



**WATERFALL
CITY**

JUL/AUG 2026



**NEW CITIES
SUMMIT**

WATERFALL CITY TO HOST 2026 NEW CITIES SUMMIT

Welcome to Waterbucks.
Now on the
Go Waterfall app

Ciao Bel Mondo!
New Italian restaurant
comes to town

Gold on the Green:
Waterfall City Tournament
of Champions



Hello, Waterfall City!

Makro helps South Africans save on groceries!

With Makro, **"It All Adds Up"** with shoppers getting a full trolley at true value. With the cost of living putting real pressure on South African households, making every grocery rand go further has never been more important. That's why Makro brings a fresh approach to grocery value that looks at your whole trolley, not just one discounted product.

The idea is simple: when multiple savings stack up across everything in your trolley, the total you save at the till is far more than any single deal could deliver. Makro is putting that promise front and centre and inviting you to test it for yourself.

How "It All Adds Up"

This isn't a short-term promotion or a seasonal sale. It represents a long-term commitment to delivering consistent grocery value:

- Savings are experienced across the entire trolley, not just one deal
- Multiple value mechanics work together to reduce the total
- The real impact of value is felt at checkout

Together, these create a cumulative savings effect; where every item you add to your trolley contributes to a lower total.



Put Makro to the test:

Makro isn't just making a promise; it's inviting you to verify it. Here's how to see the difference for yourself:

- Do your full grocery shop at Makro
- Track what you save on each category as you go
- Compare your basket total against what you'd normally spend.

At the end of the day, it's not about the one great deal. It's about what you save when you shop for **everything**. And at Makro, those savings add up.

Visit **Makro Woodmead**, Woodmead Drive or go to **makro.co.za** to discover the full grocery value on offer.

“South African consumers are under increasing pressure, and we know that real value is not found in a single special, but in what customers spend across their entire basket.”

- Langa Khanyile

Retail Marketing Executive at Massmart.

“We are making it easier for customers to see and feel the total savings they achieve when they shop with Makro - **'It All Adds Up'**. It's about providing consistent, everyday value across the full grocery shop, so that every item in the trolley contributes to meaningful savings at the till.”

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Welcome!

It is with great pride that Waterfall City will play host to the 2026 New Cities Summit – a premier global gathering for anyone involved in building new cities, organised by the Charter Cities Institute (CCI). Following two previously successful summits in Rwanda and Kenya, the CCI is bringing the 2026 summit to South Africa, and it is an honour that Waterfall City has been selected as this year's summit location. We feature this news as our cover story this month and look forward to engaging with you at this prestigious event.

Other exciting news is that the Go Waterfall app, which puts Waterfall City in the palm of your hand, just got even better! The app features two new buttons on its home screen. The first is Waterbucks, Waterfall City's exciting new rewards programme, and the second is a new safety feature: the Fire Brigade button. Our article shares all the information that you need to know about both buttons. And, if you have yet to sign up for Waterbucks, be sure to check it out to start earning rewards.

As our dining landscape grows, we introduce you to a new restaurant in town – Bel Mondo, a contemporary Italian trattoria that seamlessly marries old world culinary romance with a vibrant, modern South African soul. Located in the Polofields Crossing shopping centre, this eatery is pegged to become the heartbeat of the local community, so check it out.

The third annual Waterfall City Tournament of Champions, supported by Attacq and Waterfall City Management Company, took place in June. What a fantastic weekend of great golf, delivering the most electric finish in its history. If you missed the action, read our report back feature for all the details. A massive congrats to Caitlyn Macnab on her win.

Mall of Africa has added two new stores to its retail scene: Liverpool FC and TSHEPO. The Liverpool FC store is the only official LFC store in the province

and just the second in South Africa. TSHEPO is an African denim brand that uses denim as a language to express South African stories, people, and culture. Furthermore, the new look Hydraulics Femme flagship store in the mall is now open. Over at the Polofields Crossing shopping centre, Polofields Mica Paint and Hardware has moved into a bigger space and with that comes a more comprehensive home improvement, building and lifestyle offering for their customers. More details inside. And, as you plan your social calendar for the next few weeks, be sure to use our Must Do pages as a guide.

We also feature valuable reads from regular contributors, PSG Wealth and Netcare, on the topics of the psychology of financial resilience, and a new thumb joint replacement surgery.

Lastly, we would like to take this opportunity to highlight that Waterfall City recently won a silver and two bronze certificates at the annual South African Landscape Institute (SALI) Awards of Excellence for Environmental Landscape Work. A big thanks to the team involved, whose commitment, practical problem-solving, and attention to detail keep our multiple urban landscape systems functioning well, as part of the broader Waterfall City stormwater and open space network.

In closing, we wish the dance team from Jelea Dance Studio Reddam House Waterfall, the very best of luck for the Dance World Cup Finals 2026 currently underway in Dublin. Here's to a great and successful trip – we are already so proud of you all.

Until next time,
Waterfall City Management



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Innovating the Business of

BUILDING CITIES

The global New Cities Summit is heading to Waterfall City

There is a distinct difference between merely expanding an urban sprawl and intentionally architecting the future of human habitation. The former happens by default; the latter requires an uncompromising blend of capital, infrastructure, and forward-thinking governance.

In December, South Africa will become the global epicentre of this urban revolution. The Charter Cities Institute (CCI), in strategic partnership with the Waterfall City Management Company

(WCMC), has officially announced that Waterfall City will play host to the 2026 New Cities Summit.

CCI – a non-profit research organisation based in Washington DC, USA – is dedicated to creating an ecosystem for new city development. The organisation connects builders, developers, financiers, policymakers, and visionaries to enable the development of new cities designed to expand opportunity and improve quality of life at scale. Following a groundbreaking African debut in Kigali in 2023 and a highly acclaimed iteration

in Nairobi in 2025, the 2026 New Cities Summit in Waterfall City will gather more than 600 global pioneers – ranging from sovereign heads of state and institutional investors to tech executives, master developers, and urban innovators. Their collective mandate? To move bold blueprints off the drafting table and into real-world execution.

Why South Africa? Why now?

For an event of this nature, the choice of host country requires more than just premium conference



infrastructure – it requires a living context that reflects the theme. South Africa stands as the natural choice, seamlessly blending corporate sophistication, institutional depth, and a robust culture of innovation. More importantly, the summit lands at a critical demographic pivot point for the African continent.

“The continent isn’t just growing; it’s urbanising at an extraordinary pace,” explains Summit Producer and Head of Communications for CCI, Michael Holstein. “Hundreds of millions of people will move into cities across Africa over the coming decades. That creates challenges, obviously, but it also creates one of the greatest opportunities anywhere in the world to rethink how cities are built, governed, and connected to opportunity.”

Hosting an event of this nature inside a standard corporate hotel ballroom can feel disconnected. Hosting it inside Waterfall City, however, changes the entire equation. Delegates will not merely sit through presentations about innovative urban design; they will walk out of the venue and physically experience it. “Johannesburg is one of the great business capitals of the continent, and Waterfall City is one of the most compelling masterplanned smart city developments anywhere in the world, so it’s a fitting backdrop for conversations about the future of cities,” says Holstein. “Waterfall City shows that large-scale urban development in Africa can be world-

class. Not world-class for Africa – world-class, period.”

Spanning an ambitious 2,200 hectares, Waterfall City represents the largest mixed-use development in African history. Built on a greenfield site entirely unencumbered by the decaying legacy systems of older municipalities, the project has allowed planners to design a massive urban centre from a true blank slate. Once complete, it will boast over 28,000 residential units and 2.5 million square metres of commercial, retail, and office gross leasable area (GLA) – eventually accommodating over 175,000 people across its ecosystem.

“It is a great honour for us to host the 2026 New Cities Summit at Waterfall City,” states Willie Vos, CEO of the Waterfall City Management Company. “While our smart city is only halfway complete, we believe it already reflects the pioneering urban design and human-centric principles that underpin this project.”

“Waterfall City is future-oriented but still human. Sometimes ‘smart city’ conversations become overly technical and forget that cities are ultimately about quality of life. Waterfall City has done a great job balancing innovation with livability. A lot of developers think in terms of buildings. Waterfall City thinks in terms of placemaking – how people actually live, work, move, and interact – and that mix is truly innovative and transformative,” adds Holstein.

Shifting from discussion to execution

This year’s theme – *Innovating the Business of Building Cities: Capital. Infrastructure. Governance* – focuses heavily on the fundamental components of city-building. Visionary skylines are beautiful on marketing brochures, but without sound planning, financial structuring, sustainable public-private infrastructure partnerships, and innovative regulatory governance models, those skylines never get built.

“We wanted a theme grounded in execution. Not just ‘What should cities look like?’ but ‘How do you actually get them financed, approved, built, managed, and scaled in the real world?’” says Holstein.

“People sometimes hear ‘new city’ or ‘smart city’ and picture science fiction or massive government projects. What it really comes down to is building a place that works better for people. The day-to-day life elements are just as important as the governance, big ideas, and economic impact. Safer streets. Less traffic. Better transportation. More reliable infrastructure. Cleaner public spaces. Faster services. More opportunity. All of these aspects form part of our wider theme,” adds Holstein.

A convergence of public and private sectors

One of the greatest challenges in modern infrastructure development is the historic silo between public policy makers and private fund



managers. The New Cities Summit addresses this head-on by convening an unprecedented mix of global state actors and venture capital.

This year's summit will feature exceptional representation from international government bodies, including delegations from the Middle East, the United States, and numerous African ministries. Crucially, the South African public sector is heavily engaged, led in part by the Johannesburg Chamber of Commerce.

Ultimately, no single entity can construct a city in isolation. By bringing together developers, financiers, tech founders, and regulators into the same collaborative room, the summit challenges legacy industry assumptions and facilitates highly lucrative, multi-sector partnerships that would otherwise take months of bureaucratic back-and-forth to establish.

