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CITY**

ISSUE 5 | 2025



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Welcome!

A highlight of the upcoming Waterfall City Tournament of Champions promises to be the A-game of Casandra Alexander, an outstanding young golfer who gave the men a run for their money last year and is also Waterfall City's brand ambassador.

Casandra's career is on the rise, and she is our cover story this month. We catch up with her during some rare downtime in her international schedule. She recently won her sixth Sunshine Tour Ladies title, the Jabra Ladies Classic, and she's set herself the goal of beating the men at this year's Waterfall City Tournament of Champions challenge. It's bound to be an exciting event for spectators as well as the participants, and you can read more about the contest and Casandra's successes in this article.



Switching to a different kind of sport, Curro Waterfall recently hosted 248 learners from almost 30 schools across South Africa for a weekend of friendly rivalry at a thrilling Esports event. The event isn't just about gaming, it also fosters crucial digital skills, teamwork, friendships, confidence and strategic thinking. Find out more in our featured piece.

Our regular Meet the Chef page introduces Lorraine Mabe of Casa Bella's branch in Mall of Africa. Casa

Bella is an Italian chain, and here you can find out where Lorraine finds inspiration for new recipes and which celebrity chef she would be keen to cook for.

Our beauty article from Conditioned Hairdressing shares views on the importance of self-care. To celebrate Mother's Day, the salon is offering a special promotion throughout May – be sure to check it out!

Tiger Wheel & Tyre also features in our pages, with details about the services you can find at the Woodmead store. Since opening in 1999, the store has built a reputation for expert fitment services and a commitment to customer satisfaction.

A newcomer to the neighbourhood is The North Face. The popular clothing brand can kit you out for everything from conquering Everest to a chilly morning in Gauteng. Visit its latest branch in Mall of Africa.

Our Must Do article shares a host of Mother's Day offers, not-to-be-missed events and this month's exciting competitions. We also have our regular health and wealth columns, where the Netcare piece showcases smart tips for planning for a healthy pregnancy, while PSG Wealth advisors look at how and why investing in shares is still one of the best ways to create wealth over time.

Finally, we close with a message of good luck to Dr Taheera Hassim, a resident of Waterfall Country Estate and the recently crowned Mrs Curve South Africa 2024, who will be representing South Africa at the Mrs Curve Globe pageant in the USA in June 2025. Dr Hassim also practices at Netcare hospital and has authored this month's article on page 21.

Until next time,
Waterfall City Management

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Our Waterfall City ambassador

WANTS THE WIN

Over the past few months, pro golfer Casandra Alexander, our Waterfall City brand ambassador, has been busy with an exciting playing schedule, and a recent win – her sixth Sunshine Tour Ladies title, the Jabra Ladies Classic. We caught up with her to find out what she has been up to and what her 2025 golf diary is shaping up to look like.

We chatted with her while she worked on her swing at Royal Johannesburg Golf Club.

I actually have a rare week off, so I'm taking it easy on the golf course. I have just finished playing six weeks in a row, so I took three days off to rest. But I'm back at the range now. My training is all relative to where I have been and what I have been up to.

Congrats on your recent win!

Thank you. It's been a busy time, and it was great to get a win. I have been playing on the European tour in Saudi and Morocco, and I recently played in two co-sanctioned events, the Joburg Ladies Open at Modderfontein and the Investec SA Women's Open at Erinvale in the Cape. I have been quite tired from all the travelling and have literally spent 28 hours in an airport or on a flight in the last few weeks. Although I played well, my putting wasn't up to standard at Durbanville (Standard Bank Ladies Open), and I finished second. However, I was in great form for the Jabra Ladies Classic at Westlake, especially my putting, and I won, which feels great!

This means you have qualified for the Waterfall City Tournament of Champions.

Yes, you need to win a Sunshine Tour tournament to qualify, and now I have. It can be tricky, as the Sunshine Tour





in SA only has eight tournaments, and I miss a few while playing overseas, but now I have my qualifying win.

What are you hoping to achieve at this year's Waterfall City Tournament of Champions?

I want to beat the boys. I came up short last year, but I definitely gave them a run for their money. The men playing professional golf are so good right now, but I will bring my A-game and hope to have a good run.

And South African Disabled Golf Association (SADGA) are joining the tournament again this year.

I watched some of their tournament last year, but our games overlapped, so I missed their last day. I'm looking forward to watching again, and I would like to meet more players and discuss golf.

How does playing in this tournament again as the Waterfall City ambassador feel?

It does mean that everyone has high expectations. Right now, I'm leading the ladies, but I am feeling the pressure. However, pressure is a privilege – it means you are doing the right thing. I came second last year and plan to come first this year. I won't change my tactics compared to 2024, as I played as well as I could have. But I will undoubtedly play an aggressive game as I will be playing against the best of the best. I am also the ambassador for Royal Johannesburg Golf Course, so there is double pressure!

Are you excited?

The Waterfall City Tournament of Champions is special, and Royal Johannesburg is a world-class course. I grew up playing on these greens. Of course, all the previous winners and big players will be here, which is exciting. I also envision large crowds this year and a great vibe, which makes for a fun tournament. I think it's going to be bigger than expected. The unique format of the tournament makes every hole interesting too. You never quite know which is next, so it keeps you on your toes.

Do you get nervous playing amongst the pros?

I know 99% of the players; we all grew up playing golf together in the many mixed amateur sports events. Before my European tour card, I also loved playing the professionals as it makes you better. I plan to introduce all the women players to the men so everyone can get to know each other. We all stand together at the forefront of SA golf. In the end, we are just one entity trying to make golf in SA bigger and better and lay the foundations for future players. This unites us.

What's next?

I have a few tournaments to play over the coming months. Officially, I will only play in Europe again after the Waterfall City Tournament of Champions.

Which countries do you love to play in?

My favourite country to play in is Spain. I enjoy both Spanish



A view of the tournaments Casandra has played in since we last featured her and where she placed.

Tournaments in 2024

- La Sella Open, Spain, (Sept 19-22) = 41
- Aramco Team Series, China, (Oct 4-6) = 18
- Wistron Ladies Open, Taiwan, (Oct 10-13) = 12
- Aramco Team Series, Saudi, (Oct 31-Nov 2) = 17
- Team-PIF SLI, Saudi, (Nov 4-7) = 22
- Andalucia Open de Espana, Spain, (Nov 28- Dec 1) = 26

Sunshine Tour Tournaments in 2025

- Standard Bank Ladies Open, CT, (Feb 20-22) = 2
- Jabra Ladies Classic, CT, (Feb 26-28) = 1
- SuperSport Ladies Challenge, Sun City, (March 5-7) = 3
- Platinum Ladies Open, JHB, (March 19-21) = 3
- Absa Ladies Invitational, JHB, (March 27-29) = 5
- Joburg Ladies Open, Modderfontein, (April 3-6) = 2
- Investec SA Women's Open, CT, (April 10-13) = 2

Casandra also recently took part in the Aramco Team Series in South Korea from 9-11 May and will be playing in the Tenerife Women's Open in Spain from 5-8 June.

Before then, you can catch her on home soil at the Waterfall City Tournament of Champions, taking place at the famed Royal Johannesburg Golf Club's East Championship Course from 22-25 May. Tickets are R100 each, with under 16s and over 65s free. Tickets can be purchased at: <https://sunshinetour.com/tickets>.

and American courses; they really suit my game. Each country uses different grass on its courses. But it's not easy to play in the US. You must earn your spot by winning other tournaments, including in Europe.

There is also Q-School. This is an elimination process whereby 500 women play golf in a sudden death format to get one of only 50 tour cards to play the circuit for a year. The financial implications are sky-high too. Just getting there and taking part would cost around R350 000. It's a dream.

Well, the Olympics will be on American soil in LA in 2028.

