet and Massbuild. It also extends the Waterfall City Logistics Hub by an estimated Gross Lettable Area (GLA) of 14,641m².

For leasing inquiries, contact Justin Smith on 082 362 0800 or via email at justin@attacq.co.za



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In line with Waterfall City's mission of creating a place people love to be, we are thrilled to bring you, as an awesome Waterfall City resident or valued client, our exclusive "Lifestyle Stories," designed to elevate and enrich your life. This initiative is a testament to our commitment to enhance the overall well-being and lifestyle of the Waterfall City community through a selection of bespoke high-end vouchers.

Elevate your life

"Lifestyle Stories" promise to bring a touch of luxury and refinement to your everyday life. We understand that true wellness is achieved through a balance of mind, body, and soul. With this in mind, we have curated a collection of exclusive vouchers from various retail outlets across our city that provide access to premium services and experiences, chosen specifically to enhance your quality of life.

Wellness at the forefront

At the heart of the "Lifestyle Stories" campaign is a dedication to wellness.

We believe that self-care is an essential component of a fulfilling life. The vouchers include access to top-tier beauty salons, renowned hair studios, a fitness outlet, and luxurious spas. Whether you're looking for a rejuvenating facial, a relaxing massage, or a complete makeover, our partners are ready to provide you with unparalleled service and attention to detail, at exclusively reduced rates.

Savour the finest

For those who appreciate the finer things in life, the vouchers also extend to some of the most upmarket restaurants in Waterfall City. Indulge in exquisite fine dining experiences that tantalise the taste buds and provide the perfect setting for memorable moments.

Luxury stays

In addition to beauty, dining and wellness experiences, our "Lifestyle Stories" include a voucher for a stay at the luxurious Courtyard Hotel ensuring an unforgettable and relaxing staycation.

Indulge and enjoy!

Included with this edition of the Waterfall City Magazine is a small box containing your set of vouchers. We invite you to make use of every one. "Lifestyle Stories" is an opportunity to rediscover the joy in life's little moments and to invest in your personal wellness and happiness.

We hope you will enjoy exploring these exciting experiences and start writing your own lifestyle story today. Elevate your life with Waterfall City's "Lifestyle Stories" – because you deserve nothing but the best.

All vouchers are valid until 30 June 2025. Please take note of the Ts & Cs issued with each voucher to ensure you understand the voucher's applications and limitations. All bookings are subject to availability.

TRAMONTINA

Joins the Mall family

Mall of Africa adds another global retail outlet to its growing collection of amazing shopping experiences.

Tramontina, a Brazilian company founded over 100 years ago, has grown from a small iron mill in Southern Brazil to a global enterprise, with nine factories producing over 22,000 high-quality products. Today, Tramontina exports to over 120 countries worldwide. The company manufactures a wide range of household items, from kitchenware and cookware to tools and furniture. In South Africa, Tramontina focuses on providing high-quality, yet affordable kitchen products.

The Tramontina T-Store is a relatively new retail concept launched by Tramontina. It serves as a dedicated retail space where customers can explore and purchase a wide array of Tramontina products. The T-Store at Mall of Africa is the first of its kind in Africa. Several aspects set the T-Store apart from other kitchen or homeware stores, including its product range, brand experience, design and ambiance, service and support.

The T-Store offers an extensive selection of Tramontina products, such as kitchen utensils, cookware, and cutlery. This diverse range allows customers to experience the full variety of the brand's offerings.

Featuring a modern and inviting ambiance that reflects the brand's aesthetic values, it includes well-organised displays and sections dedicated to different product categories.

"We offer excellent customer service, with knowledgeable staff providing detailed information about the products and their uses. We also offer after-sales support and warranty services," says Team Tramontina.

Overall, the Tramontina T-Store aims to provide a one-stop shopping experience for customers interested in high-quality household and kitchen products, reflecting the brand's heritage and commitment to excellence.

Shop 2145

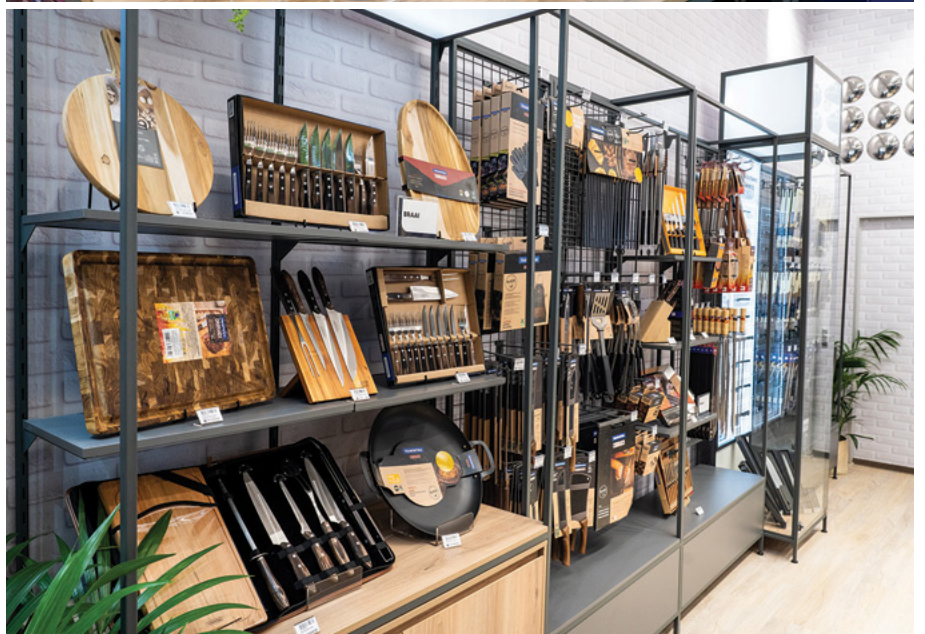
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MUST DO EVENTS

Exciting times are ahead at Waterfall City with two fun events for petrol heads and the launch of the new Wellness Wednesdays campaign! All coming up in the months of July and August.