"Whether you're looking to invest, partner, pitch, or just better understand how new cities are reshaping economic and social landscapes around the world, the New Cities Summit offers an unparalleled opportunity to connect, collaborate, and move projects forward," says Holstein.

Beyond the boardroom

While the core focus of the event remains grounded in commerce and urban policy, the organisers recognise that a city's ultimate asset is its cultural soul. To that end, the 2026 summit is weaving the vibrant energy of South Africa directly into its official programming.

"We want people to experience more than just the conference – we want them to experience the energy, creativity, hospitality, and ambition of South Africa itself," says Holstein.

Alongside the primary business schedule, the event will feature curated cultural and tourism experiences. Global delegates will step out of the deal rooms and into bespoke activations highlighting Waterfall City's corporate lifestyle, alongside regional food, music, and art.

"We already have some great partners on board – previous summit sponsors, like Dubai Expo Center and Re-element, and new ones such as Emirates Airlines. But as we've just opened up sponsorship, we still have opportunity to bring new partners into the fold and create bespoke activations for them."

As the global population shifts rapidly toward urban centres, the nations and businesses that successfully learn to fund, govern, and scale smart infrastructure will dominate the global economy. This December, Waterfall City isn't just hosting a conference; it is laying down the blueprints for how the modern world will live, work, and prosper for the next century.

- **Dates:** 7 – 8 December 2026
- **Venue:** Waterfall City, Johannesburg, South Africa.
- **Access:** Registrations open at R1,300 with tiered packages for builders, delegates, and students available at <https://www.newcityssummit.org/>

Preliminary speaker lineup:

- **Lant Pritchett:** Renowned economist and Visiting Professor at the London School of Economics.
- **Mark Beer (OBE):** Chairman of The

Metis Institute and former Chief Executive of the Dubai International Financial Centre (DIFC) Courts.

- **David Pilling:** Africa Editor for the *Financial Times*.
- **Willie Vos:** CEO of Waterfall City Management Company.

Additional industry and expert speakers will be announced over the coming months. Keep an eye on the New Cities Summit website and event social pages for more information.



Inside the Beautiful World of

BEL MONDO



The Waterfall City culinary landscape just got even more delicious. Having recently opened its doors at Polofields Crossing shopping centre, Bel Mondo Trattoria Moderna is set to become the heartbeat of the local community – a contemporary Italian trattoria that seamlessly marries old world culinary romance with a vibrant, modern South African soul.

The name itself, translating to “Beautiful World”, serves as an intentional tribute to the restaurant’s philosophy. “Simply put, it is an ode to that which is truly beautiful in our little world of Waterfall City,” explain the owners. “It is an acknowledgement of the artisans and craftsmen who produce the wonderful produce we

transform into our food and wine menus. It is a tribute to the beautiful people in our lives, and it is a reminder that after a good meal and a delicious glass of South African Pinotage, the world is still, and always will be, truly beautiful.”

Waterfall City has rapidly evolved into a dynamic metropolis, housing everyone from residents to multi-national corporates and local South African businesses. This has created a demand for a dining space that could keep pace with its lifestyle. To meet this need, the owners partnered with the team at TJA Architects to design a restaurant that fluidly shifts energy from day to night. “Our incredible architectural partners have curated a space that marries and uplifts the

Polofields Crossing environment, with beautiful elements blended into a relaxed, inviting area for all. Lunch is likely to be enjoyed on our patio, with a sweeping view of Waterfall Valley, and a lush garden space to enjoy the winter sun. Evening dinners see the restaurant interior transform into a warm, relaxed, family-orientated setting, with the smell of the wood-burning oven setting the tone for a memorable dining experience.”

But what sets Bel Mondo apart in a crowded food scene? It’s simple – it is a commitment to authenticity: contemporary Italian cooking with a firm root in its classical origins. When it comes to true Italian mainstays, the restaurant sources directly from the finest international artisans. The



pizza and pasta flours are exclusively Caputo, the tomatoes are imported from San Marzano, and the charcuterie comes straight from an Italian source. However, this global excellence is dynamically balanced with a respect for local suppliers. The menu's seasonal vegetables, pasture-reared beef and lamb, handmade cheeses, and artisanal gelato proudly support South African producers. "It all starts with the right ingredient. And time. For these, there are no substitutes," say the owners. "In the hands of our wonderful kitchen brigade, these humble ingredients are turned into something quite magical."

At its core, Bel Mondo is a love letter to the surrounding neighbourhood. While parents indulge in a

sophisticated, velvety risotto paired with a bottle from a handpicked local wine list, the Bel Mondo Bambini menu ensures that even the pickiest little eaters are treated to equally delicious, high-quality meals.

If you want to envision the true spirit of the restaurant, look no further than their vision for a typical Sunday afternoon. Picture tables laden with popping Prosecco bubbles, bottles of San Pellegrino, and endless small sharing plates. Warm focaccia is torn apart by hand, bowls of hearty pasta laden with parmigiano are passed around, and airy Neapolitan-style pizzas made with 48-hour fermented dough float out of the wood-fired oven.

Ultimately, the owners view the

restaurant as a collaborative family unit. "The Bel Mondo family is firstly our wonderful staff – without them, there is no restaurant. Beyond this, the Waterfall City community will become part of, and shape, the Bel Mondo family. Over time, we hope to have many residents in the greater Waterfall area call our little restaurant home."

Summed up by the owners in just three words – "beautiful, contemporary, delicious" – Bel Mondo is not just a new restaurant opening; it is a space where the community can slow down, connect, and experience *la dolce vita*, the South African way.

To view the menu and book a table, visit www.belmondo.co.za

MEET THE CHEF

PAULO SANTO

Chef de Cuisine at Bel Mondo, Polofields Crossing

Now that you have read all about the newly opened Bel Mondo Trattoria Moderna, find out more about the amazing head chef, Paulo, and what inspires his contemporary Italian cooking style.

Q: When did you decide to become a chef?

A: In 2004. BBC Food had launched in South Africa, exposing me to the global culinary world and the excitement of high-end restaurants.

Q: Did you study? If so, where?

A: Yes, at the Silwood School of Cookery in Cape Town.

Q: Do you have any accolades?

A: I have achieved several over the years, however it's not in my nature to list these.



Q: What is your cooking style?

A: Classic French and Italian, with global influences and modern techniques.

Q: What is your inspiration for new recipes/dishes?

A: Beautiful, fresh, seasonal produce.

Q: What is your favourite dish to prepare on your current menu and why?

A: This would be the Gamberi alla Vodka Piccante, with Mozambican prawns, Calabrian chilli oil and our house vodka sauce. Paired with al dente rigatoni, the dish is simple, moreish and perfect as a winter warmer.

Q: What is your favourite home-cooked meal?

A: Grilled lamb loin, served with garlic butter potatoes, feta and olives – it's a dish I share with my daughter Luna, regularly.

Q: In your opinion, what is the most underrated ingredient and why?

A: The potato. After the egg, it is easily the ingredient with the most versatility and is always loved by all around the table.

Q: If you could cook with only three ingredients, what would they be?

A: Salt, Extra Virgin Olive Oil, and a fresh piece of line-caught fish.

Q: What are the kitchen tools or appliances you cannot function without?

A: A good hand blender and a sous vide circulator.

Q: If money were no object, what kitchen appliance would you invest in?

A: A Thermomix TM7, an all-in-one appliance.

Q: Who is your chef idol and why?

A: Anthony Bourdain, the author of *Kitchen Confidential*. Without this book, I would never have understood the true essence and culture of a professional kitchen.

Q: If you could prepare a meal for one celebrity, who would it be, and what would you serve?

A: A humble meal of fresh pasta with butter, parmesan, and truffles. Served to Anthony Bourdain, sitting on a crate in the kitchen, sharing a beer and appreciating the beauty of simple ingredients, prepared well.



The Gamberi alla Vodka Piccante is Chef Paulo's favourite dish to prepare on the Bel Mondo menu.



Meet The Chef Series

Q: What do you think of cooking shows? Do you have a favourite?

A: Personally, I no longer enjoy these, given their nature and lack of authenticity. However, the first season or two of *MasterChef Australia* will always be a favourite.

Q: What is your favourite South African dish to eat?

A: Karoo lamb – over the coals. Nothing compares.

Q: What will we always find in your fridge?

A: Butter, eggs, parmesan and olives.

Q: If you could choose your last meal, what would it be?

A: My last meal, which I would wish to share with my daughter Luna, would be a little selection of dishes the two of us really enjoy cooking and sharing together. Warm kitke/challah bread with salted butter, a huge Neapolitan Prosciutto Crudo pizza, fried calamari with lemon and sea salt, lamb chops grilled over the fire with herb pesto, lots of garlic butter potatoes, and the best strawberry gelato we can find to finish it all off.

Q: What fast food is your secret indulgence?

A: A Burger King Chilli Cheeseburger is a ridiculously tasty weekend cheat meal!

Q: Pro or anti air fryers?

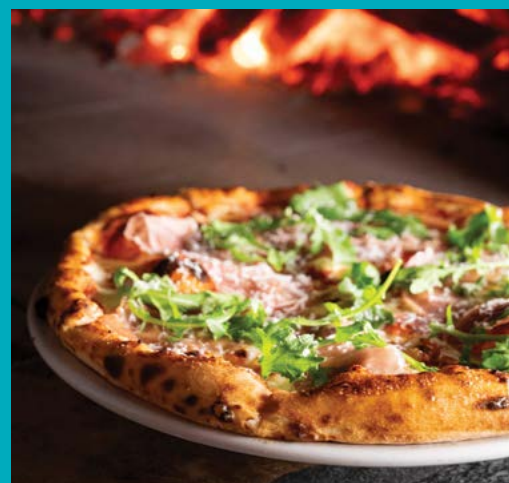
A: Pro. It's quite amazing what one can whip up in 30 minutes when the last thing you want to do is dirty pots and pans for a quick meal. Great invention.