Yes, that would be a dream come true. They only choose two players per country, so it will all depend on my world ranking. Last year, I was the first reserve.

So, how do you earn a living?

You need sponsorship, and you need to be a really good player to get it. Women golfers are not often sponsored, and our tournaments are not televised enough, so we get less exposure and fewer opportunities to play than the men. Thanks to my Waterfall City sponsorship, I am one of the lucky ones.

It was great catching up with our brand ambassador. We are looking forward to seeing her on the course at the Waterfall City Tournament of Champions. Good luck Casandra – we are backing you all the way!

MEET THE CHEF

LORRAINE MABE

Chef at Casa Bella, Mall of Africa

Fresh, authentic and carefully considered Italian cuisine is the focus of Casa Bella. They make Italian food the original way, and in this edition of our Meet the Chef series, we introduce you to one of the talented chefs heading up their Mall of Africa branch, Lorraine Mabe. Find out more about Lorraine's inspiration for new recipes, her favourite dish to prepare from the Casa Bella menu and which celebrity chef she would love to cook a meal for.

Q: When did you decide to become a chef?

A: I've been interested in food from a very young age, but I knew at nine that I wanted to become a chef.

Q: Did you study?

A: Yes, I studied at the Brinspur Training Academy.

Q: Do you have any accolades?

A: Not yet, but I have great ambition.

Q: What is your cooking style?

A: I am a seasonal person, so I base my menu on what is in season.

Q: What is your inspiration for new recipes/dishes?

A: I find inspiration in the challenge of making something work that technically shouldn't. It is the ultimate self-confidence boost.

Q: What is your favourite dish to prepare on your current menu and why?

A: I absolutely love preparing our Fettuccine Vongole (made with mussels and clams), as I love seafood.



Q: What is your favourite home-cooked meal?

A: It would have to be sour porridge and lamb curry!

Q: In your opinion, what is the most underrated ingredient and why?

A: I think fresh basil is totally underrated. Basil (and basil pesto) are my favourite ingredients as they lend a full-bodied, rich flavour to any dish.

Q: If you could cook with only three ingredients, what would they be?

A: I would say butter, chicken breasts and salt.



The Fettuccine Vongole is Chef Lorraine's favourite dish to prepare on the Casa Bella menu.



Meet The Chef Series

Q: What are the kitchen tools or appliances you cannot function without?

A: My cooking spoon and a sharp knife.

Q: If money were no object, what kitchen appliances would you invest in?

A: Most definitely the Snappy Chef stove!

Q: Who is your chef idol and why?

A: Lebogang Tlokana, 'The Funny Chef', who always gives great recipes!

Q: If you could prepare a meal for one celebrity, who would it be, and what would you serve?

A: I would love to prepare our Spinach and Ricotta Ravioli for Gordon Ramsay.

Q: What do you think of cooking shows? Do you have a favourite?

A: I am thoroughly entertained by cooking shows. They combine my love for food with added drama, and the opportunity to learn a new recipe – the perfect combo! Two of my favourite shows to binge at the moment are *MasterChef* and *Gordon Ramsay Masterclass*.

Q: What is your favourite South African dish to eat?

A: Pap and tripe.

Q: What will we always find in your fridge?

A: Lettuce, cucumber, tomatoes and milk.

Q: If you could choose your last meal, what would it be?

A: I would have to say Casa Bella's Beef Short Rib.

Q: What fast food is your secret indulgence?

A: Who can resist fresh and authentic spicy beef nachos? It is a given!

Q: Pro or anti air fryers?

A: Pro.

Q: If you weren't a chef, what would you be?

A: A musician.

Q: Any advice you would like to share with budding chefs?

A: To be a great chef you need to know that this is not just a job. Being a chef is a way of life; it is the every-day-all-day love for food and the creation process.



Casa Bella's Beef Short Rib would be Chef Lorraine's last meal of choice.

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CURRO ESPORTS

Where school spirit meets digital domination



At the end of March, Curro Waterfall hosted nearly 30 schools and 248 learners from across South Africa for a weekend of friendly rivalry, school pride and gaming excellence, at the 2025 Curro Clash Gauteng LAN (Local Area Network).

Curro Holdings' pioneering Curro Esports initiative is not just about gaming; it's a strategic move to engage a digitally native generation, foster crucial skills, teamwork and strategic thinking. The recent event served as a powerful demonstration of the programme's rapid growth and increasing appeal. Now only in its third year, the event has grown almost threefold from just eight schools and 95 players in 2023.

This exponential growth, as highlighted by Magdeleen de Kock, Curro Esports

Project Manager, underscores the burgeoning demand for structured competitive gaming opportunities at the school level. The event provided a platform for learners, both within and outside the Curro group, to compete across popular titles like Minecraft PvP, Rocket League, Overwatch, and Valorant, fostering teamwork, strategic thinking, and competitive spirit in a professionally managed environment.

Beyond the thrill of competition, Curro Esports is strategically cultivating valuable soft skills. De Kock emphasises that "Curro Clash is more than just a tournament. It's a space where learners grow in confidence, make friends and compete with integrity." This sentiment is echoed by Robert Marriot of Curro Heuwelkruin, who witnessed the programme's evolution from online

connections during lockdown to a vibrant physical event. This transition highlights the programme's ability to build tangible communities and foster interpersonal skills alongside digital prowess. Nelma Els-van Rooyen, the Head of Primary School at Curro Waterfall, further highlighted that Curro has been working hard to build up the Esports programme in South Africa. "We have seen good growth and new partnerships being formed, and it was amazing to help build on the progress this year from our side," said Els-van Rooyen.

The professional execution of the tournament, administered by the African Cyber Gaming League (ACGL) and featuring seasoned 'shoutcasters', lends credibility and excitement to the initiative. Live streaming on



Curro Esports' Twitch channel further broadens its reach, creating engagement opportunities for a wider audience.

This is where the strategic partnership with Waterfall City Management Company comes into play. Their sponsorship of five Curro Waterfall teams, including providing team shirts and a dedicated "chill area" for the learners, signifies a forward-thinking approach to brand engagement and nurturing a sense of community and belonging. By investing in the infrastructure and experience of the tournament, Waterfall City is not just gaining brand visibility; they are aligning themselves with an innovative educational programme that resonates with a tech-savvy youth demographic.

The success of the Curro Clash Gauteng

LAN, with winners from various schools including Curro Waterfall, St David's Marist Inanda, and Curro Aurora, highlights the competitive nature and broad appeal of the programme. Looking ahead, Curro Esports has ambitious expansion plans aiming to introduce regional LAN events across all provinces and scale the national Curro Clash to over 600 participants by October 2025.

"This year's Curro Clash proved that when schools invest in Esports, they're investing in their learners," states de Kock. "Confidence, collaboration and creativity thrive in this environment." As Curro Waterfall, now in its fourth year with its Esports programme, envisions a dedicated Esports arena, the initiative is positioned for continued growth and impact.

Curro Esports is not just keeping pace – it's leading the charge, proving that the spirit of competition knows no bounds, whether on a traditional field or within the captivating world of virtual arenas.

The overall winners for each title were:

- Minecraft:** Curro Waterfall for Primary and High School
- Rocket League:** Curro Sagewood (Primary School) and St David's Marist Inanda (High School)
- Overwatch:** Curro Aurora
- Valorant:** Curro Aurora

Photos by LVD Brand Brilliance.

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NEW IN THE HOOD

The North Face expands SA footprint with Mall of Africa store



The North Face has equipped explorers, athletes, and adventurers with world-class gear built for the most demanding conditions on Earth, since 1966. From Everest expeditions to local trails, the brand has cemented itself as a symbol of exploration, adventure and pushing boundaries.

Now, South African adventurers have another destination to gear up for their next journey, as The North Face has opened its latest retail store at Mall of Africa.