GET READY TO RACE

Experience the excitement of the LEGO® Vehicles Campaign
5 – 14 July
Mall of Africa Centre Court
Entrance: Free

Petrol heads of all ages: put your pedal to the metal and race down to Mall of Africa for the ultimate LEGO® racing extravaganza!

Kids can earn their LEGO® racing licence at the door and enter the #LEGOBuiltforSpeed arena, where they can immerse themselves in a thrilling race against the clock to change tyres in the pit. Pass the pit test and move on to the garage, where LEGO® builders can put their brick building skills to the test before heading to the exciting racetrack to unleash their unique LEGO® car creations.

Once they pass the tests, the young racers will be rewarded with time to enjoy free building with LEGO® cars and other creations of their dreams, along with the chance to get their photo taken on the winners' podium.

Grown-up gearheads don't despair – there's also plenty of LEGO® racing fun

for you to look forward to. For starters, test drive the iconic LEGO® McLaren MP4/4 F1 car, with its authentic and slick F1-style tyres and a uniquely designed wishbone suspension element.

The high-octane thrills don't stop there – next, hop into the driver's seat of the LEGO® Technic Mercedes-AMG F1 car, a 1:8 scale model complete with six-cylinder engine with moving pistons.

And if that's not enough to get your motor running, lift the hood on the LEGO® Speed Champions collection that's sure to get vintage car lovers revved up. From the uber cool Lamborghini Lambo V12 Vision GT super car to the sought-after Porsche 963, kids over 10 and adults alike are sure to find their super car soul mate in one of the LEGO® Speed Champion builds.

Don't miss out on this thrilling day on the track. Head to Mall of Africa's Centre Court to enjoy this free family experience and to see where the world of fast cars and epic LEGO® brick builds are set to collide.
#LEGOBuiltforSpeed

WELLNESS WEDNESDAYS

July Wellness Wednesdays: BODYTEC
17, 24 & 31 July
Waterfall Wilds
011 100 5566, WA: 074 616 3220

Time to get fit and stay healthy with Waterfall City's Wellness Wednesdays, a campaign to promote wellness throughout our amazing city. Each month, we'll spotlight a different company's Wellness Wednesday offer, starting with BODYTEC in July.

To celebrate their birthday month, BODYTEC Waterfall is offering you a free trial session worth R195 at Waterfall Wilds studio on any Wednesday this July. Plus, if you sign-



up for any of their memberships, they'll throw in the rest of July free!

Use code WATBDAY when booking to claim the offer.



ITOO ANNUAL BMW CAR CLUB GAUTENG CONCOURS D'ELEGANCE 2024

Sunday 25 August

Waterfall City Park, Mall of Africa

09:00 – 16:00

Entrance: Free to spectators

This year the BMW Car Club Gauteng celebrates the 43rd anniversary of the Concours d'Elegance, the most prestigious classic car event on the Club calendar.

The Concours will also form part of the launch programme of the official BMW Group South Africa-endorsed book, *BMW – The Unique South African Story*. The book highlights the extraordinary history of BMW in South Africa over the last 50 years and tells the story of how the first factory outside of Germany was started in Rosslyn.

It comprehensively details the people and the cars that made the BMW South Africa story so unique, displaying the passion, determination, ingenuity and competitive spirit. This book is a dream come true for any BMW enthusiast, so come and meet the authors to find out first-hand what makes this book so special and get your personalised signed copy.

On display this year:

1. SA 1800 (adapted from the Glas 1700)
2. SA 2000 (adapted from the Glas 1700)
3. BMW E12 530 MLE (first M car in the world, preceding the M1 of which only 108 were made)
4. BMW E12/8 M535i (South Africa was the only market to install the interior of the next generation 5 Series E28, into the E12 range)
5. BMW E23 745i (used the same engine as found in the M1, the M88 motor)
6. BMW E30 333i (deprived of the E30 M3, the 333i was exclusively developed for the South African market)
7. BMW E30 325iS

Other special BMWs on display:

1. M1 (BMW's first super car)
2. Numerous BMW motorsport racing icons

There will also be several other models displayed by Club members ranging from the '30s, up to M cars from the mid-2000s. BMW Midrand, a sponsor of the event, will showcase some of the latest M and i models too, plus there will be plenty of BMW merchandise for BMW enthusiasts of all ages.



The Concours competition

The judging panel will be made up of members of the BMW Car Club Gauteng committee, as well as well-known and respected BMW experts.

These are the various classes that participants can enter in:

1. d'Honneur Preserved – this class is for entrants who have won the d'Etat class before, with BMWs that are completely original – as it left the factory.
2. d'Honneur Restored – this class is for entrants who have won the d'Elegance class before, with BMWs that are not completely original, or which have been restored.
3. d'Etat – BMWs that are completely original – as it left the factory.
4. d'Elegance – BMWs that are not completely original or which have been restored.
5. Show 'n Shine – this class is for novice or first-time entrants.