Q: If you weren't a chef, what would you be?

A: Likely a business person of some sort in the food industry. I grew up around food and business, so it's what comes most naturally to me.

Q: Any advice you would like to share with budding chefs?

A: Forget about social media, forget about television, forget about accolades and awards and all the fluff – just cook. All day, every day, until you know there's absolutely nothing else you want to do in life. Work and learn with the best to become the best, and never compromise on ingredient quality, ever!



Bel Mondo's Neapolitan Prosciutto Crudo pizza would be one of Chef Paulo's last meals of choice.

Visit Bel Mondo today to immerse yourself in the beauty of an authentic contemporary Italian trattoria.

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WHAT'S THIS BUTTON?

The app that puts Waterfall City in the palm of your hand just got better! Users of the Go Waterfall app would have noticed two new buttons appearing on the app home screen. The first is Waterbucks, Waterfall City's new rewards programme designed to reward everyday life within the city. The second is a new safety feature on the Go Waterfall app: the Fire Brigade button. Let's explore these two new buttons.

Welcome to Waterbucks!

Waterfall City's mission is simple: to create a place where people love to be. And now, we've added another reason to love this city: Waterbucks, where choosing Waterfall City gets rewarded.

Whether you live, work, shop, dine or spend time in Waterfall City, Waterbucks gives you access to rewards, perks and benefits linked to retail partners, experiences and lifestyle offerings across the precinct.

So, what exactly is Waterbucks?

Waterbucks is the world's first geographically bound smart city rewards programme, where Waterfall City residents, employees, shoppers and visitors get rewarded.

The Waterbucks programme not only rewards you with Waterbucks digital currency when you shop at Rewards Partners, but also encourages good citizenship.



WELCOME TO WATERBUCKS.
Waterfall City's Smart City Rewards Programme.

Waterbucks

Once Off Visitor

Community Access Control

Facilities Snags

Directory Buy & Rent

My Accounts Documents

Fire Brigade

WATERBUCKS
SMART CITY REWARDS

Sign up and start earning.



Members can earn tier points, which unlock even bigger benefits.

While 1,000 Waterfall City residents, employees and shoppers signed up to Waterbucks within 24 hours of its launch, the programme is still in its early rollout phase. As it evolves, members can look forward to:

- More Retail Partners, where you can earn and spend your Waterbucks
- More Rewards Store partners, where you can buy vouchers with your Waterbucks and redeem them for movies, meals, toiletries and more
- More rewards and exclusive offers
- More retail and restaurant benefits
- More lifestyle and wellness perks
- More event-related rewards and experiences
- More special member opportunities

Who can join?

While anyone can become a Waterbucks member, Waterfall City residents, employees and regular shoppers within the city have the

most to gain – because Waterfall City is where you belong, and belonging should come with benefits!

Signing up is easy. If you have the Go Waterfall app, simply tap the Waterbucks tile and follow the prompts to start earning rewards. If you don't have the app, you can download it from the Apple App Store or Google Play Store or sign up to Waterbucks via www.waterbucks.co.za, where you can also find out everything you need to know about the programme.

Where can Waterbucks be used?

Waterbucks can currently be earned and spent at a number of Retail Partners within Waterfall City, including:

SuperSpar Polofields Crossing
Mica Polofields Crossing
Life Day Spa Waterfall
Moo Moo Restaurant Mall of Africa
A-Zee Baby's World
Solomons Cycles and SportSA.

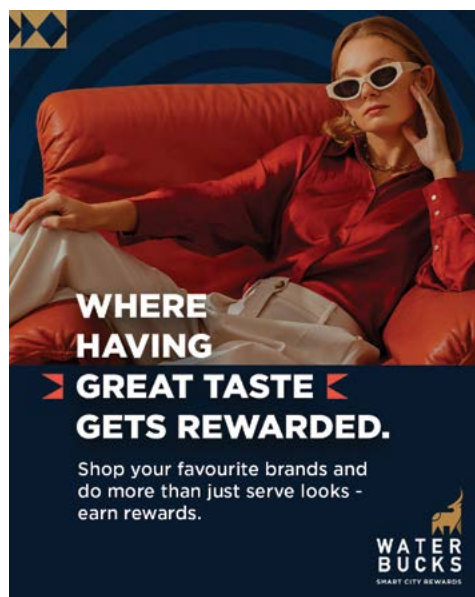
You can also earn Waterbucks by booking your airport parking or car detailing online from Exclusive Only.

When shopping at a Retail Partner, open the Go Waterfall app or go to your profile on www.waterbucks.co.za and scan your Member QR code before you pay for your goodies. Boom! Your Waterbucks will land instantly in your digital wallet. No card, no fuss.

Once you have accumulated a good number of Waterbucks, you can spend them at any Retail Partner or in the online Rewards Store, on vouchers from: Life Day Spa, Ster-Kinekor, Travelstart, Dis-Chem, Sorbet, Takealot, Hussar Grill, Nando's, RocoMamas, Spur, Bolt, You Can Do Maths, You Can Do Science, Cellar 2 Cellar, Baby City and Intercape.

This is just the beginning, with much more still to come. Make sure you follow Waterbucks on their socials to be first to know of any new Retail Partners and special offers for Waterbucks Members.

Sign up today to start earning Waterbucks – always rewarding!



Fire Brigade button

Fire Ops SA has been operational within Waterfall City since 2022, offering full firefighting services with a highly skilled team of officers and firefighters. The fact that they cover the entire 2,200-hectare Waterfall City development and nearby surrounds, brings peace of mind to everyone living and working here.

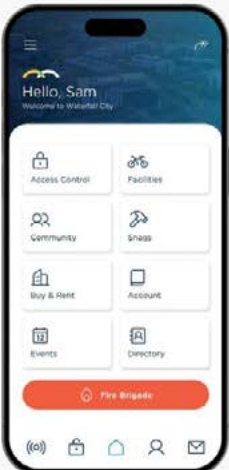
Now, residents of Kikuyu, Waterfall Valley, Ellipse, Waterfall View and Waterfall Equestrian estates can make use of the new Fire Brigade button, located at the bottom of your Go Waterfall app home screen.

This new safety feature offers you a quick and convenient way to instantly notify Fire Ops SA in the event of a fire emergency.

How it works

When the button is pressed, your name, stand number, GPS location and contact number are automatically shared with Fire Ops SA. A five-second confirmation countdown is displayed on your device screen to allow you to cancel the call-out, in the event of an accidental activation. If not cancelled, a Fire Ops controller will call you immediately to confirm the emergency and dispatch assistance if needed.



			
From the Home Screen, tap the Fire Brigade button. This action directly notifies Fire Ops SA that you need emergency assistance.	When prompted, allow the Go Waterfall App to access your location to ensure fire services can respond quickly and accurately in an emergency.	A five-second countdown will appear, allowing you to cancel if the button was pressed by mistake. If no action is taken, the request is confirmed, and assistance will be dispatched.	Once sent, your request is confirmed on-screen and shared with emergency responders. They may contact you for details and/or dispatch help immediately.

Important

This button should only be used in the case of a real fire emergency. Misuse of this feature may delay help for others in need. Ensure your contact information is up to date in the app so Fire Ops can reach you.

Good to know

The button does not appear on the Go Waterfall app home screen

of Waterfall Country and Village Estate Residents because these two estates have a centralised control room, which they prefer running all emergency calls through. This is done so that they can advise Fire Ops which of the 6 different gate houses to use for the easiest access in an emergency. There is a Fire Ops button installed at all the gatehouses of these residential estates, that fires off

a trigger and location in the event of a fire incident.

These additions to Waterfall City's ecosystem certainly showcase the development as a smart city pioneer and are another step towards living out the city's vision of being a smart city so admired, safe and sustainable, there is no better place to live, work, play and prosper.

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The ultimate

GREEN SHOWDOWN



An eagle on the 18th, chilly winter skies, and a historic showdown: inside the thrill of the 2026 Waterfall City Tournament of Champions.



There is a distinct magic to Gauteng in the winter. The mornings bite with a freezing chill, but by afternoon, the city is draped in that famous, big blue sky. It was against this dramatic backdrop – complete with a sudden burst of lightning that sent players running for cover before giving way to perfect sunshine – that the third annual Waterfall City Tournament of Champions, supported by Attacq and Waterfall City Management Company (WCMC), delivered the most electric finish in its history.

The Royal Johannesburg's legendary East Course was the location. The atmosphere was charged, spectators came in droves, kids were entertained in Attacq's Candyland play area, and the golf on display was nothing short of world-class.

The Saturday shake-up

By Saturday afternoon, the leaderboard had ignited a thrilling conversation across the greens. Nestled securely in the top three were two local women: Caitlyn Macnab and Gabrielle Venter, alongside Mexico's Luis Carrera.

"Starting Saturday with two South African women in the top three really had everyone talking," laughs Anneli Marais, Marketing Manager at WCMC. "The energy was electrifying and it was fantastic to watch."

The Sunday showdown

When Sunday's final round commenced, the tension dialed up to an absolute maximum. Macnab, who had



Caitlyn Macnab with her caddie, Matt Saulez, showed massive composure to win the Waterfall City Tournament of Champions by one shot on eight under par.

commanded the lead since day one, started her day with six steady pars before striking birdies on the 7th and 9th. But the East Course rarely lets anyone walk away easily. Dropped shots on the 11th and 14th holes cracked the door wide open.

Carrera – the Sunshine Tour’s 2025/26 Fortress Rookie of the Year – pounced, sinking a brilliant birdie on the 18th to claim the outright lead at seven under par. Meanwhile, Pieter Moolman was making a furious late-day charge, carding four spectacular birdies over his final five holes to finish third at six under par.