The new Mall of Africa location forms part of the brand's continued expansion and growth in South Africa. After Canal Walk, V&A Waterfront, Sandton, and Access Park, this fifth addition further strengthens The North Face's presence in key retail centres. Coupled with the convenience of its online store (www.thenorthface.co.za), the brand is more accessible than ever to South African explorers.

A legacy of exploration

The North Face was born from a passion for the great outdoors.

Founded by Doug and Susie Tompkins in San Francisco, California, the brand began as a small mountaineering retail store before evolving into a global leader in technical outdoor apparel, equipment, and footwear. Over the decades, The North Face has been at the forefront of innovation, pioneering industry-leading technologies and ensuring that adventurers can go further, faster, and higher in any condition.

While The North Face's roots lie in the mountains, its influence extends far beyond the peaks. From professional athletes to urban explorers, the brand has become synonymous with adventure, endurance, and the relentless pursuit of pushing limits. Whether summiting Kilimanjaro, trail running in the Drakensberg, or exploring the city streets, The North Face equips people to embrace the spirit of exploration wherever they go.

Why Mall of Africa?

As one of South Africa's premier shopping destinations, Mall of Africa is a fitting home for The North Face's latest retail venture. Situated in

the heart of Waterfall City, the mall attracts a dynamic mix of shoppers, from dedicated outdoor enthusiasts to lifestyle-driven consumers looking for high-quality performance wear. The North Face store at Mall of Africa offers a premium shopping experience, showcasing the latest collections across hiking, trail running, training, travel, and lifestyle categories.

The store features The North Face's signature 'Never Stop Exploring' ethos, with an inviting space designed to inspire adventure and exploration. Customers can expect guidance from knowledgeable staff, and an extensive range of products tailored to South Africa's diverse outdoor landscape.

So, whether you're planning your next expedition or simply looking to incorporate adventure into your everyday wardrobe, make sure to visit the store at Mall of Africa today. The next chapter of exploration awaits – where will it take you?

Find The North Face Mall of Africa store near Entrance 22, next to SportsScene.

MUST DO

From celebrating the superheroes in our lives, to giving back with Waterfall City Cares, enjoying exclusive shopping opportunities, or catching a good movie and exciting competitions, May is the month of Moms, Magic and Marvelous Moments. Here are some Must Do highlights to mark up on your calendars.

MAKE MOM'S MAY

Hand-picked for mom

In honour of your mom being your best bud and always 'be-leaving' in you, Polofields Crossing will be handing out gorgeous flowering plant seedlings to all shoppers on Sunday 11 May, to help make your Mother's Day extra special. Don't miss out!

11 May
Polofields Crossing
09:00 – 13:00



Love is in the hair

This Mother's Day month, bring mom (or your special person) to Conditioned Hairdressing for a pamper session on the house! While you get your hair done for the normal price, she'll receive a complimentary CH1 Moisturising Treatment – a deep hydration boost that leaves hair soft, shiny, and oh-so-touchable. Because at Conditioned, it's not just about hair – it's about how you feel when you leave that chair.

Valid throughout May
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Mother's Day Brunch

Give mom the day off and spoil her this Mother's Day with a relaxed and delectable brunch at The Protea Restaurant. Enjoy a special welcome drink, a buffet-style breakfast, the optional specialty items from the menu, as well as a selection of savoury and sweet treats.

11 May
The Protea Restaurant
Courtyard Hotel Waterfall City
10:00 – 12:00
R395 per person / Kids under 12 free
Bookings essential: cywaterfall.fb@citylodgehotels.com
Ts & Cs apply

Waterfall City Tournament of Champions 2025

It's almost time for the second edition of the Waterfall City Tournament of Champions! Celebrate the very best of South African golf as we showcase our Sunshine Tour and Sunshine Ladies Tour winners, as well as the leading golfers in the South African Disabled Golf Association. Make sure not to miss this exciting event. Buy your tickets today.

22 – 25 May
 Royal Johannesburg Golf Club
 East Championship Course
 R100 per ticket
 Free for under 16s and over 65s
<https://sunshinetour.com/tickets>



GIVE BLOOD, GIVE LIFE

Waterfall City Cares Give Blood, Save Lives

Be a hero in just 30 minutes! Roll up your sleeve, give blood, and give hope at the blood donation station. Your single donation can help save up to three lives!

10 – 11 May
 10:00 – 16:00
 Polofields Crossing
 Marquee next to West Pack Lifestyle

23 – 25 May
 10:00 – 16:00
 Game Court, lower level
 Mall of Africa

Silki at SOOK Mall of Africa

Silki is a South African-born skincare brand with active-packed formulas that do what they say. No gimmicks, no overcomplicated routines, just seriously good skincare. From its best-selling Hypochlorous Acid to the new ultra-glossy Body Gloss Oil Gel, every product is made to target real concerns. Silki is for every face, every tone, every type.

Find Silki at SOOK Mall of Africa until 2 June
 Near Crystal Court, Upper Level





Wellness Wednesdays

Lucky Bread is really 'rising' to the Wellness Wednesdays occasion with a 5% discount on all bread loaves every Wednesday. All their artisanal wood-fired bread is baked

freshly daily, lovingly made with local stone-ground flour and only the finest natural ingredients. Plus, you get to save some dough every Wednesday, too!

Valid every Wednesday throughout May
Lucky Bread
Mall of Africa
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What's on at the movies?

Here are this month's exciting new movie releases from Ster-Kinekor
2 May: *Thunderbolts*
23 May: *Lilo & Stitch*
23 May: *Mission Impossible: The Final Reckoning*
30 May: *Karate Kid: Legends*

Book today:
www.sterkinekor.com
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Win movie tickets to *Karate Kid: Legends*

Tell us the name of the kung fu prodigy in the new *Karate Kid* movie, starting 30 May at Ster-Kinekor Mall of Africa, and you could win 4 tickets. Email your answer to competitions@waterfallcity.co.za along with your name and contact number.

Competition closes 25 May
Winner announced 27 May
Ts & Cs apply

Waterfall City Competition

Win by showing us your Champion Spirit

Ever wanted to be an Honorary Observer at a golf tournament, walk the course with the Pros, hear all the banter, and see the game from their perspective? Well, here is your chance! Win one of four coveted Honorary Observer spots at the Waterfall City Tournament of Champions by sending a photo to competitions@waterfallcity.co.za showing us what being a champion means to you! Remember to include your name and contact number.

Competition closes 16 May
Winner announced 19 May
You must be available on either
24 or 25 May
Ts & Cs apply



Our schools are cool

Reddam House storytelling evening

Join Reddam House Waterfall Early Learning School's *Africanarra* event – a magical evening of storytelling under the stars for your little ones and your imagination. Bring snacks and a picnic blanket, snuggle in, and let the stories carry you to new places, where talking animals, brave heroes and wondrous lands come alive. Feel free to come dressed up as your favourite African story character.

23 May
17:00 – 20:00
Reddam House Waterfall Early Learning School

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**Netcare Sunninghill
Hospital**

Awareness matters:

YOUR BABY'S FUTURE

By Dr Taheera Hassim, Obstetrician gynaecologist, Netcare Sunninghill Hospital



Planning a pregnancy offers the opportunity to prepare an optimally healthy foundation for your baby's future health and development.

Obstetrician gynaecologist Dr Taheera Hassim, who practises at Netcare Sunninghill Hospital, says that in addition to quality antenatal and maternity care, the months leading up to conception are equally important when planning a baby.

"A pre-conception check-up can help identify factors that could impact your pregnancy and the life of your child forever after, empowering you to take proactive steps that can give your little one the best start to maximise their potential," Dr Hassim says.