Trophies will also be awarded for:

- Best Classic
- Best Classic Coupé
- Best 2002
- Best E30/325iS
- Best M Car
- Best 5 Series
- Best 7 Series
- Best 8 Series

For more information contact:

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ALL ABOUT ALOES

By Emile Bolton, STM Landscaping

Aloes are a significant and diverse group of plants in South Africa, renowned for their unique aesthetic, ecological, and economic value. They form an important piece of the puzzle regarding the Waterfall City landscape with strategically placed aloes in common areas creating visual appeal, and self-seeding aloes located on the green belts. The unique look and majestic colours of our aloes are a welcome sight in a dormant Gauteng winter.

Here's an in-depth look at these fascinating plants:

Overview

- **Genus:** Aloe
- **Family:** Asphodelaceae
- **Distribution:** South Africa boasts a wide variety of aloe species, with some endemic to specific regions.

Species diversity

South Africa is home to around 155 aloe species, making the country a hotspot for aloe diversity.

Habitat

Aloes thrive in various habitats, including arid regions, rocky outcrops, and grasslands. They are particularly well-adapted to drought conditions due to their succulent nature.



Gauteng has wet summers with high humidity, which makes aloes prone to fungal infections and root rot. That is why it is important to maintain aloes with a preventative fungicide spray programme during the summer months to ensure they are healthy and flashy in winter.

We use a broad-spectrum fungicide and bactericide with the active ingredient copper oxychloride. This product can be used as both a preventative and curative aid.

Ecological importance

Pollinators: Aloes are important for pollinators like bees, birds, and

butterflies, especially during the dry season when other flowers are scarce. It is especially beneficial to the green belts in Waterfall City to attract more birds, bees and butterflies to the biodome.

Aloe flowers typically bloom once a year, producing tall stalks with clusters of tubular flowers that range in colour from yellow to red or orange. After the flowering period, the flowers will naturally wither and dry out. The following stages occur:

- **Blooming:** Aloe plants produce flowers on long stalks, typically during spring or summer, depending on the species and growing conditions.



A variety of aloes on Waterfall Drive and Simlak Drive.



Aloe transvaalensis and *arborescence* at Gate 6.



Aloes in full bloom at Gate 4.



Aloe marlothii in its natural environment in Willowmore in the Eastern Cape. Notice how the dead leaves at the bottom assist the aloes to maintain balance.



This photo illustrates aloe rust, anthracnose disease and basal stem rot (Fusarium).



Cutting the leaf is devastating to the aloe as the lesion is an entry point for disease and bacteria.

- **Pollination:** Flowers can be pollinated by birds, insects, or wind. If pollinated, they may produce seeds.
- **Withering:** After a few weeks, the flowers will begin to wither and dry out. The stalk will also start to dry up.
- **Seed production:** If the flowers are pollinated, seed pods might develop. These pods will eventually dry out and release seeds.
- **Removal:** Once the flowers and stalks are completely dry, they can be pruned to maintain appearance and health.
- **Regrowth:** The aloe plant will continue to grow and may produce new flowers in the next blooming cycle.

Cultural significance

Aloes hold cultural importance in various South African communities, often used in traditional medicine and rituals.

Conservation

While many aloe species are thriving, some are threatened by habitat loss, over-harvesting, and climate change. Conservation efforts include habitat protection, cultivation, and research on sustainable harvesting.

Economic value

Aloe ferox and Aloe vera (though not native) are commercially cultivated for their gel and extracts, used in



Fungicide being applied.

cosmetics, pharmaceuticals, and health products. The aloe industry contributes significantly to the local economy through the production and export of aloe-based products.

Aloe research

Institutions like the South African National Biodiversity Institute (SANBI) conduct research on aloe conservation, taxonomy, and sustainable use.

Did you know?

- Aloe ferox can grow up to 10 feet tall and live for several decades.
- The spiral pattern of Aloe polyphylla is one of nature's most intriguing geometrical displays.

In summary, aloes in South Africa are an integral part of the country's biodiversity, culture, and economy. Conservation and sustainable use are key to preserving these remarkable plants for future generations.



Aloe marlothii flower in bloom in one of Waterfall City's green belts.



Bird feeding in Waterfall Country Village Estate.



Bee pollinating Aloe cooperi in one of Waterfall City's green belts.



Locust feeding on an Aloe cooperi flower at Waterfall Valley Mature Lifestyle Estate.



**Netcare Waterfall
City Hospital**



A STORY OF TRIUMPH

over life-threatening burn injuries

Rescued from a devastating house fire, more than half of Resego Lekgema's tiny body was severely burnt, leaving her fighting for her life for months in the specialised paediatric intensive care unit (PICU) at Netcare Waterfall City Hospital.

Now, after some six months in the hospital, six-year-old Resego is continuing her recovery after being discharged to the Netcare Rehabilitation Hospital and making progress that a few months earlier seemed impossible.

"When Resego was admitted to the PICU at Netcare Waterfall City Hospital in October last year, she had burns covering almost 60% of her total body surface area and 10% inhalation burns inside her lungs," says paediatric intensivist Dr Palesa Monyake.

The little girl was placed on an oscillator machine to support her breathing, and a multidisciplinary team of medical practitioners, including Dr Monyake, a paediatric pulmonologist, paediatric surgeon Dr Vered Lack, and the caring nursing staff, set about the long and painstaking process of treating her burns and fighting the ever-present threat of infection.