Suddenly, it was a three-way tie for the crown with only one hole left to play.

“Wow, it could have gone either way. What a showdown,” exclaims Marais.

Sinking the eagle

To win it outright and avoid a grueling playoff, Macnab needed nothing short of a miracle on the 18th: an eagle putt. With the crowd hanging over the balconies in dead silence, Macnab stepped up. “My caddie Matt (Saulez)



Gabrielle Venter placed fourth.

did a good job of keeping me grounded and keeping me within the shot. I couldn’t really feel much so we decided on a line and thank goodness it went in.”



Luis Carrera shot an impressive 65 to get himself within one shot of the leader ahead of the final round.

The ball dropped. The crowd erupted. With a final round 69, Macnab finished eight under par to win by a single shot, proving exactly why she was named the Sunshine Ladies Tour's R&A Rookie of the Year last season. Her caddie, Matt Saulez, walked away with the coveted Sunshine Tour Medallion for his masterclass in course management.

More celebrations

The professional circuit wasn't the only place history was being made. In the amateur field, a milestone was reached for the first time since the tournament's inaugural launch:



The WCMC team shares a proud moment with winner Caitlyn Macnab.



Caitlyn Macnab wins the Waterfall City Tournament of Champions 2026 title.

an amateur golfer successfully beat a pro on the green, winning a luxury cruise courtesy of MSC Cruises. Later, players and spectators alike tested their precision in the high-stakes Airlink Aces "nearest to the pin" competition.

A few familiar faces were missed

"Our brilliant Waterfall City ambassador, Casandra Alexander, was playing stateside, so couldn't be with us this year" notes Marais. Casandra tied for 40th out of 156 spots at the Ladies US Open in Los Angeles and spent late June playing the KPMG PGA in Minnesota. "Our disabled golfers were also absent this year as they were representing South Africa at the Cotswold Downs Disabled Open in KZN."

As for the champion? Fresh off her historic win, Caitlyn Macnab is off to Europe, with tournaments lined up in Amsterdam, Prague and Brussels. If her performance at Royal Johannesburg is any indication, the world is about to see a lot more of Caitlyn Macnab.

**Photos by Tyrone Winfield/Sunshine Tour/Gallo Images*



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NEW IN THE HOOD

Mall of Africa has expanded its retail offering even further, with the introduction of two new fabulous stores. Welcome to Liverpool FC and TSHEPO. Plus, in exciting news, Hydraulics Femme has recently upgraded into a flagship store.



Liverpool FC

The Reds have arrived at Mall of Africa!

The opening of Liverpool FC's first two official standalone retail stores in Cape Town and Johannesburg marks a major milestone in the club's global retail expansion and brings the official LFC retail store experience to Africa for the first time.

South Africa is home to 12.7 million LFC fans – more than any other club in

world football – alongside 37 million cumulative TV viewers last season.

Lee Derryhouse, senior vice-president of merchandising at LFC, said, "These store openings are an important moment for us as we bring these official standalone retail stores to the region for the first time. South Africa has a deep and passionate Liverpool fan base, and we're proud to create new ways for supporters to connect with the club."

From official kits and supporter wear to lifestyle collections and exclusive merchandise, the Liverpool FC store in Mall of Africa is your new home for everything Liverpool FC. Whether you're a lifelong Red or simply love iconic sportswear, this one is worth the visit.

Located next to EL&N
Store number 2063B
Entrance 26
Upper Level 5

TSHEPO

TSHEPO has officially opened a store in Mall of Africa. TSHEPO is an African denim brand that uses denim as a language to express South African stories, people, and culture. Rooted in Johannesburg – in its people, its warmth, and its honesty – the brand crafts garments for those who value culture, care, and belonging.

Committed to excellence, sustainability, and community empowerment, TSHEPO celebrates SA heritage while inspiring innovation and ensuring their craftsmanship resonates globally.

“Denim is not a category. It is our language,” says team TSHEPO. “We take a material rooted in work and utility and elevate it through craftsmanship, patience, and intention. Not to distance it from its origins, but to honour them. TSHEPO denim is not designed to impress at first glance. It is designed to be lived in. To become familiar. To feel better with time.”

Shop number 2024
Entrance 26
Upper Level 5



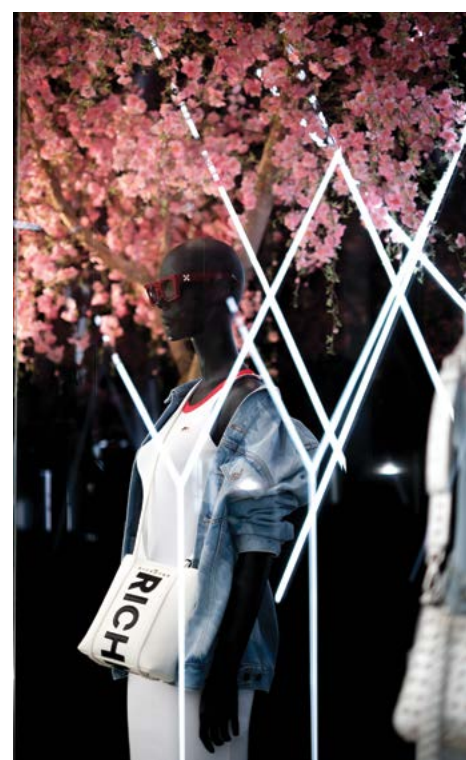
Hello Hydraulics Femme 2.0

The Hydraulics Femme flagship store at Mall of Africa marks a new chapter for the Femme concept, elevating the in-store experience through intentional design, curated brand selection, and a distinct feminine identity.

The space is immersive from the moment you enter. Black marble, pink accents, and signature cherry blossom installations create a visually striking yet elegant environment. This is contrasted with solid wood flooring. It is where luxury meets experience, and where the customer journey is as important as the product itself.

From international fashion houses to emerging global brands, every element within Hydraulics Femme is selected to reflect a woman who is confident, style-aware, and unapologetically elevated.

Store number 2165
Entrance 7
Upper Level 5



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MUST DO

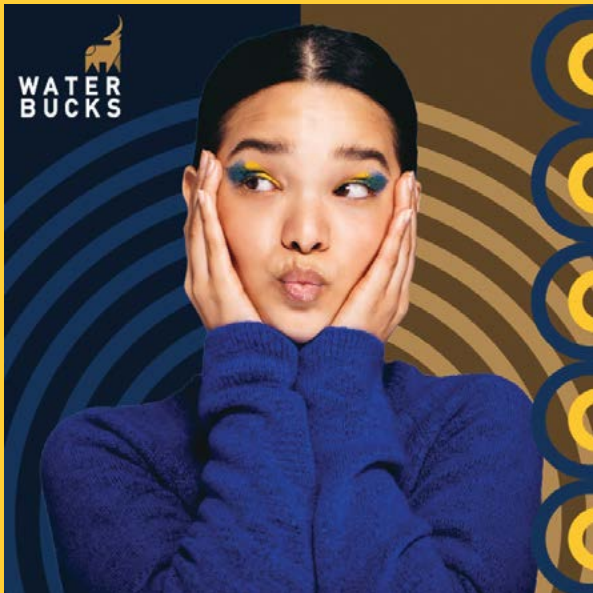
There's a buzz in the winter air at Waterfall City. From rewards to deli markets, a movie competition, and some great specials, things are only heating up. Read on for more info and make the most of everything Waterfall City has to offer.

WATERFALL CITY REWARDS

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WATERFALL WILDS DELI MARKET



Second Sunday is Deli Market Day!

Join us on the second Sunday of every month for a delightful day at the Waterfall Wilds Deli Market, featuring a selection of homemade and home-baked deli treats, farm-fresh produce, and delicious gourmet delights. Browse unique stalls, discover local favourites, and enjoy a relaxed atmosphere surrounded by nature. There will be great live music throughout the day, so bring your family and furry friends, and indulge in good food, good music, and great company. See you there!

12 July & 9 August
10:30 – 15:00
Waterfall Wilds

WATERFALL CITY CARES

Give Blood, Save Lives

The SANBS's blood stocks are still running critically low. We host regular blood drives at Polofields Crossing.

Keep an eye on the Polofields Crossing social pages for dates and times.



WATERFALL CITY PARK

Halaal Goods Market

Experience the Halaal Goods Market at Waterfall City Park from 24 – 26 July. Bringing together the very best in halaal food, fashion, lifestyle products and local entrepreneurs, this vibrant market promises a weekend filled with delicious flavours and unique finds.

24 – 26 July 2026
Waterfall City Park



Rise Against Hunger

During Mandela Month, Waterfall City will once again support Rise Against Hunger Africa, uniting spaces, clients and communities to help make a meaningful difference to those who need it most. Register your team and take part in meal-packing activations at Waterfall City Park, Mall of Africa. Together we can pack more than meals – we can build connection, fulfil purpose, and share hope.

17 July
Waterfall City Park
Register your team here:
<http://bit.ly/3SJi7OH>



MOVIES



What's on at the movies

Grab your popcorn and experience the magic on the big screen. Catch the following blockbusters at Ster-Kinekor, Mall of Africa:

Now on: *Dear Sis Dolly*

Now on: *The Get Out*

Now on: *Moana (live action)*

Now on: *Evil Dead Burn*

17 July: *The Odyssey*

24 July: *Angels: They Are Among Us*

24 July: *The Invite*

24 July: *Motor City*

29 July: *Spider-Man: Brand New Day*

WATERFALL CITY COMPETITION

WIN Movie Tickets to *Spider-Man: Brand New Day*

Your friendly neighbourhood webhead is back in the new *Spider-Man* movie starting 29 July at Ster-Kinekor Mall of Africa! Tell us what Spider-Man's real name is, and you could win 4 movie tickets.