10 tips for planning a healthy pregnancy:

1. Start taking folic acid supplements
2. Start getting into the habit of having a healthy, balanced diet. This not only improves fertility, but it can also have a positive impact on your baby's future health.
3. Cut back on caffeine, found in coffee, tea, fizzy and energy drinks, and chocolate, well before you plan to conceive.
4. Kick the unhealthy habits if you smoke, drink alcohol or use recreational drugs. These can seriously impact the health of the foetus if present in your system when you conceive.
5. If you are overweight or underweight, try to get closer to a healthy weight.
6. Start a good exercise programme, as this has been shown to improve fertility and makes for a healthier pregnancy and baby.
7. Make sure you have had your cervical screening test and screen for conditions that could impact your pregnancy.
8. Make sure that your measles, mumps and rubella (MMR) vaccination is up to date.
9. Discuss any chronic health conditions, your mental health, and all medications and supplements you are taking with your medical team well before falling pregnant. Never stop taking medication without consulting your treating healthcare professional.
10. Get to know your medical family history and your partner's and discuss any concerns or previous pregnancy complications with your obstetrician.

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INVESTING IN JSE SHARES

By Wendy Myers, Head of Securities at PSG Wealth

Investing in shares is one of the best ways to create wealth over time, and the best time to start is now.

Many investors find it overwhelming to know when to buy, when to hold and when to sell. They also mistakenly believe they should only buy when the market dips, hoping to capitalise on lower prices, which is a short-term investment mindset that can easily lead to missed opportunities.

When it comes to owning shares, adopting a long-term perspective allows you to benefit from the inflation-beating returns that this asset class provides.

How to buy shares

To buy shares, investors will need to open an account with a registered stockbroker. Once this is done, the account is funded before a trade can be made, meaning the investor places either a “market” order or a “limit” order to buy the shares.

Shares are the best-performing asset class over the long term, offering inflation-beating returns. However, they come with risks, including market fluctuations in response to macro-economic events such as interest rate hikes and inflation, as well as company-specific downturns such as CEO resignations or, in the worst-case scenario, fraud allegations. Investors



Wendy Myers, Head of Securities at PSG Wealth

must conduct thorough research before buying shares. A reputable stockbroking platform will provide reliable research that investors can reference before trading. This research guides the investor to identify the best buying points and highlights the potential upside.

Purchasing shares directly instead of through collective investments

Unit trusts and exchange-traded funds (ETFs) offer investors access to a diversified basket of shares at predefined percentage allocations. The benefits of buying shares directly are that investors can choose (based on their risk profile) which shares they wish to be invested in, in which sector and

the percentage allocation in the context of the full portfolio. Investors can also decide when to purchase the share, should they want to capitalise on short-term market fluctuations.

Holding period for shares and managing market fluctuations as an investor

If you invest in a solid company, a buy-and-hold strategy is recommended to benefit from long-term growth. Generally, financial experts advise holding shares for a minimum of five years to ride out market volatility and maximise returns. It's also wise to review your portfolio annually to ensure that no single share exceeds a 5% allocation. This strategy helps maintain diversification and reduces exposure to excessive risk. If any stock grows disproportionately in value, it may be necessary to rebalance your portfolio by selling a portion.

In conclusion, investing in shares requires emotional resilience. It is quite normal for share prices to fluctuate by 1% to 2% every day. For new investors, the market's occasional 3–5% swing can be unsettling. So, it's important to exercise patience and focus on your investments' potential for long-term growth. Speak to a certified financial adviser to assist you in paving the best route for your journey to financial wealth.

TIGER WHEEL & TYRE WOODMEAD

Keep rolling with expertise and care



The staff at Tiger Wheel & Tyre Woodmead.

Tiger Wheel & Tyre Woodmead has been a cornerstone of the local automotive community for over two decades, ensuring drivers in Woodmead, Waterfall City, and the greater Sandton area hit the road with confidence. Since opening its doors in 1999, this store has built a reputation for expert fitment services and a steadfast commitment to customer satisfaction.

More than just tyres

While their name speaks volumes, Tiger Wheel & Tyre Woodmead offers a comprehensive automotive service

suite to keep you moving safely and smoothly. Beyond a vast selection of leading local and international tyre brands to suit every budget and vehicle, they provide:

- **Wheel expertise:** Their technicians ensure optimal performance and handling, from precision wheel balancing and advanced 3D wheel alignment to in-house wheel straightening.
- **Essential fitments:** Need new wheels, a reliable automotive battery, or effective wiper blades? They've got you covered.
- **4x4 Adventures:** Catering to

the growing demand for off-road readiness, the Woodmead store is a dedicated 4x4 accessory fitment centre, equipping adventurers for any terrain.

- **Convenience and care:** Nitrogen tyre inflation is just one of the value-added services that sets them apart.

Service with a smile

What truly distinguishes Tiger Wheel & Tyre Woodmead is its unwavering focus on the customer experience. The team, led by the knowledgeable Riaz Khan, prides itself on providing trustworthy advice and award-



Riáz Khan, the store manager at Tiger Wheel & Tyre Woodmead.



winning service. They understand that vehicle maintenance can be a hassle, so they strive to make the process seamless.

Location, location, location

Strategically located near the bustling Woodmead Value Mart in Waterfall City, the store offers unparalleled convenience. Customers can drop off their vehicles and enjoy stress-free shopping, knowing their automotive needs are in competent hands. The spacious workshop, capable of handling multiple vehicles simultaneously, and ample on-site

parking further enhance the customer experience.

The Tiger Wheel & Tyre advantage

Tiger Wheel & Tyre's value proposition extends beyond expert service. They offer value-added options like tyre insurance and flexible payment platforms. The Tiger Advantage Plus loyalty programme, available on their app, unlocks tiered rewards and exclusive benefits.

Beyond the everyday services, Tiger Wheel & Tyre Woodmead

regularly offers national and in-store promotions – check their website or contact the store for the latest deals. For a little extra care, customers are always welcome to drop in for a free vehicle safety check and a complimentary cup of coffee.

Tiger Wheel & Tyre, Waterval Crescent, Woodmead
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MAY I PAMPER YOU?

By Conditioned Hairdressing

In today's fast-paced world, taking time to pamper yourself – and those you love – isn't just a luxury. It's a necessity. At Conditioned Hairdressing, we believe that self-care shouldn't be optional and that true beauty emerges when we prioritise care, rest, and rejuvenation. This May, as we celebrate the nurturers in our lives (yes, we're looking at you, moms), let's reimagine pampering not as an indulgence but as vital nourishment for the body and soul.

What do you get the mom who has everything?

Mothers are our first homes. Before we knew the shape of our own hands or the sound of our own voice, we knew the rhythm of her heartbeat. That comfort lingers through life – when everything else feels uncertain and overwhelming, a mother's presence brings rest.

Throughout our lives, this comfort takes countless forms. It's in the way she cools our fever with a gentle hand on our forehead. It's in her voice on the phone when we call with disappointing news. It's in the familiar scent of her kitchen, where countless problems have been solved over steaming cups of tea.

But even the most selfless nurturers need nurturing. Too often, moms pour from an empty cup. So, this Mother's Day, instead of another candle or scarf, give her what she truly deserves – a moment that's all her own! An appointment at Conditioned Hairdressing offers more than just great hair – it is a space to exhale, reset, and simply be. Check out our May offer and spoil mom this year.