"Resego has had a very difficult road, but from the start, she showed incredible tenacity. Her body's immune system was in shock, and she

developed sepsis and multi-organ failure, which are unfortunately fairly common with severe burns. Several times, we feared for her life, but somehow, she pulled through," says Dr Monyake.

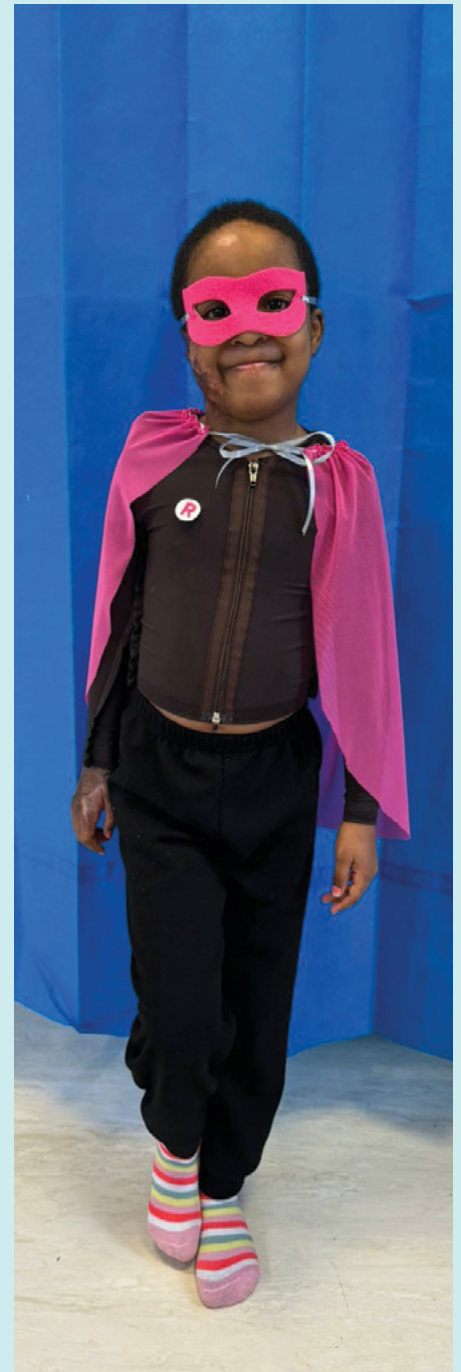
After five long months in the hospital with her parents and devoted grandmother by her side, Netcare Waterfall City Hospital staff threw a party for Resego to celebrate that she was finally well enough to be discharged for the next stage of her recovery.

"In late February, when she was breathing well and could eat, Resego was transferred to us at Netcare Rehabilitation Hospital," says Professor Andre Mochan, a neurologist who practises at the medical rehabilitation facility.

"After being so ill, Resego's lungs, heart, liver, and other organs were affected, and from being confined to a bed for so long, we needed to help her rebuild her muscles and regain her functioning.

"The burn scars on her face, limbs and trunk also needed to be carefully managed. As scars heal, they contract, making movement difficult and potentially disfiguring if not appropriately addressed," he says.

"Although pain was not a significant feature anymore by this point, Resego



After six months in hospital, little Resego Lekgema has made a remarkable recovery from burn injuries.

was scared, anxious and irritated after the trauma of her experience and months in intensive care. At first, she was withdrawn and shy, not wanting to talk to anyone, and it wasn't easy to win her trust so we could start some of her therapies.

"Soon, our perseverance was rewarded, and she has become a happy little chatterbox. She's been an absolute angel and the most cheerful child in the ward," says Prof Mochan.

Jessica Erasmus, an occupational



Resego is pictured with her mother, Rebaone Lekgema (left), and paediatric intensivist Dr Palesa Monyake (right), during her admission for intensive therapy at Netcare Rehabilitation Hospital.

therapist and member of the multidisciplinary healthcare team caring for Resego at Netcare Rehabilitation Hospital, which also includes a dietician, physiotherapists, a social worker, and a psychologist, says that Resego was initially nervous about engaging with her new therapy team.

“My first three days with Resego were primarily aimed at getting a little smile out of her. It wasn’t easy to draw her out of her shell, but our dance parties really helped her to open up to us.

“We soon discovered she has a very playful nature; she’s constantly engaged and making good progress so far. She’s been doing physiotherapy to build her muscles and help keep the scar tissue supple to maximise her range of movement.

“Scarring only matures after two years, and so we have a window of opportunity to make the most of the various therapies, including scar massage and pressure garments to promote healing and the reorganisation of fibres in the scars, keeping them flat and smooth,” Erasmus says.

“Splints are also helpful to prevent stricture of the healing scars at the joints, and in Resego’s case, her right arm and knee have been splinted in the pressure garments she sleeps in to assist in keeping the scarring at these crucial joints as flexible as possible.”

Over time, Resego may require surgeries to release the tight scar tissue as she grows. However, she continues to progress in leaps and bounds.

Resego’s mother, Rebaone, expressed her gratitude to all the specialists, nurses and other health practitioners at Netcare Waterfall City and Netcare Rehabilitation Hospitals for everything they have done to help her daughter through the family’s ordeal.

“We have been supported with kindness and prayers, and our hearts are full of thanks for Resego’s recovery. She is getting better every day, and our prayers have been answered,” said the family from Delareyville Atamelang in the Northwest.

“Resego is doing so well. To see how far she has come and knowing all she has been through, it is an absolute miracle to see her smile now,” Dr Monyake concludes.