Email your answer to competitions@waterfallcity.co.za along with your name and contact number.

Competition closes 26 July
Winner announced 29 July
Ts and Cs apply



SPECIALS

Daruma

Winter comfort starts here! Nothing beats a comforting meal on a chilly winter's day. This season, enjoy a complimentary bowl of miso soup with every meal at Daruma By Oskido in Waterfall Corner. Gather with friends, savour authentic Japanese flavours, and stay warm all winter long.

Waterfall Corner
073 012 4801
Ts and Cs apply



Vans

The long-awaited End of Season Vans Sale is here! Enjoy up to 50% off a wide range of footwear, apparel, and accessories. From timeless classics to everyday essentials, now is the perfect time to refresh your wardrobe with your favourite styles or discover something new. Shop early to secure the best deals before popular sizes and styles sell out.

Mall of Africa, opposite the SportsScene store, Upper Level



SkinPhD

This winter, give your hands and feet the attention they deserve with exclusive Winter Nail Specials at SkinPhD Waterfall Corner.

Whether you're looking for a flawless set of nails, beautifully polished toes, or a relaxing pedicure experience, now is the perfect time to indulge in a little self-care.

Winter Nail Specials:

- Gel or Acrylic Overlay only R380
- Pedicure with Gel Polish only R380
- Deluxe Pedicure with Gel Polish (includes Foot Peel) only R420
- Gel or Acrylic Overlay + Gel Toes only R680

Don't miss your chance to enjoy these incredible winter offers before they end.

Available Mondays to Thursdays until 31 July
Waterfall Corner
010 596 8942



waterfallcorner@skinphd.co.za
Ts and Cs apply

skinPhD
WATERFALL CORNER



**Netcare Waterfall
City Hospital**



THUMB SURGERY

A New Era

The introduction of a new thumb joint replacement surgery is good news for bikers, gamers and those who work on computers.

When software developer David Hellyer started to lose strength in his left thumb, he realised just how integral the opposable digit is to daily life.

"I do a lot of work on the computer, and I'm also a PS4 gaming enthusiast. Both involve pressing down with the thumb and over many years this repetitive action contributed to wear and tear on the joint at the base of my thumb," Hellyer says.

"I also love riding motorbikes, and operating the clutch requires stretching your hand in such a way that it adds further strain to this joint. At first, I felt a bit of pain in my thumb, nothing too serious, and I still had strength in my grip, but over the next 15 years, it gradually got worse. The X-ray of my hand clearly showed the wear and tear on the thumb base joint."

"Most people never realise how important the thumb is until using it becomes painful. Hellyer's arthritis was caught relatively early, before it could progress to cause significant pain, joint deformity or start seriously affecting his independence," says specialist hand and upper limb surgeon Dr Ashley Naidoo, who practises at Netcare Waterfall City Hospital's Sports Orthopaedic Surgery (SOS) Centre.



X-ray before surgery



X-ray after surgery

"Simple daily activities most of us take for granted, like opening a jar, turning a key, holding a coffee mug, typing on a phone or picking up your child, require fine and intricate movements of this joint. For people affected by advanced thumb base arthritis, also known as thumb carpometacarpal joint (CMCJ) arthritis, these tasks become constant reminders of their progressive condition," he explains.

Dr Naidoo points out that CMCJ arthritis is one of the most common causes of hand pain in adults, particularly in women over 45 and in

individuals who work with their hands or spend a significant amount of time on computers.

"Even though it is so common, many people mistakenly believe the pain and loss of function they are experiencing are simply part of getting older and don't realise how much can be done to treat thumb base arthritis," says Dr Naidoo, who gained international experience at the Oxford Hand Unit, the American Society for Surgery of the Hand, and Harvard University among other travelling and visiting fellowships.

With early orthopaedic assessment, conservative treatments can ease symptoms initially and help delay progression. These may include thumb splints or braces, anti-inflammatory medication, ergonomic changes and modifying one's activities to avoid repetitive strain.

"Corticosteroid or hyaluronic acid injections are recommended for certain patients as an option before surgery is considered," Dr Naidoo says, adding that hand therapists and occupational therapists also assist in maintaining function and reducing strain on the affected joint.

Surgery is only considered when the condition starts to affect the person's life, often impacting sleep quality and making their daily activities more difficult. In Hellyer's case, his grip and pinch strength were deteriorating, which could become a problem when riding his motorbike.

"Several years ago, I broke my foot and had to have a series of operations before I could ride again. I'm no stranger to traditional surgery, and I was eager to have as little downtime as possible, given how crucial the thumb is in my work as a software developer, not to mention for riding and gaming, which are also a big part of my life," explains Hellyer.

Historically, the most common surgery for thumb base arthritis involved removing the trapezium bone, often combined with tendon reconstruction techniques. While trapeziectomy remains an effective and reliable procedure, Dr Naidoo points out that recent advances are opening up new treatment options.

"Today, hand surgery is no longer solely about removing arthritis. Increasingly, it is about restoring quality of life, preserving independence, and helping people continue to do the things they enjoy most. The introduction of thumb carpometacarpal joint (CMCJ)

replacement surgery reflects the broader international trend towards precision and function-preserving orthopaedic care," he says.

Thumb CMCJ replacement surgery involves replacing the arthritic thumb base joint with a specialised prosthetic implant designed to recreate natural thumb movement. Rather than removing the joint entirely, the replacement preserves the mechanics, enabling thumb movement while relieving pain.

"International studies and systematic reviews have demonstrated the value of this option in clinically appropriate instances, with quicker functional recovery and improved early strength restoration among the noted advantages," Dr Naidoo points out.

"This new generation surgical approach offers better preservation of thumb movement, improved self-reported functioning and comparable pain relief to trapeziectomy procedures. Other comparative studies have highlighted improved functional outcomes and preservation of thumb biomechanics with modern arthroplasty implants."

It has been over a year and a half since Hellyer's thumb CMCJ replacement surgery. "I had the procedure in November 2024 and recovered over December, returning to work at the beginning of 2025. The surgery itself was relatively minor, and I did not even need to spend a night in hospital, and my recovery was pretty easy," Hellyer says.

"My hand has returned to normal strength, and I can do everything I did before. Occasionally, after using my thumb a lot, it may feel a little tired, but the results have impressed me. Aesthetically, there is barely a trace of the little scar left. Dr Naidoo's incision was small and positioned on the edge of my hand, where it is not noticeable. Best of all, I'm working, gaming and making up for lost time riding my Ducati road bike."



Over a year and a half since David Hellyer's CMCJ replacement surgery.



David Hellyer riding his Ducati road bike after recovering from his surgery.

"Treatment for thumb base arthritis often means restoring far more than just the affected joint; to the person, it often means restoring confidence, independence, and simple enjoyment of everyday life."



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The psychology of FINANCIAL RESILIENCE

By Thomas Berry, Head of Sales at PSG Wealth



Thomas Berry

At its core, financial resilience is the ability to adapt, recover, and remain rational during periods of uncertainty or financial stress. It is built through confidence, perspective, discipline – not simply through income alone.

We often assume that people with high incomes or large investment portfolios automatically feel financially secure. Yet in practice, financial confidence has far less to do with the size of your bank account and far more to do with your mindset, habits, and relationship with money.

Being financially confident does not necessarily mean being “good with money.” Someone can understand investments, tax structures, and budgeting perfectly, yet still feel insecure about their finances. Financial confidence is more about your belief in

your ability to make informed decisions and recover from setbacks.

In contrast, being good with money is more technical. It involves budgeting well, understanding debt, saving consistently, and investing appropriately. Ideally the two should work together, but they do not always develop at the same pace. A person may have excellent financial knowledge but little confidence due to past experiences. Likewise, someone with limited financial education may still approach money with confidence because they grew up in an environment that encouraged healthy financial behaviours.

Our relationship with money is heavily shaped by our starting point in life. The home environment we grow up in often determines how we view risk, spending, saving, and success.

Someone raised in a financially unstable household may associate money with stress and uncertainty. As a result, they may become overly cautious, fearful of investing, or reluctant to take calculated risks. On the other hand, individuals raised in financially secure environments may feel more comfortable pursuing opportunities because they have experienced stability and support.

The generation or economic era in which someone was born also plays a significant role. A person who entered adulthood during periods of economic growth may naturally feel more optimistic about investing and wealth creation. Conversely, those who experienced recessions, high unemployment, or financial crises during formative years may develop a more defensive financial mindset.

The encouraging reality, however, is that financial confidence is not fixed. People are not permanently defined by their upbringing or past financial mistakes. Breaking the cycle begins with awareness. Many individuals operate with inherited beliefs about money without ever questioning them.

Building financial confidence requires small, consistent gains. Creating a budget, paying off debt incrementally, building an emergency fund, or

learning about investing all reinforce a sense of control. Over time, these actions reshape someone's belief in their ability to have more control of their money.

The more individuals understand how money works, the more empowered they feel to make decisions. Importantly, financial education should not focus purely on technical knowledge but also on emotional awareness and behavioural habits.

Income levels do not guarantee confidence. Lifestyle inflation, social comparison, and financial pressure often rise alongside earnings. Many high-income earners remain financially anxious because their spending grows as quickly as their salary. Confidence therefore comes less from how much someone earns and more from whether they feel in control of their finances.

Some of the biggest barriers to financial confidence are emotional rather than practical. Fear of failure, shame about past mistakes, comparison to others, and avoidance behaviours are extremely common. Social media and modern consumer culture can intensify feelings of inadequacy, making people feel perpetually behind.

Overcoming these barriers starts

with shifting the focus away from comparison and toward progress. Financial journeys are deeply personal, and there is no universal timeline for success. Someone who begins saving or investing later in life is not "too late"; they are simply starting from where they are.