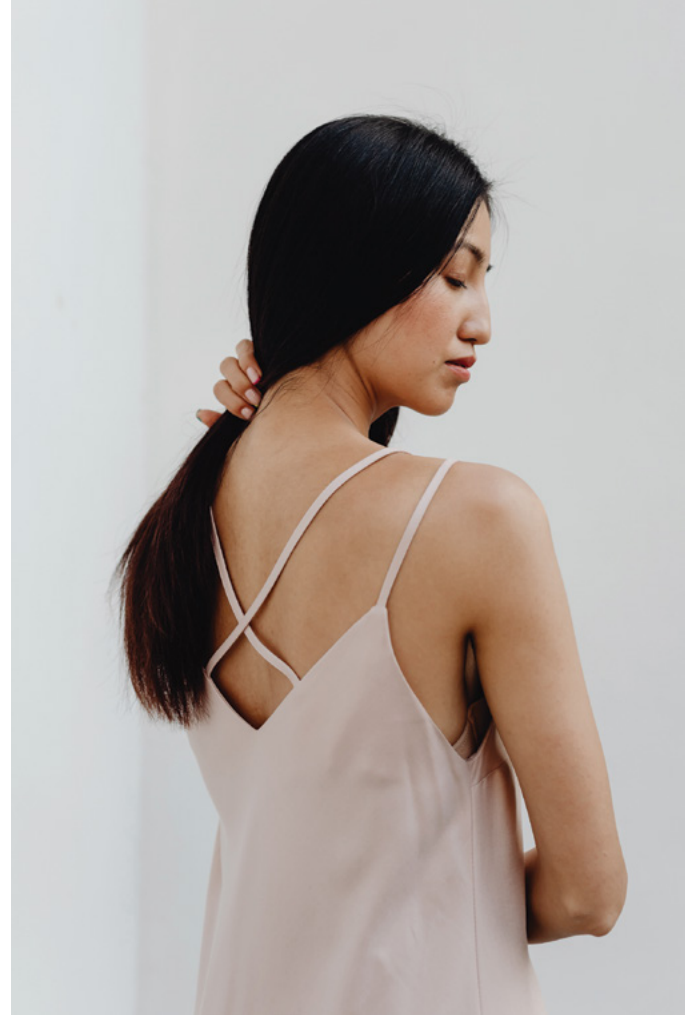
Don't forget the everyday heroes

Let's be honest – moms aren't the only ones deserving of a little TLC. What about your perpetually exhausted best friend who shows up with emergency chocolate when your day goes sideways? Or the serial swiper whose Tinder finger deserves its own physio session? And don't forget your miracle-working colleague who keeps the office running on nothing but A LOT of coffee and sheer determination.

And then there's that mystical creature you share your life with – the one who still finds you adorable, even with morning breath and a mood swing worthy of a Netflix drama. If they don't deserve a luxury treatment, we don't know who does.



So, this May, let's reframe the narrative. Let's stop waiting for breakdowns or birthdays to take care of ourselves. At Conditioned Hairdressing, we believe your hair – and your life – shouldn't just be manageable. It should be breathtaking.



Our May gift to you

Bring a special person to Conditioned Hairdressing this month, and while we do your hair for the normal price, they'll receive a complimentary CH-ONE Moisturising Treatment.

CH-ONE is a premium, hydration-focused formula that is designed to quench dry, dehydrated hair. Locking in moisture at the core of the hair fibre, this treatment offers deep hydration to restore softness, adding a radiant, healthy glow but without leaving hair greasy or heavy. It is also compatible with colour-treated hair.

Valid throughout May 2025 at Conditioned Hairdressing, Polofields Crossing. Book your pamper session today: 010 634 3945.

The most important client: You

While nurturing others is beautiful, there's one person we too often leave off the list: ourselves. Self-care isn't selfish; it's survival.

"You are most beautiful when you are at rest." It's a truth we've witnessed countless times in the space of our salon chairs. When a client finally exhales deeply and their shoulders soften, something extraordinary begins to unfold. There's a glow no product can bottle. That's the power of stillness! Because beauty doesn't always come from effort. Sometimes, it comes from the quiet permission to breathe.

The science of stillness

Research backs this up. Regular moments of care lower stress hormones, boost immunity, and clear mental fog. Yet, many still treat pampering as optional. It's not. It's as essential as breathing.





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ON THE WALL

Brown is where it's at

How to make the most of this trendy colour



Earlier this year, brown was endorsed by paint companies on both sides of the Atlantic as the “it” colour of 2025.

They weren't wrong. Having crept in slowly on the heels of neutrals like flax, oatmeal and cream, the colour is showing no sign of slowing down.

When it comes to decorating with dark and moody paint colours, brown room ideas are expected to reign supreme. Rich chocolate tones fill rooms with warmth and cosiness while appearing more inviting than shades such as black.

For interior paint trends in 2025, expect a move towards warm, earthy neutrals like terracotta, ochre and dark pink alongside rich, deep jewel tones and bold statement colours like eggplant purple and deep reds. Colour drenching is also gaining in popularity.

Expect wallpaper trends to embrace nature, bold patterns and textures with nature-inspired designs, metallic accents and three-dimensional effects. These are making a strong comeback,

while organic shapes and landscape murals are also gaining in popularity.

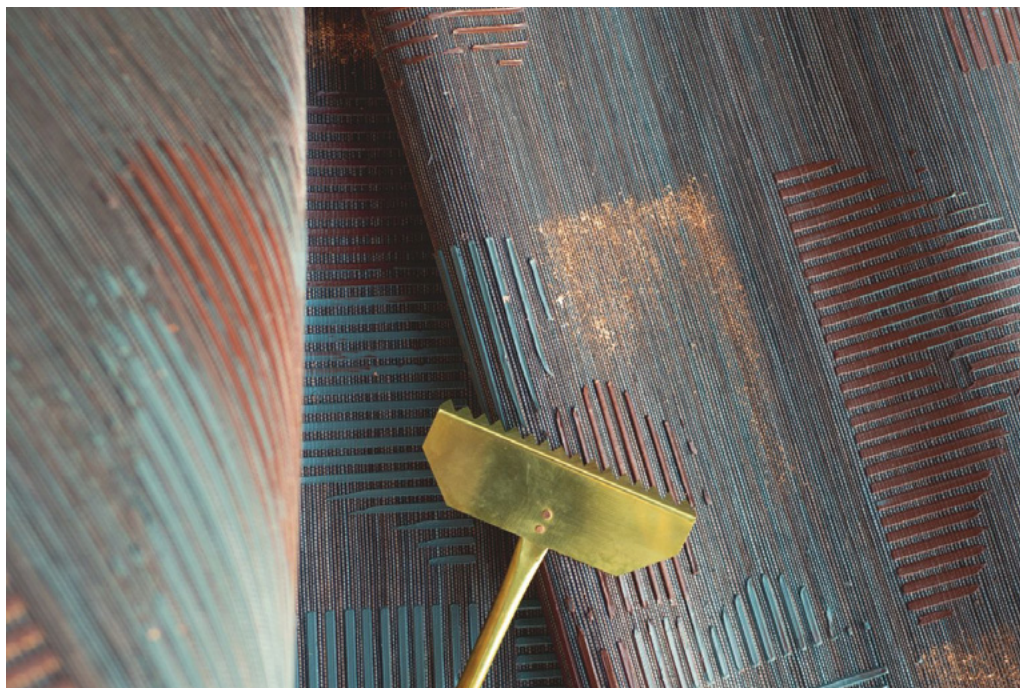
It's no secret that trends can emerge from our latest food obsessions. Wallpapers featuring tomato vines, pomegranates and strawberries are growing in popularity.

No more “au naturel”, sisal is getting a major upgrade. Think dyed colours, intricate patterns and unexpected elements like striated, delicately

handmade, metallic-coated Kalliste Wallcoverings by Elitis.

If your walls could talk, it would be through wallpaper. This year, we will be seeing a lot of imaginative wallpaper that tells unique stories. Embellished walls may not be anything new, but more and more brands are introducing new embroidered wall coverings.

Opt for fantastical, three-dimensional wall coverings or choose a more



subtle but equally special design, like Miro paper adorned with wooden beads from Arte, as a way to include the trend in a space.

Wall art, as always, plays a pivotal role in defining the ambience of our living spaces. Whether you're an art enthusiast, a decorator or someone looking to refresh your home décor, staying ahead of these trends can ensure that your space feels fresh, stylish and inspiring.