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CASH IS KING

How cash can help you capitalise on equity opportunities

By Wendy Myers, Head of Securities, PSG Wealth

Have you ever heard the expression 'cash is king'? Well, cash isn't always king when considering investing in securities, but it certainly has a place. Cash can be an effective tool when investing in securities, and investors should be aware of the different types of cash solutions and how their securities portfolios can benefit from having access to them.

A savvy investor understands the critical role of cash when investing, and a cash solution that offers timely access to cash is essential. While you are invested in cash, you also want the comfort that your funds earn returns to contribute to your portfolio's investment performance.

Cash liquidity is crucial to take advantage of equity opportunities when they arise

Benjamin Graham, the father of value investing, said, "The best way to measure your investing success is not by whether you're beating the market but by whether you've put in place a financial plan and a behavioural discipline that is likely to get you where you want to go."

Once you have defined your financial plan and are contributing cash towards your portfolio regularly (ideally monthly), you will need a 'parking space' or short-term vehicle for this cash to reside whilst you consider your next investment. Therefore, a critical requirement of any share trading platform is a cash solution that allows you to deposit and withdraw seamlessly and provides you with immediate access to your cash when stocks reach attractive entry or exit levels.

How does this strategy help investors grow their long-term wealth?

An overnight cash product is the most effective solution for short-term cash requirements. This kind of product works well when you want



Wendy Myers, Head of Securities, PSG Wealth

to take advantage of market volatility and still have easy access to cash if the security you intend to invest in is trading at a good entry-level.

All equity investment platforms can offer an overnight cash product that meets these requirements. These cash solutions provide an overnight interest rate but differ from provider to provider, so choose your platform wisely.

Investing in a money market fund is another option for investors who want to hold a cash position a bit longer and are prepared to give up the benefit of immediate access to their funds. If you choose this option, access to your funds can take two to three days from the day you send the instruction until you are disinvested from the fund. Once the funds are in your bank account, you also need to factor in the time for your bank to deposit the funds into your investment account.

Most money market funds aim to maintain the value of your investment while still generating a respectable level of income. These funds provide a higher interest return than the overnight rate to compensate you for the lack of immediate access.



Factors to consider when selecting an appropriate vehicle

When deciding on the most appropriate vehicle for cash holdings in your portfolio, it is important to understand the different interest rates earned on your funds after platform fees and the accessibility of the funds. What you give up in accessibility, you earn in increased interest rates.

In addition, if a material percentage of your portfolio is invested in cash, you need to understand the impact this may have on your portfolio returns. Returns from overnight cash and

money market unit trusts may not keep up with inflation, which means that the value of your investment may decline in real terms over time.

For this reason, it is important to understand how much money you are comfortable keeping in cash and how much to invest in equities.

Equities are the single asset class historically shown to outperform inflation, so it is important to understand the need to balance exposure to different asset classes to ensure you grow your long-term wealth and achieve your ultimate investment goals.

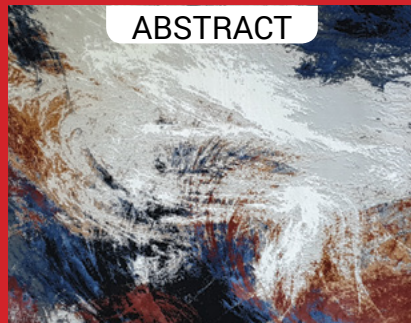


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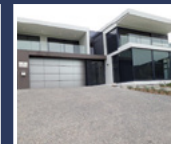
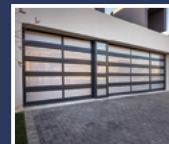
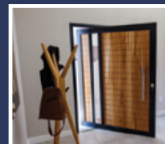
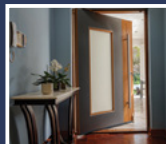
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Discover the magic of hair glossing

Hello, beautiful hair enthusiasts! At Conditioned Hairdressing, we believe in making every day a great hair day and are thrilled to introduce you to the transformative power of hair glossing. This incredible treatment has a fascinating history and offers many benefits that can enhance your hair's natural beauty.

The origins and evolution

Hair glossing originated as a subtle colouring and conditioning treatment designed to refresh and maintain hair colour between dye appointments. Over time, it has evolved into a popular service known for its ability to add shine, enhance colour, and improve hair health. The treatment works by coating the hair cuticle, which protects the hair by balancing its pH levels and imparts a radiant, rich, glossy finish. Hair glossing can neutralise unwanted tones, such as brassiness, and can be used to add a subtle tint, making it perfect for clients looking to refresh their colour without undergoing a complete dye job.

Perfect for special occasions

One of the reasons hair glossing has gained immense popularity is its ability to deliver stunning results that look especially beautiful in photos. Whether it's a wedding, a party, or any other special event, a hair gloss treatment ensures your



hair looks vibrant, shiny, and healthy. The treatment is often ammonia-free and gentle, making it suitable for all hair types.

See the difference

To help you experience the magic of hair glossing, we offer you an exclusive July promotion at Conditioned Hairdressing in Polofields Crossing. Visit us and enjoy any of our fantastic hair services, from cuts and colours to styles and treatments. Don't miss out on this great offer. Book your appointment today and let us pamper you.



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How to deal with

BULLYING BEHAVIOUR

By Nicola Killops



Bullying is a pandemic. Bullies comes in all shapes and sizes, and sometimes, the act of bullying is so subtle that it is almost impossible for the victim to articulate or pinpoint. It can be physical, psychological or emotional.