One of the most practical mindset shifts for someone feeling overwhelmed is to stop viewing financial success as a single destination and instead see it as a process of gradual improvement. Financial resilience is built one decision at a time. Small, repeated actions matter far more than dramatic changes.

People often underestimate the power of consistency because the results are not immediate. Yet confidence compounds in much the same way investments do. Each positive decision creates momentum, and over time that momentum transforms both financial position and self-belief.

Financial resilience is not about never experiencing setbacks. It is about developing the confidence, discipline, and perspective to navigate them. In a world filled with uncertainty, that mindset may prove more valuable than money itself.



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Just over a year ago, Polofields Mica Paint and Hardware opened its doors in Waterfall City with a simple goal: to provide the community with a hardware store built on service, expertise and genuine relationships.

Today, thanks to the incredible support of homeowners, contractors,

businesses and residents across Waterfall City and the surrounding areas, Polofields Mica is proud to be taking the next step in its journey.

“Since opening our 400m² store in April 2025 at Polofields Crossing, we’ve been humbled by the way the community has embraced us,” says the Polofields Mica team. “That support has enabled us to expand into a new 1,550m² space within the same centre, creating a more comprehensive home improvement, building and lifestyle offering for our customers.”

This expansion is about more than additional floor space. It’s about making it easier for customers to find everything they need under one roof.

Alongside a trusted range of paint, tools, hardware and DIY essentials, Polofields Mica is excited to introduce its new On Tap Sanitaryware Showroom, offering a fully integrated Mica and On Tap experience. From contemporary bathroom and kitchen solutions to premium finishes and design inspiration, customers can now

source and plan more of their projects in one convenient location.

“Waterfall City residents now have access to a dedicated bathroom, kitchen and plumbing showroom in the Polofields Crossing store, featuring trusted local and international brands such as Hansgrohe, Geberit and Franke, and all supported by expert advice and personalised service.”

The store also expanded its building materials offering with a dedicated builders’ yard, supplying sand, bricks, cement, roofing materials and other construction essentials, with direct delivery to site. Combined with its gas and gas refill services, they are now fully equipped to support projects from foundation to final finish.

What truly sets Polofields Mica apart, however, is not what they sell – it’s how they serve.

“As a family-owned and owner-managed business, we’ve built our reputation on personal service, practical advice and a genuine commitment to helping customers succeed with





every project. In just over a year, many customers have become familiar faces, and those relationships remain at the heart of everything we do."

This expansion represents Mica's continued investment in the Waterfall City community that has supported them from day one.

"We are proud to grow alongside Waterfall City and look forward to helping residents, businesses and contractors bring their projects to life for many years to come."

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SECURITY SHOULDN'T STOP AT THE GATE

Choosing to live in a secure estate is one of those decisions that makes sense. It is not about paranoia. It is about peace of mind. It is about knowing your family can come home, move around, walk the dogs, ride bicycles, visit neighbours, and enjoy a lifestyle with greater comfort and control.

That is the whole point of estate living. You make a considered choice about where you live, who has access, and what level of security surrounds your family.

The contradiction, of course, is that the moment you drive out of the gate, much of that protection stays behind.

That does not mean you should stop living, stop travelling, or start looking over your shoulder every time you leave home. Quite the opposite. The right protection should allow you to keep living normally. It should give you confidence, not anxiety. It should be practical, discreet and built around the life you already have.

This is where discreet vehicle armouring becomes such a sensible extension of the security decisions many estate residents have already made.

For many people, the words

“armoured car” still create the wrong picture. They imagine convoys, flashing lights, bulky vehicles, and people living in a completely different world. In reality, modern armouring is far more refined than that. You do not have to be one of “those” people to be at risk, and you certainly do not have to look like one of “those” people to be protected.

Armormax specialises in discreet armouring for everyday luxury vehicles. From the outside, an Armormax vehicle looks like the vehicle you chose in the first place. The finish is clean, the cabin remains comfortable, the driving experience is familiar, and the protection is quietly built into the areas that matter most.

That discretion is important. The best protection is not always the loudest protection. In many cases, it is the protection nobody notices. It allows you to arrive at school, the office, the golf club, the airport or your favourite restaurant without drawing unnecessary attention. You simply drive your own vehicle, with an added layer of confidence built in.

There is also a practical reality worth acknowledging. Waiting does not save lives. Hoping that something will never happen is understandable, but hope is not a security strategy. The

point is not to live in fear. The point is to make a calm, intelligent decision before you ever need it.

Owning an Armormax vehicle is surprisingly normal. You do not need to change your routine. You do not need to explain yourself everywhere you go. You continue to use your vehicle every day, with the benefit of professionally engineered protection, quality materials, aftersales support, and a team that understands both the security and lifestyle sides of the decision.

If you have already made the positive choice to protect your home and your family through estate living, extending that thinking to the road is a natural next step.

Armormax invites you to ask questions, book a factory visit, and see for yourself how discreet vehicle armouring is done properly.

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**"LEARNING HERE ISN'T
JUST ABOUT WHAT
YOU KNOW. IT'S ABOUT
WHO YOU BECOME."**

LEARNING WITHOUT LIMITS

At the **American International School of Johannesburg (AISJ)**, academic excellence is just the beginning. For over 40 years, we have empowered students to explore, create, and grow in a learning environment tailored to their needs.

With campuses in both **Pretoria & Johannesburg**, the school serves expatriate and local families alike, combining world-class academic standards with a commitment to the holistic development of the child. Students are not just taught; they are known. Our students are given the freedom to pursue their passions, explore new interests, and shape their own educational journey.

LEARNING ISN'T LINEAR

AISJ's instruction is designed to adapt - helping students understand ideas, not just facts. Students ask questions, make connections across subjects, and apply their knowledge in meaningful ways, preparing them for life beyond the classroom. We emphasise a deeper understanding, critical thinking, and real-world problem-solving.

Academic rigour is built on decades of experience, having offered the **International Baccalaureate Diploma Programme (IBDP)** for over 30 years and now expanding excellence to the Elementary School with candidacy for the **International Baccalaureate Primary Years Programme (IB PYP)**. These globally recognised programmes provide students with the critical thinking, inquiry skills, and conceptual understanding necessary to succeed in top universities and beyond.

Early Learning starts at 3! AISJ now offers a Pre-K 3 programme, providing three-year-olds with a nurturing, inquiry-based introduction to school that fosters curiosity, confidence, and a love of learning from the very beginning.

DESIGNED FOR DIFFERENCE

One of AISJ's most distinctive features is its focus on ensuring that every student receives the education they need in the way that best suits them. By **embracing neurodiversity**, we create learning experiences that adapt to a wide range of strengths, needs, and ways of thinking.

Every child learns differently, and those differences are understood, valued, and supported. Learning environments and pathways are thoughtfully designed to meet students where they are, honouring diverse learning styles and interests.

By adjusting instruction, support, and opportunities as students grow, we ensure that each learner is appropriately challenged, intentionally supported, and empowered to build confidence, independence, and success.



DISCOVER HOW A STRONG START LEADS TO A BRIGHT FUTURE!

THE FOUR PILLARS OF LEARNING

AISJ's balanced education is built on four pillars:

- **Academics** - Concept-driven, inquiry-based learning prepares students for top universities worldwide
- **Arts** - Opportunities in visual arts, music, and performance starting from 3 years old
- **Athletics** - Participating in local and international sports tournaments, arts festivals, and conferences
- **Service** - Students engage meaningfully with local and global communities, developing empathy, leadership, and a sense of responsibility

Together, these pillars ensure students develop academically, creatively, physically, socially, and as globally minded individuals ready to contribute positively to the world around them.

"Our learners are prepared not just for school, but for the world beyond it."



A BOARDING EXPERIENCE THAT FEELS LIKE HOME

For students in Grades 8-12, AISJ's luxury boarding programme offers a supportive, independent environment where learners grow academically, socially, and personally. Boarding combines rigorous academics, personalised pathways, and a nurturing community, providing continuity and stability for families, especially those who are internationally mobile.

Students live and learn alongside peers from diverse backgrounds, forming friendships and skills that last a lifetime. Here, they develop independence, resilience, and a sense of belonging - preparing them for university, careers, and life beyond school.

"At AISJ, learning has no limits, and neither do our students."



WHY AISJ STANDS OUT

AISJ provides academic excellence, a global perspective, and a deep commitment to the whole child. Every student is recognised as an individual, with learning designed to meet their strengths, interests, and ways of thinking.

From the first steps in early childhood through graduation, we offer continuity, care, and community at every stage of the journey. Students explore their passions, build confidence and resilience, and grow as curious, capable, and independent learners.

Our goal is to shape learners who are not only academically prepared but also confident, adaptable, and ready to engage with the world. Students leave AISJ equipped - not just for the next grade, but for life beyond school, wherever their journey takes them.

Our students graduate ready for universities and opportunities around the globe. Our alumni have gone on to attend top institutions in the US, UK, South Africa and beyond, combining academic excellence with the skills and confidence to thrive anywhere in the world.



THE CHARGE HAS CHANGED

Changan's next-generation EVs arrive in South Africa

South Africa's electric mobility story is no longer a distant glow on the horizon. But how do you make new-energy vehicles work for a country that demands long-distance confidence, everyday durability and real value?

For Changan, the answer is not a single product, but a next-generation EV approach built around choice, aspiration and practicality.

The Hunter K50 REEV speaks to drivers who need bakkie toughness with electric intelligence. The Deepal S07 and the incoming S05 REEV introduce a more elevated expression of electric mobility – refined, high-end, intelligent and design-led.

Hunter K50 REEV: Electric confidence, bakkie muscle

The Hunter K50 REEV is the clearest sign that Changan understands South Africa's motoring culture. The K50 REEV is the

world's first range-extended electric bakkie that combines an electric drive system with a 2.0-litre turbo-charged petrol generator – giving drivers the smoothness and immediate response of electric power, with the reassurance of extended range when the road stretches beyond the charging map.