While minimalism has had its moment, 2025 is bringing a return to bold, vibrant and eclectic styles. Maximalist collages – where various patterns, colours and textures are combined – will become a popular way to make a statement. These pieces often combine vintage and modern elements, resulting in a richly layered look that demands attention. Think of walls filled with an abundance of art that tells a story through its diversity and complexity.

Flat surfaces are out this year and textured, three-dimensional art is in. These artworks invite viewers to engage with them beyond just visual appreciation, encouraging touch and interaction.

Expect to see pieces made from a variety of materials such as wood, metal, fabric and mixed media that add depth and dimension to walls. This trend not only adds visual

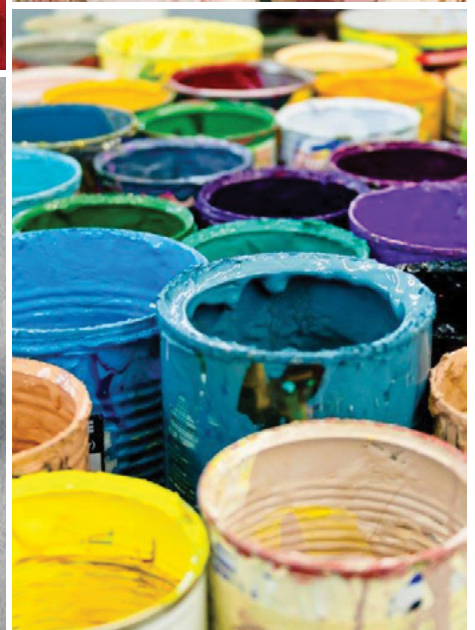
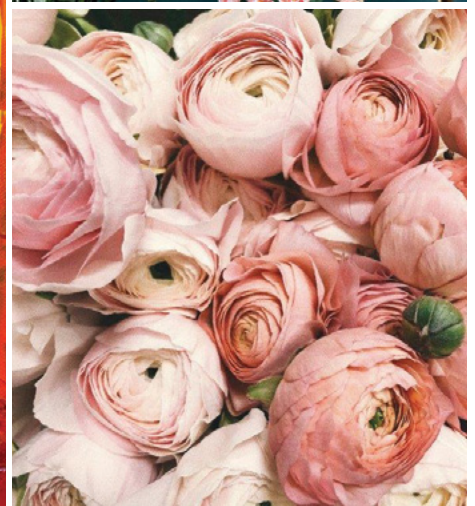
interest but also transforms wall art into a tactile experience.

More and more people are incorporating fabric décor as a way to add texture to a space – the kind of texture that a traditional painting or framed photograph cannot achieve.

Fabric wall décor comes in all sorts of shapes, sizes and styles. Try traditional options like wall tapestries or upholstered walls, or get more creative by hanging embroidered art, macramé, fabric panels or vintage scarves.

Whether you're trying to create a bold focal point or add subtle texture, there are lots of ways to incorporate fabric wall décor into a space.

Source:
www.elledecor.com
www.housebeautiful.com
<https://artworld.co.za>





This year's art mantra is simple: more is more

Home décor is currently seeing a playful explosion of brilliantly bold patterns, eclectic prints and textures that make you want to reach out and touch every surface. It's about mixing the unmixable, pairing stripes with florals and tossing in some polka dots for good measure.

In 2025, more homeowners are considering bright red or turquoise frames for modern abstract art, or a gold-leaf frame for a classic oil painting. You can also explore environmentally friendly frames made from recycled materials, such as reclaimed wood or metal for a unique look.

Shadow box frames are excellent for displaying three-dimensional objects such as medals, souvenirs or family heirlooms. These deep frames create a captivating display, allowing you to showcase treasures uniquely and personally.

This year, shadow boxes will continue to be used in creative ways, incorporating mixed media and unexpected elements. Consider adding fabric backgrounds, layered objects or lighting to create a unique display.

Gone are the days of matching frames for every piece of art. Now it's all about mixing and matching different frame styles, colours and materials to create a curated and eclectic look.

Combine ornate antique frames with sleek modern ones, or mix metal and wood frames for visual contrast. The key is to create a cohesive look that reflects your style and complements the artworks.

If you like lines and symmetry, a grid-style photo wall is a perfect choice for black and white prints. Arrange them in identical frames in

a neat, evenly spaced grid to create a structural, elegant look that will give your living room a sophisticated, gallery-like feel.

Want to make a bold statement? Choose one or two oversized frames instead of a cluster of smaller ones. A large black-and-white portrait, an

Tips for framing artworks

- **Consider the artwork's style:** Choose a frame that complements the style of the artwork, whether it's modern, classic or somewhere in between.
- **Pay attention to colour:** The frame's colour should enhance the artwork, not compete with it.
- **Choose the right size:** The frame should be proportional to the artwork, neither too small nor too large.
- **Don't be afraid to experiment:** Try different frame styles and layouts until you find something you like.

abstract art print or a landscape photo can serve as a stunning focal point in a living room.

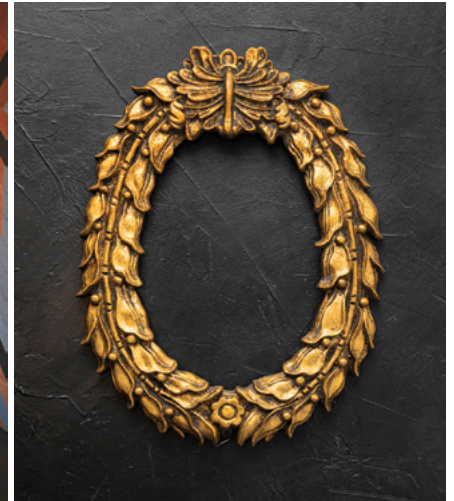
For a sophisticated and timeless look, consider stretching rolled canvas paintings or prints to transform them into stunning artworks for the living room. Canvas stretching enhances the piece by providing structure and a gallery-style finish, making it a perfect focal point. Whether it's a bold abstract, a serene landscape or a vintage masterpiece, stretched canvas artwork adds depth and elegance to a space.

Hanging wall art in the bedroom can transform the space, but it's essential to do it thoughtfully. A vertical arrangement can make a room appear more expansive. A simple way to do this is to frame three prints of the same size and colour palette and create a triptych along one long wall.

It's essential to ensure that the space has just the right amount of art, not too much or too little. When in doubt, put up less art rather than more, unless you're a true-blue maximalist – if so, go wild!

Remember that you sometimes need to adjust the art based on the height of the furniture, so don't be afraid of hanging it high if it feels right.

Source:
www.pictureframes.com
www.frametoday.com.au





GAME LODGES AND SAFARIS

that redefine adventure

If you're seeking an unforgettable safari adventure, look no further. Offering a perfect blend of untamed wilderness, luxurious comfort, and immersive wildlife experiences, these exclusive lodges cater to every kind of traveller. Whether you're dreaming of a close-up encounter with the Big Five, a secluded riverside retreat, or a starlit stay in a tented camp, there's something here to make your safari truly extraordinary.

Madikwe Game Reserve

Thakadu River Camp in Madikwe Game Reserve offers a unique blend of culture and wilderness. This community-owned lodge features luxurious tented suites along the banks of the Marico River, offering an intimate connection with nature. Guests at this camp support sustainable tourism initiatives.

Kruger National Park and surrounds

Just a 45-minute flight from Johannesburg, the Kruger National Park is one of the biggest nature conservation areas in the world, and today is home to a high density of wild animals, including the Big Five.

The uber-luxurious Elephant Point is located on Kruger's border on a



Elephant Point

secure private reserve and offers a range of villa-style lodges. Each lodge offers a unique luxury experience, with five-star services such as airport shuttles, a private chef and butler. Each one is an exclusive 'home from home' with a choice of luxury add-ons such as a personal game ranger and game vehicle and even a mobile spa service.