But what is bullying exactly? On the surface, it's about children having disagreements or getting into moods and taking this out on a vulnerable child. On a deeper level, it's about a child showing a disturbingly mean streak and going all out to pick on one or more of his or her peers and to then ostracise them by teasing, mocking, humiliating, belittling or physically attacking them.

Why do some children bully others?

Bullying is intentional, repetitive and the result of an imbalance of power. Children who bully are often deeply insecure and need to empower themselves by weakening others. There are often issues at home that leave the child desperate for attention, and they lash out elsewhere instead of at the root of their emotional pain.

Delving deeper, it's often discovered that the bully is or was himself a victim of bullying at some point. It's a distorted way of paying it forward to regain self-esteem.

Ensuring safety at school

The Western Cape Education Department has established a plan of action called the Safe Schools Programme, which works with schools to ensure safe school environments needed for successful teaching and learning. According to a study conducted by Safe Schools, bullying is rampant in South African schools with about 3.2 million children being bullied annually.

When surveyed, children defined bullying as both verbal and physical abuse, and more than 67% of children who had been bullied did not seek help from an adult because they didn't believe it would do any good or they



It's important that you help your child articulate what is happening to them. How you do this will depend on their age.

feared that reporting it could make the situation worse. In South Africa, there is a lot of pressure on children and adults not to be labelled a "snitch", hence the apathy shown by our society towards whistleblowers.

Interestingly, only 4% of kids surveyed said that they knew someone who had been bullied. This is because bullies can be subtle and often ensure that their actions are not seen, or when they are in public, their bullying behaviour is disguised as horseplay and the victim is too embarrassed to speak out, often chuckling along just to fit in.

Twenty years ago, if a child was being bullied at school, going home at the end of the school day was a reprieve. But in today's world, the bully follows the child into the sanctity of their private space, thanks to social media. Incidents of cyberbullying are on the rise and unfortunately, legislation has lagged when it comes to seeking legal recourse.

Even with the introduction of the Cybercrimes Act – which aims to reduce and prevent cybercrime in South Africa – it is difficult to avoid cyberbullying and to seek help.

Consequences of bullying

The effects of bullying on the victim's emotional and mental health are far-reaching. The victim can lose their self-esteem and spiral into a state of depression and anxiety. This leads to further consequences such as substance abuse, self-mutilation, or even suicide. Sometimes the victim is forced to move to a different school to escape the constant humiliation.

Signs your child is being bullied

Children often suffer in silence, and some parents put their child's self-isolation or moodiness down to hormones, teenage angst or a phase they are going through. It is essential that you as a parent encourage open and honest communication with your child and make this a normal part of the family dynamic.

If your child is uncharacteristically bad-tempered, avoids school, avoids discussing school or shows a dramatic shift in their academic performance, it is cause for concern. Physical signs such as cuts or bruises, unexplained damage, or the loss of their belongings are also red flags.

What to do when your child is being bullied

The most important thing you can do is listen and let your child feel heard. Personalise it by sharing your own experiences if you were bullied as a child, but be careful not to undermine their experience by implying that it is normal behaviour that every child needs to deal with.

Speak to your child's teacher and seek guidance, but don't confront the bully or the bully's parents. It is natural for parents to be defensive and protect their children, but this will not fix anything.

You must also seek the necessary support for your child and yourself so as to equip them with the tools they need to handle the situation. Counselling is highly recommended.

It's important that you help your child articulate what is happening to them. How you do this will depend on their age. Methods include getting the child to draw and describe their pictures

or going for a milkshake and having a good talk.

Look at where your child is thriving and consider the subjects or activities that interest them. If they have a hobby they're passionate about or if they are involved in a favourite sport, help them use this as a channel for positivity and affirmation.

Equip your child with knowledge about the dangers of the online world – it's similar to warning them about stranger danger. Help them to navigate social media in a responsible way and be sure to take an interest in their online life. This can be tough when you have older teens; the solution is to keep a healthy channel of communication wide open.

The internet is ruthless – once something is out there, there is no taking it back. Children need to realise this, and they should never say or post anything online that they wouldn't share in person.

If your child is being taunted or bullied online – be it by someone they know or a stranger – understand that they need to feel safe in order to speak up about it. This means that you as a parent need to be open-minded. Never retaliate by belittling the child's enjoyment of online gaming or social media. It is part of their world, and they must learn to navigate it safely.

If you suspect or discover that your child is bullying another child, it is just as important to seek expert help and support. It's about getting to the root of the problem so that it doesn't become a long-term issue. Also, it's important for you to assure your child that you love them unconditionally and to guide them on how to go about setting matters right with the people they've bullied.

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Condé Nast Traveler, the respected and upmarket US publication for travellers, published a Readers' Choice list of the top safari lodges in South Africa last year. Read on to discover your favourite.

Londolozi, Greater Kruger National Park, Mpumalanga. Beyond just a game lodge, Londolozi sees itself as a platform to restore and heal the land.

Ulusaba Private Game Reserve, in the western section of the Sabi Sand Nature Reserve, Mpumalanga. Walk between treehouse-style rooms on swinging rope bridges or just watch the zebras and impala stroll by.

Moloti Safari Lodge, Madikwe, North West province. This wildly luxurious hideaway coexists with nature to put you up-close with the Big Five.

Lion Sands Game Reserve, Sabi Sand Nature Reserve, Kruger National Park, Mpumalanga. The unique treehouses couldn't be more romantic – lit by lanterns, candles, the stars and the moon.

andBeyond Phinda Private Game Reserve, Northern KwaZulu-Natal. Expansive views of the surrounding ecosystem from all six suites with private plunge pools provide the

perfect opportunity to view the Big Five from afar.