For weekday commutes, the Hunter K50 REEV can lean into electric driving. For longer journeys, where downtime is not an option, the range-extender concept reduces the anxiety that often slows EV adoption.

The Hunter K50 REEV delivers 200kW of total power and 470Nm of torque. It offers four-wheel drive, a pure-electric range of up to 145km and up to 1,000km when the range extender is deployed. Its practical credentials include a 1,010kg payload, 2,200kg authorised trailer mass, 600mm wading depth and up to 220mm ground clearance when unladen.

Deepal S07: Premium electric intelligence

Where the Hunter K50 REEV bridges toughness and technology, the Deepal S07 makes the EV future feel premium, intelligent and deeply desirable.

Its award-winning design is clean, sculptural and quietly confident, with frameless doors, concealed door handles, LED lighting signatures and a low, composed stance.

Inside, the S07 moves the conversation from "electric vehicle" to "intelligent luxury experience". Its cabin draws inspiration from Mediterranean yacht design, with premium finishes, a unique centre console, panoramic openness and uncluttered architecture.

The Deepal S07 produces 160kW and 320Nm through sporty rear-wheel drive, with a pure EV range of 500km. Fast charging from 30% to 80% is expected in 35 minutes.

The cabin features a 15.6-inch "Sunflower" infotainment screen, an augmented-reality head-up display, a 14-speaker audio system, wireless charging, Wi-Fi, voice control, gesture recognition and a 540-degree camera system.

Deepal S05 REEV: The practical premium step

The incoming Deepal S05 REEV carries the Deepal design philosophy and intelligent technology in a more compact, agile and city-friendly package. Like the K50 Hunter REEV, the S05 is a range-extended SUV, combining electric intelligence with





the reassurance of extended-range capability.

With a 27.28kWh lithium iron phosphate battery, the S05 REEV offers pure electric range of at least 160km, with fast charging from 30% to 80% in 20 minutes. Power comes from a rear-mounted electric motor producing 160kW and 320Nm, supported by a 1.5-litre range extender, giving the S05 REEV up to 1,000km of combined range.

Beyond the drivetrain, it carries the Deepal character through a 15.4-inch 2.5K central control screen, AR head-up display, 14-speaker audio system, 540-degree panoramic imaging, frameless doors and intelligent ADAS features.

Driven to evolve

Together, the Hunter K50 REEV, Deepal 07 and incoming S05 REEV show a brand thinking beyond the novelty of electrification. In a country that needs innovation to be accessible, beautiful and useful all at once, Changan's next-generation EV approach feels less like a gamble and more like perfect timing.

<https://www.changanmotors.co.za/>



A BOWL OF WINTER COMFORT

Winter is soup season in Johannesburg. As the temperatures drop and the evenings draw in, there's nothing more comforting than a steaming bowl enjoyed around the kitchen table. The best winter soups don't need to be complicated – they simply fill the kitchen with inviting aromas, take the chill off a Highveld evening, and make everyone eager for a second helping.

Try this creamy soup for the ultimate comfort food on a cosy winter night.

CREAMY ROASTED TOMATO SOUP WITH TOASTED CHEESE SOURDOUGH

Roasting the tomatoes first gives this soup a deeper flavour that tastes far more complicated than it really is.

Prep time: 15 minutes

Cook time: 45 minutes

Serves: 4 – 6

INGREDIENTS

- 1.5kg ripe tomatoes, halved
- 1 onion, chopped
- 4 garlic cloves
- Olive oil
- Salt and black pepper
- 3 cups vegetable stock
- ½ cup cream
- Fresh basil



METHOD

1. Preheat the oven to 200°C.
2. Place tomatoes, onion and garlic on a baking tray.
3. Drizzle generously with olive oil and season well.
4. Roast for 35 – 40 minutes until soft and slightly caramelised.
5. Transfer everything to a pot and add the vegetable stock. Blend until smooth using a stick blender.
6. Stir in the cream and a handful of basil leaves and simmer gently for another 5 minutes.
7. Serve hot with toasted cheese sourdough sandwiches.

Serving idea: A drizzle of basil pesto on top works beautifully.



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THE PRIMED STORY

At Primed Medcentre, healthcare is approached differently.

Founded by Dr Michael Muwanguzi, Primed combines functional medicine, modern diagnostics and personalised wellness strategies to help patients recover from burnout, chronic pain, fatigue, inflammation and long-standing health concerns.

Instead of focusing only on symptoms, Primed looks deeper, identifying underlying causes that may be affecting energy levels, mental clarity, immunity, performance and overall wellbeing.

The clinic was designed around one central idea:

Health Should feel personal again.

Patients receive tailored care plans built around their lifestyle, stress levels, medical history and long-term goals, creating a healthcare experience that feels intentional, supportive and results-driven.

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Professional, responsive day-to-day medical support.



Preventative Health Assessments

Helping patients identify health risks early.



Beat Burnout & Winter Fatigue

With the colder months here, many professionals experience increased fatigue, lowered immunity, brain fog and stress-related symptoms.

Primed's personalised wellness programmes and IV therapies are designed to support recovery, energy and resilience during demanding seasons.

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Wanderlust: AfriCamps

KAROO CALM

By Nicky McArthur, courtesy of Muse Magazine, www.musemagazine.co.za



There is a stretch of the N1 that feels like driving through a living painting. As you climb the Hex River Pass, the lush, green vineyards of De Doorns – which famously produce over half of our country's table grape exports – begin to give way to the rugged, sun-kissed majesty of the Great Karoo.

The Huguenot tunnel runs through



the mountain range as part of the unique landscape, stretching 3.9 kilometres and cutting through the Du Toitskloof Mountains between Paarl and Worcester. As you transition from the awe-inspiring landscape outside, it is here, tucked away on the Karoo 1 Farm Estate, that AfriCamps at Karoo 1 invites you to experience glamping that is as wild as it is comfortable.

Waterfall City **Travel**

Myth and mountain

The Hex River Valley is steeped in more than just agriculture; it is a place of myth and mystery. While the name originally stems from the crisscrossing *Exe* (X) of river and ox-wagon trails, local legend tells a different story. Since 1768, tales of the *Heks* (witch) of the Matroosberg have haunted the peaks. It is said she wanders the mountains under a full moon, searching for a long-lost love.

Whether you believe the folklore or not, the landscape is undeniably spellbinding as the sun sets over the Matroosberg – the region's highest peak – casting long, dramatic shadows over the fynbos. This magical time is ideal for wine on the verandah and watching the Karoo stars from the hot tub, which we patiently loaded up with wood all day until it was suitably hot.

The days are long in summer

They stretch lazily from sunrise, and we spent most of our mornings at the incomparable rock pool unique to Karoo 1. With cool waters, sun loungers, and epic scenery, it's not hard to while away the time. And when the kids needed movement, we met up with Chris, the king of adventure. From quad biking and Segways to archery and pellet gun target shooting, there is a lot to do.

And, as the games room is filled with Foosball, ping pong, and a pool table, you may not see your kids at all. You can also hike through the rugged shrublands, lunch at the on-site restaurant and delightful bistro – where the lovely bartender Shakes is adept at cocktail making – or drink coffee at the on-site Bootleggers, which is close to the hotel pool, available to glampers. In the evenings, there are stargazing chats, a boma for chill-out time and outdoor cinema, weather permitting.

What makes AfriCamps at Karoo 1 the ultimate family destination is that it's completely dog friendly. The whole family truly means everyone – no more sad eyes in the rearview mirror as you drive away from home.



Dining or self-catering – you have options, and AfriCamps is also very well known for its breakfast and braai baskets. We tried both. Think wors, steak and kebabs, green salad, potato salad, and the most unbelievable rosemary-toasted ciabatta, and even marshmallows for dessert. Breakfast is equally scrumptious, with choices of eggs, sausage and bacon, yoghurt, homemade granola and honey, as well as freshly baked breads and preserves.

The tents

You can't stay at AfriCamps without admiring the tents. Would you call them tents? Seriously comfortable living quarters, two bedrooms, each with extra-length, queen-size bed and one single bunk bed in the second room

plus a proper bathroom with a rain shower. There is even an air conditioner, a fireplace and electric blankets.

The kitchen is fully equipped for 5 people, and we happily munched at the kitchen table while playing Scrabble every evening. And when it rains, it's glorious; we zipped up the canvas sides and cosily listened to the Karoo downpour.

From the majestic views of the Hex River Pass to the boutique comforts of your tent, AfriCamps at Karoo 1 isn't just a place to sleep – it's a place to reconnect with the wild heart of South Africa, with family, friends and a dassie or two.

www.africamps.com



Explore AfriCamps in your backyard

Northwest: Magaliesberg

Limpopo: Hoedspruit, Magoebaskloof, Waterberg

Mpumalanga: Hazyview

Kwa-Zulu Natal: Midlands, Drakensberg, Hluhluwe, Pongola Game Reserve

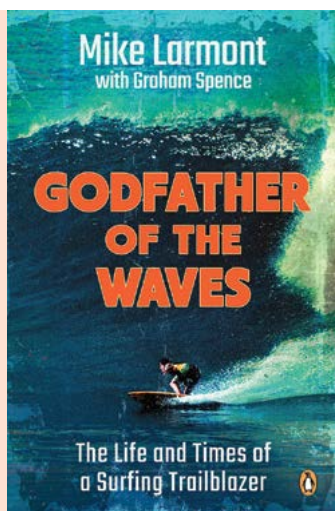
Western Cape: Wellington, Stanford, Robertson, Cederberg, Swellendam, Hex Valley, Oudtshoorn, Wilderness, Plett

Eastern Cape: Addo

Godfather of the Waves

By Mike Larmont
with Graham Spence

From the golden beaches of Durban to the thunderous waves of Hawaii's North Shore, *Godfather of the Waves* charts the extraordinary life of Mike Larmont – the man who shaped South African surfing in every sense of the word.