The villas are spread across the Elephant Point reserve, which overlooks the Kruger Park but are fenced off from dangerous game. This allows travellers to take guided nature walks. Just down the road from Elephant Point and a stone's throw

from Kruger Park's Phabeni Gate is the Kruger Park Lodge, a relaxed collection of self-catering homes dotted around an 9-hole golf course. A short stroll away is the hippo hide, where families can enjoy a sundowner together while watching these mighty river beasts go about their evening routines.

Skukuza Safari Lodge is a well-loved name among South African safari-lovers, and offers modern luxury in the heart of the Kruger National Park, with direct access to game drives and with the convenience of Skukuza Airport nearby.



Bakubung Bush Lodge

Nkuhlu Tented Camp is a riverside oasis along the Sabie River and offers secluded tented accommodation with great views of Kruger's abundant wildlife.

Nkambeni Tented Camp is situated near Numbi gate. This eco-friendly camp is ideal for travellers looking for an authentic, yet affordable safari stay.

Buffalo Rock is a hidden gem offering exclusive, unfenced luxury tents.

Pilanesberg

When it comes to location, topography, and game viewing, the Big Five Pilanesberg National Park is a cut above some of the other national parks in South Africa. Pilanesberg is also close to Johannesburg and an easy two-hour drive from OR Tambo and Lanseria international airports.

The park forms part of the ecologically rich transition zone between the Kalahari and the Lowveld, and offers the ideal landscape, fauna and flora for game

drives. It is not only home to an abundant wildlife population – with more than 360 bird species and 7,000 animals, including the Big Five – but also has plenty of roads from which to enjoy them.

With just over 57,000 hectares of malaria-free territory, the Pilanesberg is the fourth-largest game reserve in South Africa.

For children, Bakubung Bush Lodge, Kwa Maritane Bush Lodge and Tshukudu Bush Lodge, offer the interactive Junior Rangers programme. Junior Rangers aims to educate children about the fauna and flora of the local area and offers a fun range of activities. These resorts also offer the ever-popular snake demonstrations, plus activities such as bush walks, archery, and tennis.

Bakubung offers travellers access to this stunning destination and an experience that combines the beauty of nature with luxury and adventure.

Kwa Maritane is surrounded by

breathtaking scenery, abundant wildlife and expansive skies. The lodge features a selection of standard, family, executive, king and executive king rooms.

Tshukudu is an intimate sanctuary within its own private concession in the heart of the Pilanesberg National Park, renowned for its breathtaking landscapes and vast plains filled with wildlife. The lodge and its 10 chalets are elegantly perched on the contours of a rocky outcrop, offering sweeping panoramic views of the grasslands and the inviting waterhole below.

Ivory Tree and Shepherd's Tree Game Lodges offer guided game drives, world-class dining, and indulgent spa treatments in a setting where the bushveld meets refined hospitality. These lodges provide the perfect base for discovering South Africa's iconic wildlife, whether as a romantic retreat or a family adventure.

Article courtesy of Travel News



Tshukudu



Shepherd's Tree Game Lodge

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Love and Fury
By Margie Orford

Love and Fury is the compelling and intimate account of the life, loves and furies of Margie Orford. In this brave memoir, the renowned South African crime writer divulges some of the harrowing experiences that have shaped her life and influenced her writing. Through sexual assault, divorce, depression and personal loss, Orford illuminates the trauma she has navigated.

Tender and courageous chapters vividly recall memories of what she has been through as a woman, mother, wife, feminist and ambitious writer. *Love and Fury* shows why trauma in our past can have such an enduring and debilitating effect on women's lives. It also unpacks the healing power of love, creativity, courage and self-reflection, ultimately offering a profound message of hope and joy for any woman who has ever questioned themselves, their trauma and who they are in the world.

This book is every woman's love and fury.

Price: R310.00

The Tea Merchant
By Jackie Phamotse

It is 2005, a time of silent anticipation and hidden possibilities in the rugged Cederberg mountains. Cameron Coal is embroiled in a desperate fight to save his family's rooibos farm, which is a hair's breadth from bankruptcy, while wrestling overwhelming grief after his wife's death and trying to build a relationship with his blind daughter. His father, John, might be the family's last hope to save their farm from an enemy lurking in plain sight. But in the shadows, Cameron's brother, Sole, harbours a secret that could shatter their world.

Amid the chaos of a veld fire, Cameron's gaze falls upon an enigmatic nurse, Luna Parks, who is new to their town. As Luna and Cameron grow closer, her mysterious past and closely guarded secrets could shatter the very foundation of their relationship.

Price: R310.00



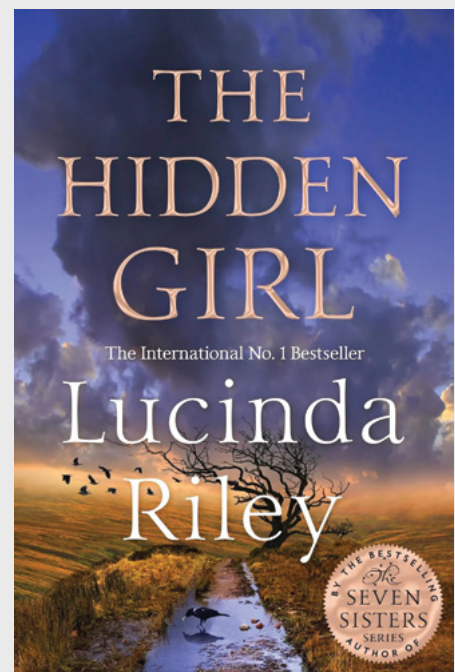
The Hidden Girl
By Lucinda Riley

Born and raised in a small village on the Yorkshire moors, Leah Thompson grows more beautiful with each passing day. When she catches the attention of the influential, troubled Delancey family, she knows her life will never be the same again.

Years later, Leah takes the modelling world by storm, travelling from Milan to London and New York and living life in the lap of luxury. But her past follows her like a dark shadow, mysteriously intertwined with the tragic tale of two young siblings in Poland during the Second World War.

As two generations of secrets threaten to explode, Leah is haunted by a fatal, forgotten prophecy from her past, and must fight to challenge the destiny that has been mapped out for her in the stars.

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Available in the Waterfall City area. Sarah has 15 years' experience in baby and child care and she has recently moved to Waterfall City. She is available on a full-time/part-time/ad hoc basis. References/CV available.

CATERING

Chef Neo
A bespoke catering and private chef service. Dinner parties, high teas and delectable buffets in the comfort of your own home. Visit www.platedbychefneo.com to book.

CLEANERS

Crisp and Clean 083 378 3331
Door-to-door, taking the hassle out of cleaning laundry, dry cleaning, upholstery and carpet cleaning.

COMPUTERS

Matrix Warehouse 011 466 0434
We offer a wide variety of products and services including new PCs, notebooks, tablets, printers, networking products, all PC/NB related cables and accessories. We also offer repairs on all PCs and NBs, both software and hardware problems. kyalami@matrixwarehouse.co.za

DELIVERY SERVICE

Mr Delivery Midrand 011 315 2926

HOME CLEANING SERVICE

Clean My Bed 069 797 6370
Jonathan Akal
Clean My Bed is a medical grade, deep clean sanitising service that removes dust mites and pet dander to help with allergies. Email: jonathana@cleanmybed.com or visit: www.cleanmybed.com

Clean My Space ZA 076 251 2263
We are a Domestic Cleaning Service offering peace of mind to homeowners. We exist to ensure that household chores do not interrupt your already busy calendar. Book us daily, weekly or monthly on our website: www.cleanmyspaceza.co.za, or WhatsApp 076 251 2263. If you prefer to speak to a human, call us on 076 251 2263. Clean My Space ZA is based in Kyalami and services the Waterfall City and Kyalami areas.