Grootbos Private Nature Reserve, Gansbaai, Western Cape. You can ride horses across the sands, past ancient sea caves; and go on flower safaris, tree-planting expeditions and whale-watching to see the calving Southern Right whales that migrate in shore between July and December.

Lepogo Lodges, Noka Camp, near Lapalala, Limpopo. Unparalleled luxury against the backdrop of the winding Palala River. Noka Camp boasts South Africa's first solar walkway and has an extremely light environmental footprint, with only 1% of the building touching the ground.

Morukuru Family House, Madikwe Game Reserve, North West province. Three free-standing luxury villas, each uniquely designed. (Think lots of raw blonde woods in the Farmhouse; stone fireplaces and sink-into-'em couches over at the River House; and a staff of



Tswalu Kalahari Reserve



Marataba Luxury Lodges, Marakele National Park



Morukuru Family House, Madikwe Game Reserve



andBeyond Phinda Private Game Reserve

eight, plus an infinity pool and African artwork at the Owner's House.)

Kapama Karula, near Kruger National Park, Limpopo. Light, airy, open spaces and views from every angle, Karula is truly the pride of Kapama Private Game Reserve. Effortlessly elegant and stylish, with its own wellness centre and spa.

Morukuru Family House, De Hoop Reserve, De Hoop, Western Cape. There are white-sand beaches, of course, but also access to the De Hoop Nature Reserve, a protected marine area with zebra and bontebok. You can simply chill on the beach or by the lodge's pool, but we'd suggest letting Morukuru's friendly, attentive staff fill your day with game drives through the reserve, mountain biking, sandboarding, snorkelling and more.

Samara Private Game Reserve, near Graaff-Reinet, Eastern Cape. A rewilding project on 67,000 acres of former farmland in the great Karoo,

Samara has a unique offering. Alongside game drives and guided bushwalks, guests can explore the Karoo's rich history on a fossil tour, sleep out in a star bed under the celebrated Karoo night skies and track Samara's most famous predator, the cheetah, on foot.

Tswalu Kalahari Reserve, near Hotazel, Northern Cape. The restaurant named Klein JAN gives guests a real culinary experience, using the traditions, ingredients and regional produce of the Northern Cape. Eight spacious little houses are built of red earth and rough-hewn beams, and each is tastefully outfitted with canopied beds and gauzy linens. Highlights include safaris on horseback, a small spa for post game drive massages, and the starriest skies you'll ever see.

andBeyond Ngala Safari Lodge, Kruger National Park, Mpumalanga. A timeless safari lodge ideally positioned on a private concession inside the highly acclaimed Kruger National Park.

Bushmans Kloof Wilderness Reserve & Wellness Retreat, Cederberg, Western Cape. The reserve serves as custodian to the 130 rock art sites, some that date back 10 000 years. Guided tours are offered and there are hiking trails (of varying difficulty) on the reserve, as well as opportunities for canoeing and fly-fishing at the dams on the property.

Marataba Luxury Lodges, Marakele National Park, Limpopo. The tents' contemporary yet earthy look is a refreshing, unique style. For those wanting alternatives to Big Five excursions, beyond vehicle drives, Marataba offers a must-do water safari.

For an exclusive game lodge and safari experience, give one of these a try when booking your next holiday – you're bound to be impressed.

Article courtesy of Travel News, www.travelnews.co.za



UNLOCK THE VALUE OF YOUR TREASURES

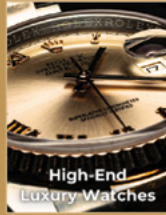
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R55 Main Road, Kyalami



Indulge in a food adventure at our restaurant, where every meal is made with care. Our delicious menu features a variety of mouth-watering options, including pizzas crafted in a traditional wood-fired oven, juicy burgers, loaded nachos, and tempting snack baskets. For the steak lovers, our perfectly grilled steaks are a must-try.

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Visit us today and discover why The Local Bar and Kitchen will become your new local.

THE LOCAL BAR & KITCHEN

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The Local Bar & Kitchen

R55 Main Road, Kyalami

"A wise and fresh approach to mindful parenting."
—Tara Brach, PhD, author of *Radical Acceptance*

RAISING GOOD HUMANS

A Mindful Guide to Breaking the
Cycle of Reactive Parenting and
Raising Kind, Confident Kids

Hunter Clarke-Fields, MSAE
Foreword by Carla Naumburg, PhD



Raising Good Humans

By Hunter Clarke-Fields

A kinder, more compassionate world starts with kind and compassionate kids. In *Raising Good Humans*, you'll find powerful and practical strategies to break free from "reactive parenting" habits and raise kind, cooperative, and confident kids.

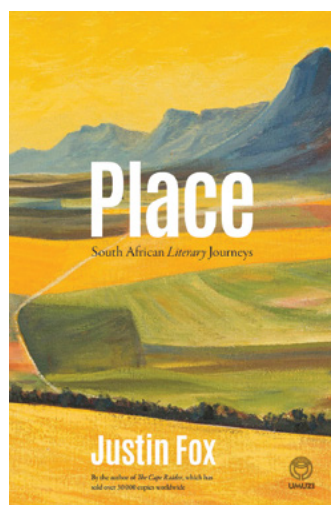
Whether you're running late for school, trying to get your child to eat their vegetables, or dealing with an epic meltdown in the checkout line at a grocery store, being a parent is hard work! And, as parents, many of us react in times of stress without thinking and often by yelling. But what if, instead of always reacting on autopilot, you could respond thoughtfully in those moments, keep your cool, and get from A to B on time and in one piece?