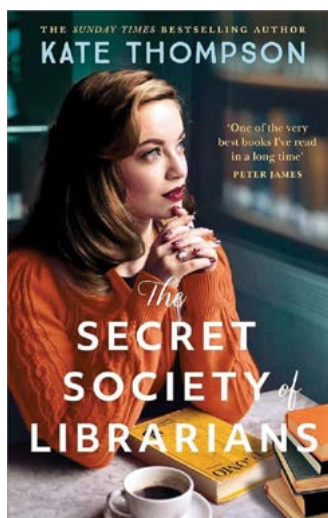


Raised on South Beach, Larmont's ocean odyssey began with borrowed surf mats and a dream. By the time he was a teenager, he was hand-shaping boards with a breadknife, launching a movement that would define a generation. His story surges from the heady surf culture of the 1960s and '70s – a time of wild waves, wild parties and fierce freedom – through the challenges of sporting isolation in the 1980s, to the renaissance that followed.

Along the way, Larmont became a world traveller and entrepreneur: making connections with local and international legends, manufacturing boards and other surfing gear, running the local franchise of global brands such as Rip Curl, co-founding *Zigzag* magazine, spearheading the rise of windsurfing in South Africa, and coaching South African surfers in world championships. His journey is one of grit and grace – from underground shaper to international icon, surviving shootouts, wipeouts and the relentless tides of change.

Told with honesty, humour and heart, *Godfather of the Waves* captures the untamed spirit of surfing and the soul of a man who never stopped chasing the next perfect ride.

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The Secret Society of Librarians

By Kate Thompson

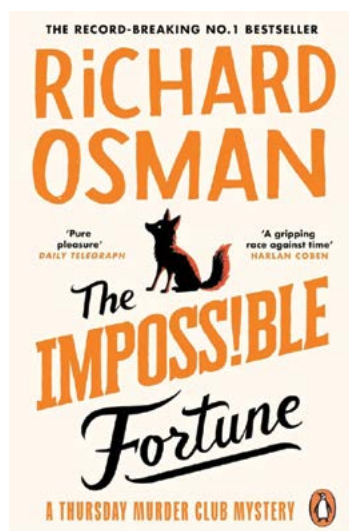
Two women, torn apart by war. One shared belief in the power of books...

London, 1939. When war breaks out on librarian Joyce Haddington's doorstep and a call for help rings out across the libraries of London, she's determined to act. Joyce

knows only the world of books can offer safety and comfort to her neighbourhood – and she will make sure no one is left behind. But soon Joyce's acts of resistance go beyond a secret mobile library scheme. She begins harbouring a young Jewish girl, Adela – and it's not long before she discovers Adela has her own secret, that could turn their world upside down again...

Poland, 1942. Dorothea knows any chance of her escaping the barbed wire fences and cruelty of the Lodz ghetto dwindles by the day. Reading isn't just an act of defiance: it's the only thing left in her life over which she has any control. And so, she shares books under the cover of darkness, creating a secret library away from prying eyes – that is, until even that last ray of hope is taken from her... Joyce and Dorothea were once librarians, ordinary women, and best friends. The war has made them heroes in their own small way – but will they ever find each other again? Based on astonishing real events, this absolutely heart-breaking page-turner brings to life the remarkable untold story of two women during the war.

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The Impossible Fortune

By Richard Osman

"A wedding. A code. A murder. Time is ticking . . . Your move."

It's been a quiet year for the Thursday Murder Club. Joyce is busy with table plans and first dances. Elizabeth is grieving. Ron is dealing with family troubles, and Ibrahim is still providing therapy to his favourite criminal.

But when Elizabeth meets a wedding guest who fears for their life, the thrill of the chase is ignited once again. A villain wants access to an uncrackable code and will stop at nothing to get it. Plunged back into their most explosive investigation yet, can the gang solve the puzzle and a murder in time?

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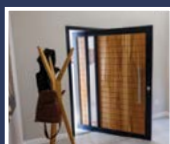
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Care Construction and Paving Ian 011 469 4300 083 250 3736
We specialise in new houses, additions and alterations, paving, painting and all your building requirements, no matter how big or small. Over 30 years' experience. www.careconstruction.co.za Email: ian@careconstruction.co.za

DRAIN MAINTENANCE

SirDrain 011 454 3534 / 083 231 5809
Call us for professional cleaning and unblocking of drains, using a drain machine or rods.

ELECTRICIAN

Affordable Electrician Lazarus 073 127 3921
Issuing COC's (same day), installation of solar systems and inverters, repairs to faulty plugs, switches, lights, ovens, stoves and geysers, commercial and industrial electrical maintenance and repairs.

FLOORING

Turkish Carpet Gallery Shop 071 648 3050 065 604 1999
For classic, modern and abstract carpets, visit us at Kyalami Corner Shopping Centre, Upper Level, Shop 107. Our other services include washing, cleaning and carpet repairs done professionally.

GARDEN & POOL SERVICES

Blueberry Hill Solutions WhatsApp 084 436 1498
Blueberry Hill Luxury Landscaping designs and maintains bespoke outdoor spaces for luxury estates, delivering timeless elegance, refined functionality, and meticulously curated landscapes for discerning homeowners who value beauty, precision and longevity. Visit: www.blueberryhillsolutions.co.za, or email: info@blueberryhillsolutions.co.za

Crewcut Gardens & Pools

Peter Mark 082 450 1111 082 789 7916
Weekly garden and pool maintenance. We build new pools or remarshal old ones. Suppliers of all pool spares, including pool pumps. Contact via email: peter@crewcut.co.za or mark@crewcut.co.za

GAS SUPPLY SERVICES

Falcon Gas 073 818 3532
Try our exceptional service for your LPG cylinder, refill/new cylinder supply. We comply to all Estate Safety & Security regulations. Free delivery to your home or business within Waterfall City. Email: falcogas.sa@etgworld.com

LOCKSMITH

Brad's Lock and Key 082 854 9898
All locks opened/fitted/replaced 011 802 4114
Also doors fitted/motors repaired/security gates custom-made. All work done by myself on-site. websites: bradslock.co.za/bradsgates.co.za email: bradslock@telkomsa.net

PAINT & BUILDING SUPPLIES

Colour Creations 011 466 0065
Paint, hardware, plumbing and building suppliers in Kyalami.

PLUMBERS

Plumb-Avid Projects 012 654 2513 071 875 0218
The leading name in plumbing and maintenance, now offering municipal water backup and rainwater harvesting solutions.

RDL Pro Plumbing 067 839 5224
Reliable plumbing services you can count on. Prompt, precise, and professionally delivered in Waterfall City, Fourways and Dainfern. No ghosting – just solutions.

Sandton Plumbers 083 460 9870
Maintenance & Construction experts. Over 36 years' experience. PIRB Registered & Solar Certified Installer.

PROPERTY MAINTENANCE

Carl Allan Property Maintenance 082 740 2356
Based in Waterfall City. We take care of all your maintenance: steelwork, carpentry, painting and all related repair work. Contact Carl Allan. Email: capm.renovate@gmail.com

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emergency numbers

DEDICATED WATERFALL CITY SERVICES

Fire Ops Waterfall City	083 622 6026
Netcare 911 Emergency Medical Services Waterfall City	010 209 8365

PETS & ANIMAL RESCUE

Animals in Distress	011 466 0261
Midrand Veterinary Hospital	011 315 1575
SPCA	011 265 9935
SPCA Midrand Emergency	083 441 1564
Sunninghill Village Vet	011 803 1221

OTHER SERVICES

Ambulance/Fire	10177
Ambulance/Fire/Metro Police	011 375 5911
Ambulance/Fire Midrand	011 847 4600
Carstenhof Clinic	011 655 5500
Crime Stop	086 001 0111
Midrand Trauma Support	076 979 9017
Netcare Emergency/Ambulance	082 911
Netcare Sunninghill Hospital	011 806 1500
Netcare Waterfall City Hospital	011 304 6600
Police/Flying Squad	10111
Police Midrand	011 347 1600

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An updated list is also available on the Waterfall City Website and Community Portal.
For any queries, contact: agents@waterfall.co.za



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**but we will
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***LET'S TALK
WATERFALL CITY***

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REMEMBER TO SUPPORT YOUR LOCAL RESTAURANTS WHEN YOU FEEL LIKE A NIGHT OUT!

JUL/AUG RESTAURANT COMPETITION

for our Waterfall City residents

The question for this month's competition:

What is the name of Waterfall City's new rewards programme available on the Go Waterfall app?

Please email your answer along with your full name, your cell number, your residential development name and your stand or apartment number, detailing 'Waterfall City Restaurant Competition' in the subject line, to: competitions@eiapublishing.co.za. The winner will receive a R500 meal voucher from one of our participating restaurants.

Terms and Conditions:

1. Vouchers cannot be exchanged for cash.
2. Portions of the monetary value of the voucher cannot be refunded as "change".
3. Bookings need to be made in advance with the restaurant detailed on the voucher.
4. Service charges/gratuities are not included, regardless of any balance left over after the meal.
5. Vouchers will be numbered. Please provide your voucher number when you make your reservation.
6. The competition is open to all Waterfall City residents over the age of 18.
7. Indemnity: The publishers, Waterfall City and any other associated parties are not responsible for the fulfilment of the service from the restaurant once the prize has been awarded.
8. The winner will be notified by email.



PHOTO BY ALESHA KALINA ON UNSPASH

CONGRATULATIONS TO: Savanya Govender, our May/June winner of a R500 voucher.



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Thank you to everyone who entered the competition. We appreciate your participation and support.

We hope Helen thoroughly enjoys relaxing and pampering herself with this generous prize from Skin Renewal Waterfall.

Congratulations, Helen!



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