Pest Control, Cleaning and Hygiene Pest 011 804 3454
Clean 011 675 5956
With over 46 years of experience in the industry, we specialise in providing solutions tailored to meet the unique needs of both individuals and businesses.

HYPNOSIS

22 Steps
Lee-Anne 081 282 0461
Make positive changes. Gain greater control of your life. I can help you with anxiety and stress, exam stress, fears, weight loss, stop smoking, addictions, emotions/grief, relationship issues or self-confidence.

PET GROOMING

Soapy Smooches Mobile Pet Groomers 061 087 8247
We come to you! Pamper your pets at home in our fully-equipped pet parlour on wheels. BOOK NOW - info@soapysmooches.co.za

PET & HOME SITTERS

Pet/Home Sitter 076 035 6908
Why leave your pets alone and away from home. Leave them in their own loving home. Mature Lady fills the gap. Contact Dee-Jean at djb160453@yahoo.com

RESTAURANTS

Col/Cacchio Waterfall 010 596 8941
waterfall@colcacchio.co.za

SPEECH & LANGUAGE THERAPIST

Lara Ramos 082 480 6716
Specialising in both child and adult disorders. Email: l.d.ramos@hotmail.com

TUTORING

Maxi Brain Tertiary & Secondary Tutor 079 693 7190
Economics & management sciences subjects, bridging classes, private & groups.

TYRES

Supa Quick 011 466 6076
Kyalami Boulevard

HOME SERVICES, BUILDING & MAINTENANCE, APPLIANCE REPAIRS

ARCHITECT

Drawbox Design Studio 082 339 5834
The Leader in providing sustainable building solutions. Contact Carlu Swart.

BUILDING

Care Construction and Paving 011 469 4300
Ian 083 250 3736
We specialise in new houses, additions and alterations, paving, painting and all your building requirements, no matter how big or small. Over 30 years' experience. www.careconstruction.co.za
Email: ian@careconstruction.co.za

DRAIN MAINTENANCE

SirDrain 011 454 3534 / 083 231 5809
Call us for professional cleaning and unblocking of drains, using a drain machine or rods.

ELECTRICIAN

Affordable Electrician
Lazarus 073 127 3921
Issuing COC's (same day), installation of solar systems and inverters, repairs to faulty plugs, switches, lights, ovens, stoves and geysers, commercial and industrial electrical maintenance and repairs.

Taylor Electrical 0861 102 174
Domestic, commercial, industrial, compliance certificates, energy saving.

FLOORING

Top Carpets and Floors Kramerville
Jay 082 498 9894
Nontombi 064 519 4887
Wall to wall carpets, vinyl, laminates, turf, blinds and rugs. 2nd Floor, 9 Kramer Road. Contact Jay or Nontombi or email: jay@tcfkramerville.co.za

Turkish Carpet Gallery 071 648 3050
Shop 065 604 1999
For classic, modern and abstract carpets, visit us at Kyalami Corner Shopping Centre, Upper Level, Shop 107. Our other services include washing, cleaning and carpet repairs done professionally.

GARDEN & POOLS SERVICES

BlueBerry Hill Solutions 084 436 1498
We offer edible landscaping, full concept designs, garden maintenance, rainwater harvesting solutions, and automated irrigation systems for beautiful, sustainable gardens. Visit: www.blueberryhillsolutions.co.za, or email: info@blueberryhillsolutions.co.za

Crewcut Gardens & Pools

Peter 082 450 1111
Mark 082 789 7916
Weekly garden and pool maintenance. We build new pools or remanbelite old ones. Suppliers of all pool spares, including pool pumps. Contact via email: peter@crewcut.co.za or mark@crewcut.co.za

GAS SUPPLY SERVICES

Falcon Gas 073 818 3532
Try our exceptional service for your LPG cylinder, refill/new cylinder supply. We comply to all Estate Safety & Security regulations. Free delivery to your home or business within Waterfall City. Email: falcoegas.sa@etgworld.com

LOCKSMITH

Brad's Lock and Key 082 854 9898
All locks opened/fitted/replaced 011 802 4114
Also doors fitted/motors repaired/security gates custom-made. All work done by myself on-site. websites: bradslock.co.za/bradsgates.co.za
email: bradslock@telkomsa.net

MAINTENANCE

Waterfall Maintenance Guy 082 569 3962
Have you been neglecting your home maintenance? We are fully operational for garden services to painting, paving, tiling, plumbing etc. Call Udesh for excellent prices, professional service and advice. Email: udesh@waterfallmg.co.za, or visit www.waterfallmg.co.za for more info.

PAINT & BUILDING SUPPLIES

Colour Creations 011 466 0065
Paint, hardware, plumbing and building suppliers in Kyalami.

PLUMBERS

Plumb-Avid Projects 012 654 2513
071 875 0218
The leading name in plumbing and maintenance, now offering municipal water backup and rainwater harvesting solutions.

Sandton Plumbers 083 460 9870
Maintenance & Construction experts. Over 36 years' experience. PIRB Registered & Solar Certified Installer.

PROPERTY MAINTENANCE

Carl Allan Property Maintenance 082 740 2356
Based in Waterfall City. We take care of all your maintenance: steelwork, carpentry, painting and all related repair work. Contact Carl Allan. Email: capm.renovate@gmail.com

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emergency numbers

DEDICATED WATERFALL CITY SERVICES

Fire Ops Waterfall City	083 622 6026
Netcare 911 Emergency Medical Services Waterfall City	010 209 8365

PETS & ANIMAL RESCUE

Animals in Distress	011 466 0261
Midrand Veterinary Hospital	011 315 1575
SPCA	011 265 9935
SPCA Midrand Emergency	083 441 1564
Sunninghill Village Vet	011 803 1221

OTHER SERVICES

Ambulance/Fire	10177
Ambulance/Fire/Metro Police	011 375 5911
Ambulance/Fire Midrand	011 847 4600
Carstenhof Clinic	011 655 5500
Crime Stop	086 001 0111
Midrand Trauma Support	076 979 9017
Netcare Emergency/Ambulance	082 911
Netcare Sunninghill Hospital	011 806 1500
Netcare Waterfall City Hospital	011 304 6600
Police/Flying Squad	10111
Police Midrand	011 347 1600

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An updated list is also available on the Waterfall City Website and Community Portal.
For any queries, contact: agents@waterfall.co.za

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REMEMBER TO SUPPORT YOUR LOCAL RESTAURANTS WHEN YOU FEEL LIKE A NIGHT OUT!

MAY RESTAURANT COMPETITION

for our Waterfall City residents

The question for this month's competition:
How many Sunshine Tour Ladies titles has pro golfer and Waterfall City brand ambassador, Casandra Alexander, won in her career?

Please email your answer along with your full name, your cell number, your residential development name and your stand or apartment number, detailing 'Waterfall City Restaurant Competition' in the subject line, to: competitions@eiapublishing.co.za. The winner will receive a R500 meal voucher from one of our participating restaurants.

Terms and Conditions:

1. Vouchers cannot be exchanged for cash.
2. Portions of the monetary value of the voucher cannot be refunded as "change".
3. Bookings need to be made in advance with the restaurant detailed on the voucher.
4. Service charges/gratuities are not included, regardless of any balance left over after the meal.
5. Vouchers will be numbered. Please provide your voucher number when you make your reservation.
6. The competition is open to all Waterfall City residents over the age of 18.
7. Indemnity: The publishers, Waterfall City and any other associated parties are not responsible for the fulfilment of the service from the restaurant once the prize has been awarded.
8. The winner will be notified by email.



PHOTO BY LOUIS HANSE ON UNSPLASH

CONGRATULATIONS TO: Rakhi Bodasing, our April winner of a R500 voucher.




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