With this book, you'll find powerful mindfulness skills for calming your own

stress response when difficult emotions arise. You'll also discover strategies for cultivating respectful communication, effective conflict resolution, and reflective listening. In the process, you'll learn to examine your own unhelpful patterns and ingrained reactions that reflect the generational habits shaped by your parents, so you can break the cycle and respond to your children in more skillful ways.

When children experience a parent reacting with kindness and patience, they learn to act with kindness as well, thereby altering generational patterns for a kinder, more compassionate future. With this essential guide, you'll see how changing your own "autopilot reactions" can create a lasting positive impact, not just for your kids, but for generations to come.

Price: R419.00



Place

By Justin Fox

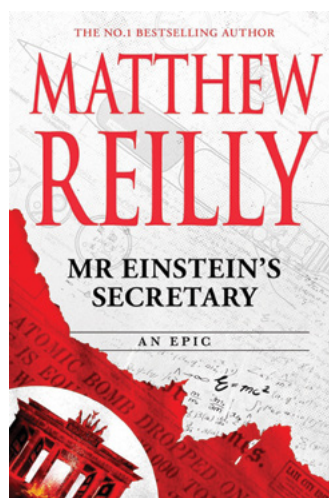
In this gripping travelogue, Justin Fox goes on a one-of-a-kind journey. Marrying his love for travel and writing, he sets off to explore the places of his favourite books. From the mountainous eastern Karoo of Olive Schreiner to the big-game Lowveld of Sir Percy Fitzpatrick, from Deneys Reitz's wide-open Cape interior to the

Bushveld of Eugène Marais's Waterberg, Fox reveals the majestic power of place.

Through the savannah of Herman Charles Bosman's Marico, the dusty plains of JM Coetzee's Moordenaars Karoo, the forests of Dalene Matthee's Garden Route, the subtropical hamlets of Zakes Mda's Wild Coast, and finally the sandstone crags of Stephen Watson's Cederberg, he brings to life the settings we've only seen through characters' eyes.

Place is a moving love letter to South Africa, merging literature and landscape, and taking the reader on a breath-taking journey – into the heart of South Africa's spectacular landscape and the inner-worlds of its most celebrated authors.

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By Matthew Reilly

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Waterfall City Contacts

Capacity	Name	Contact Number	Email
CEO - Waterfall Country Estate and Waterfall Village	Kenneth Gaynor	010 591 4671	kenneth@waterfallcountry.co.za
Estate Manager - Waterfall Equestrian Estate	Alwyn de Bruin	078 800 8177	alwyn@waterfallequestrian.co.za
Estate General Manager - Waterfall Hills Mature Lifestyle Estate	Shae Braithwaite	081 810 0770	shae@whra.co.za
Estate Manager - Waterfall Valley Mature Lifestyle Estate	Eugene van der Merwe	064 958 7091	estatemanager@waterfallvalley.co.za
Property Manager - The Polofields, Waterfall	Aveer Singh	060 759 1580	estatemanager@polofieldswaterfall.co.za
Property Manager - Kikuyu, Waterfall	Tahirah Johnston	067 707 9755	estatemanager@kikuyuwaterfall.co.za
Property Manager - Munyaka, Waterfall	Deon Steyn	072 178 9618	estatemanager@munyakawaterfall.co.za
Property Manager - Ellipse, Waterfall	Branden Lizemore	081 482 7831	estatemanager@waterfallellipse.co.za
Property Manager - Waterfall View	Sifiso Msibi	076 279 6753	estatemanager@waterfallview.co.za
Security Manager	Shawn Benningfield	076 144 8197	shawn@waterfall.co.za
Sustainability Manager	Ruan Spies	060 966 4211	ruan@waterfall.co.za
Attacq Leasing	Justin Smith	082 362 0800	justin@attacq.co.za



emergency numbers

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Netcare 911 Emergency Medical Services Waterfall City	010 209 8365

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Waterfall City Resale Agent Panel

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BOTHMA & CO REAL ESTATE

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CENTURY/WATERFALL REAL ESTATE

Norman Moore (Waterfall)
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Vanessa Hofmeyr (Century)
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082 937 1680
Candice Mitton
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082 363 0542

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Wyde Benn
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According to the Waterfall City Field Guide Update 2024 how many species of birds are listed in the estate?

Please email your answer along with your full name, your cell number, your residential development name and your stand or apartment number, detailing 'Waterfall City Restaurant Competition' in the subject line, to: competitions@eiapublishing.co.za. The winner will receive a R500 meal voucher from one of our participating restaurants.

Terms and Conditions:

1. Vouchers cannot be exchanged for cash.
2. Portions of the monetary value of the voucher cannot be refunded as "change".
3. Bookings need to be made in advance with the restaurant detailed on the voucher.
4. Service charges/gratuities are not included,
5. Vouchers will be numbered. Please provide your voucher number when you make your reservation.
6. The competition is open to all Waterfall City residents over the age of 18.
7. Indemnity: The publishers, Waterfall City and any other associated parties are not responsible for the fulfilment of the service from the restaurant once the prize has been awarded.
8. The winner will be notified by email.

WINNER

CONGRATULATIONS TO:

Oscar Lupondwana, our June winner who wins the R500 voucher.



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